

Programmanr. 3
15-6-2019 - 10:15

Dames, 100m rugslag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT	50m	100m
Junioren 1							
1.	Nynke vd Zee	Orca 1	1:25.72	200700604	1:22.43	39.91	1:22.43
2.	Minke Postma	SG. Bolsward-Workum	1:44.82	200702532	1:30.65	42.82	1:30.65
3.	Sanne Doornbos	ZC Polaris	1:33.42	200702838	1:31.62	45.66	1:31.62
4.	Lotte van der Werf	Wetterwille	1:37.25	200703336	1:33.07	45.72	1:33.07
5.	Esther Noppers	Aqua 68	1:44.51	200700272	1:34.11	44.30	1:34.11
6.	Lara Fitz Jim	TriVia	1:35.31	200702656	1:34.98	45.51	1:34.98
7.	Suus Brunke	Aqualero	1:46.26	200701114	1:37.65	46.41	1:37.65
8.	Amber Godlieb	Azuro	1:53.58	200702978	1:38.05	47.02	1:38.05
9.	Emma Rigt van Groning	Wetterwille	1:39.55	200701742	1:39.78	46.38	1:39.78
10.	Eliza Berends	ZC Polaris	1:39.97	200700534	1:41.90	47.52	1:41.90
DIS	Laura Smid	ZPC Nova	1:37.26	200700342			

AA - Gestart voor het startsignaal (en wel gezwommen).

Junioren 2

1.	Kamina van Osch	Aqua 68	1:20.73	200603974	1:18.69	38.10	1:18.69
2.	Lieke Rossel	Ksn (Sg)	1:18.85	200603070	1:19.15	38.95	1:19.15
3.	Imke Boontjes	Aqua 68	1:21.62	200600386	1:19.32	39.14	1:19.32
4.	Iris Sikkens	Azuro	1:22.35	200601772	1:19.65	39.09	1:19.65
5.	Suze Buikema	Wetterwille	1:21.42	200600872	1:19.84	39.35	1:19.84
6.	Almyra Santing	ZPC Hoogeveen	1:23.47	200602786	1:20.43	39.20	1:20.43
7.	Ilse Bentum	ZPC Hoogeveen	1:27.17	200600462	1:25.11	41.60	1:25.11
8.	Sharon Oldenkamp	Ksn (Sg)	1:27.31	200600276	1:25.70	42.25	1:25.70
9.	Iris Boer	Aqualero	1:28.63	200601590	1:25.71	40.79	1:25.71
10.	Rosa Nuis	De Hardenberg	1:30.65	200601884	1:31.96	45.35	1:31.96
11.	Sophie Booi	de Valken	1:39.63	200602554	1:35.01	43.75	1:35.01
12.	Chantal de Vries	Dz&Pc	1:48.78	200604750	1:35.21	45.59	1:35.21

Junioren 3

1.	Naomi Vellinga	Wetterwille	1:18.97	200500504	1:20.68	40.60	1:20.68
2.	Daniëlle Cosse	Bubble	1:21.10	200500448	1:21.83	40.24	1:21.83
3.	Esther Snijder	Azuro	1:26.85	200501866	1:22.95	39.71	1:22.95
4.	Marylay Kaijser	ZC Borger	1:29.32	200501080	1:23.13	40.46	1:23.13
5.	Saule Westra	Ksn (Sg)	1:22.20	200501584	1:23.40	40.08	1:23.40
6.	Nina Dekker	Z.C. Haren	1:24.05	200500126	1:24.77	41.01	1:24.77
7.	Jorien Hummel	ZC Polaris	1:28.73	200502416	1:24.82	41.79	1:24.82
8.	Elisa Kranendonk	ZPC Hoogeveen	1:29.29	200503342	1:25.42	40.40	1:25.42
9.	Cynthia Hoogewerf	Azuro	1:32.72	200502186	1:32.49	45.40	1:32.49
10.	Linde Esschert van den	ZC Polaris	1:32.80	200500592	1:33.35	45.93	1:33.35
11.	Alicia Rinzema	Wetterwille	1:36.57	200504452	1:37.60	47.91	1:37.60
12.	Adinda de Vries	Orca 1	1:37.91	200503590	1:38.83	48.72	1:38.83
NG	Ambersophie Bakker	Orca 1	1:21.57	200500206			

