

Programmanr. 1
15-6-2019 - 9:00

Dames, 200m wisselslag

Senioren Open
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
Junioren 1								
1. Nynke vd Zee	Orca 1	3:09.60	200700604	3:02.60	40.90	1:26.33	2:21.81	3:02.60
2. Lotte van der Werf	Wetterwille	3:29.69	200703336	3:23.96	45.55	1:37