Jeugd 1 en 2

1.	Marinda Top	Zeno	1:15.46	200300460	1:15.44	36.31	1:15.44
	Xoë Stuut	Aqua 68	1:16.69	200400754	1:15.44	36.00	1:15.44
3.	Guusje Kroeze	Azuro	1:17.59	200403778	1:16.69	37.04	1:16.69
4.	Chaira Scholte	Bubble	1:16.23	200304478	1:16.88	37.02	1:16.88
5.	Leah Anakotta	ZPC Hoogeveen	1:16.12	200400802	1:17.40	36.98	1:17.40
6.	Eline Pathuis	Bubble	1:16.91	200300408	1:18.84	38.11	1:18.84
7.	Alja Sluiman	Aqualero	1:21.16	200300562	1:19.84	39.16	1:19.84
8.	Wilma Bouma	Aqua 68	1:24.80	200405148	1:24.56	41.61	1:24.56
9.	Lisa Peters	ZC Polaris	1:26.41	200302812	1:26.31	41.99	1:26.31
10.	Nienke ter Velde	de Valken	1:29.36	200403460	1:27.98	41.99	1:27.98
11.	Ilse van den Heuvel	de Valken	1:26.91	200401036	1:28.06	42.93	1:28.06
12.	Lianne Hummel	ZC Polaris	1:27.25	200302116	1:28.36	43.18	1:28.36
13.	Loisa van der Veere	ZPC Hoogeveen	1:29.23	200304374	1:28.52	43.90	1:28.52
14.	Lena Riedel	Aqua 68	1:29.52	200404474	1:28.66	43.37	1:28.66
15.	Madelon Verheul	ZPC Hoogeveen	1:32.39	200301174	1:32.41	44.84	1:32.41
AFGEM	Maike Kok	ZPC Nova	1:36.30	200402254			
AFGEM	Tove Beltman	Orca 1	1:19.45	200301618			
NG	Kim Luttje	Bubble	1:19.46	200300772			

Programmanr. 3, Meisjes, 100m rugslag, Jeugd 1 en 2

rang	naam	vereniging	intijd	tijd	RT	50m	100m
NG	Marit Belga	Aqualero	1:32.70	200403220			

Senioren 1 en ouder

1.	Ingrid de Vries	de Granaet	1:11.86	200100500	1:12.92	35.81	1:12.92
2.	Sanne Kloezen	Bubble	1:13.97	200204644	1:14.78	36.05	1:14.78
3.	Ilse van der Kooi	de Granaet	1:15.96	200202150	1:15.73	37.03	1:15.73
4.	Lianne Bolhuis	Zeno	1:15.38	199705656	1:15.84	36.66	1:15.84
5.	Isabeau Essing	Bubble	1:14.06	200201284	1:17.22	37.18	1:17.22
6.	Anne Dotinga	Neptunia '24	1:19.25	200005790	1:17.61	38.06	1:17.61
7.	Lotte Rolink	ZC Polaris	1:15.58	199504880	1:18.17	37.78	1:18.17
8.	Irana Remmelts	Aqua 68	1:18.27	200102486	1:18.48	37.66	1:18.48
9.	Noël Iris Hettinga	Neptunia '24	1:17.75	200002536	1:18.95	39.11	1:18.95
10.	Arita Tolman	de Valken	1:15.24	200000914	1:19.66	37.44	1:19.66
11.	Rebecca Dassen	ZC Polaris	1:18.58	199905474	1:20.33	39.29	1:20.33
12.	Evelien de Jong	Neptunia '24	1:19.78	199805316	1:20.62	39.64	1:20.62
13.	Sanne Noord	Dz&Pc	1:20.35	200101872	1:21.06	39.39	1:21.06
14.	Corina van Zanten	Aqualero	1:18.85	199903566	1:21.74	39.31	1:21.74
15.	Martine Kamminga	Dz&Pc	1:24.79	200201172	1:21.93	40.13	1:21.93
16.	Alicia van der Gaast	TriVia	1:22.87	200205036	1:22.02	40.72	1:22.02
17.	Lisanne Rinzema	Wetterwille	1:19.02	200204294	1:22.60	40.51	1:22.60
18.	Leonique Spierenburg	de Valken	1:22.64	200204354	1:24.00	40.18	1:24.00
19.	Danique van der Wijk	TriVia	1:22.42	200100430	1:25.00	41.27	1:25.00
20.	Melanie Zondag	ZC Borger	1:24.49	199804476	1:25.51	41.63	1:25.51
21.	Donna Anakotta	ZPC Hoogeveen	1:28.62	200104184	1:26.42	42.05	1:26.42
22.	Selma Boertien	Aqua 68	1:29.07	200203834	1:30.59	43.41	1:30.59
23.	Tove Kienhuis	Aqua 68	1:27.02	200203486	1:31.30	43.51	1:31.30
24.	Liza van Domselaar	TriVia	1:30.36	200201464	1:34.88	45.98	1:34.88
AFGEM	Gerdi Thiele	ZC Polaris	1:19.09	199401190			
AFGEM	Kim Bouhuys	ZC Borger	1:21.21	199401756			
NG	Sterre Masselink	Aqua 68	1:26.59	200206088			

Senioren Open

1.	Ingrid de Vries	de Granaet	1:11.86	200100500	1:12.92	35.81	1:12.92
2.	Sanne Kloezen	Bubble	1:13.97	200204644	1:14.78	36.05	1:14.78
3.	Marinda Top	Zeno	1:15.46	200300460	1:15.44	36.31	1:15.44
	Xoë Stuut	Aqua 68	1:16.69	200400754	1:15.44	36.00	1:15.44
5.	Ilse van der Kooi	de Granaet	1:15.96	200202150	1:15.73	37.03	1:15.73
6.	Lianne Bolhuis	Zeno	1:15.38	199705656	1:15.84	36.66	1:15.84
7.	Guusje Kroeze	Azuro	1:17.59	200403778	1:16.69	37.04	1:16.69
8.	Chaïra Scholte	Bubble	1:16.23	200304478	1:16.88	37.02	1:16.88
9.	Isabeau Essing	Bubble	1:14.06	200201284	1:17.22	37.18	1:17.22
10.	Leah Anakotta	ZPC Hoogeveen	1:16.12	200400802	1:17.40	36.98	1:17.40
11.	Anne Dotinga	Neptunia '24	1:19.25	200005790	1:17.61	38.06	1:17.61
12.	Lotte Rolink	ZC Polaris	1:15.58	199504880	1:18.17	37.78	1:18.17
13.	Irana Remmelts	Aqua 68	1:18.27	200102486	1:18.48	37.66	1:18.48
14.	Kamina van Osch	Aqua 68	1:20.73	200603974	1:18.69	38.10	1:18.69
15.	Eline Pathuis	Bubble	1:16.91	200300408	1:18.84	38.11	1:18.84
16.	Noël Iris Hettinga	Neptunia '24	1:17.75	200002536	1:18.95	39.11	1:18.95
17.	Lieke Rossel	Ksn (Sg)	1:18.85	200603070	1:19.15	38.95	1:19.15
18.	Imke Boontjes	Aqua 68	1:21.62	200600386	1:19.32	39.14	1:19.32
19.	Iris Sikkens	Azuro	1:22.35	200601772	1:19.65	39.09	1:19.65
20.	Arita Tolman	de Valken	1:15.24	200000914	1:19.66	37.44	1:19.66
21.	Suze Buikema	Wetterwille	1:21.42	200600872	1:19.84	39.35	1:19.84
	Alja Sluiman	Aqualero	1:21.16	200300562	1:19.84	39.16	1:19.84
23.	Rebecca Dassen	ZC Polaris	1:18.58	199905474	1:20.33	39.29	1:20.33
24.	Almyra Santing	ZPC Hoogeveen	1:23.47	200602786	1:20.43	39.20	1:20.43
25.	Evelien de Jong	Neptunia '24	1:19.78	199805316	1:20.62	39.64	1:20.62
26.	Naomi Vellinga	Wetterwille	1:18.97	200500504	1:20.68	40.60	1:20.68
27.	Sanne Noord	Dz&Pc	1:20.35	200101872	1:21.06	39.39	1:21.06
28.	Corina van Zanten	Aqualero	1:18.85	199903566	1:21.74	39.31	1:21.74
29.	Daniëlle Cosse	Bubble	1:21.10	200500448	1:21.83	40.24	1:21.83
30.	Martine Kamminga	Dz&Pc	1:24.79	200201172	1:21.93	40.13	1:21.93
31.	Alicia van der Gaast	TriVia	1:22.87	200205036	1:22.02	40.72	1:22.02
32.	Nynke vd Zee	Orca 1	1:25.72	200700604	1:22.43	39.91	1:22.43
33.	Lisanne Rinzema	Wetterwille	1:19.02	200204294	1:22.60	40.51	1:22.60
34.	Esther Snijder	Azuro	1:26.85	200501866	1:22.95	39.71	1:22.95
35.	Marylay Kaijser	ZC Borger	1:29.32	200501080	1:23.13	40.46	1:23.13

Programmanr. 3, Dames, 100m rugslag, Senioren Open

rang	naam	vereniging	intijd	tijd	RT	50m	100m
36.	Saule Westra	Ksn (Sg)	1:22.20	200501584	1:23.40	40.08	1:23.40
37.	Leonique Spierenburg	de Valken	1:22.64	200204354	1:24.00	40.18	1:24.00
38.	Wilma Bouma	Aqua 68	1:24.80	200405148	1:24.56	41.61	1:24.56
39.	Nina Dekker	Z.C. Haren	1:24.05	200500126	1:24.77	41.01	1:24.77
40.	Sharon Hummel	ZC Polaris	1:28.73	200502416	1:24.82	41.79	1:24.82
41.	Danique van der Wijk	TriVia	1:22.42	200100430	1:25.00	41.27	1:25.00
42.	Ilse Bentum	ZPC Hoogetveen	1:27.17	200600462	1:25.11	41.60	1:25.11
43.	Elisa Kranendonk	ZPC Hoogetveen	1:29.29	200503342	1:25.42	40.40	1:25.42
44.	Melanie Zondag	ZC Borger	1:24.49	199804476	1:25.51	41.63	1:25.51
45.	Sharon Oldenkamp	Ksn (Sg)	1:27.31	200600276	1:25.70	42.25	1:25.70
46.	Iris Boer	Aqualero	1:28.63	200601590	1:25.71	40.79	1:25.71
47.	Lisa Peters	ZC Polaris	1:26.41	200302812	1:26.31	41.99	1:26.31
48.	Donna Anakotta	ZPC Hoogetveen	1:28.62	200104184	1:26.42	42.05	1:26.42
49.	Nienke ter Velde	de Valken	1:29.36	200403460	1:27.98	41.99	1:27.98
50.	Ilse van den Heuvel	de Valken	1:26.91	200401036	1:28.06	42.93	1:28.06
51.	Lyanne Hummel	ZC Polaris	1:27.25	200302116	1:28.36	43.18	1:28.36
52.	Loisa van der Veere	ZPC Hoogetveen	1:29.23	200304374	1:28.52	43.90	1:28.52
53.	Lena Riedel	Aqua 68	1:29.52	200404474	1:28.66	43.37	1:28.66
54.	Selma Boertien	Aqua 68	1:29.07	200203834	1:30.59	43.41	1:30.59
55.	Minke Postma	SG. Bolsward-Workum	1:44.82	200702532	1:30.65	42.82	1:30.65
56.	Tove Kienhuis	Aqua 68	1:27.02	200203486	1:31.30	43.51	1:31.30
57.	Sanne Doornbos	ZC Polaris	1:33.42	200702838	1:31.62	45.66	1:31.62
58.	Rosa Nuis	De Hardenberg	1:30.65	200601884	1:31.96	45.35	1:31.96
59.	Madelon Verheul	ZPC Hoogetveen	1:32.39	200301174	1:32.41	44.84	1:32.41
60.	Cynthia Hoogewerf	Azuro	1:32.72	200502186	1:32.49	45.40	1:32.49
61.	Lotte van der Werf	Wetterwille	1:37.25	200703336	1:33.07	45.72	1:33.07
62.	Linde Esschert van den	ZC Polaris	1:32.80	200500592	1:33.35	45.93	1:33.35
63.	Esther Noppers	Aqua 68	1:44.51	200700272	1:34.11	44.30	1:34.11
64.	Liza van Domselaar	TriVia	1:30.36	200201464	1:34.88	45.98	1:34.88
65.	Lara Fitz Jim	TriVia	1:35.31	200702656	1:34.98	45.51	1:34.98
66.	Sophie Booi	de Valken	1:39.63	200602554	1:35.01	43.75	1:35.01
67.	Chantal de Vries	Dz&Pc	1:48.78	200604750	1:35.21	45.59	1:35.21
68.	Alicia Rinzema	Wetterwille	1:36.57	200504452	1:37.60	47.91	1:37.60
69.	Suus Brunke	Aqualero	1:46.26	200701114	1:37.65	46.41	1:37.65
70.	Amber Godlieb	Azuro	1:53.58	200702978	1:38.05	47.02	1:38.05
71.	Adinda de Vries	Orca 1	1:37.91	200503590	1:38.83	48.72	1:38.83
72.	Emma Rigt van Groning	Wetterwille	1:39.55	200701742	1:39.78	46.38	1:39.78
73.	Eliza Berends	ZC Polaris	1:39.97	200700534	1:41.90	47.52	1:41.90
DIS	Laura Smid	ZPC Nova	1:37.26	200700342			
AA - Gestart voor het startsignaal (en wel gezwommen).							
AFGEM	Maaike Kok	ZPC Nova	1:36.30	200402254			
AFGEM	Gerdie Thiele	ZC Polaris	1:19.09	199401190			
AFGEM	Kim Bouhuys	ZC Borger	1:21.21	199401756			
AFGEM	Tove Beltman	Orca 1	1:19.45	200301618			
NG	Kim Luttje	Bubble	1:19.46	200300772			
NG	Sterre Masselink	Aqua 68	1:26.59	200206088			
NG	Marit Belga	Aqualero	1:32.70	200403220			
NG	Ambersophie Bakker	Orca 1	1:21.57	200500206			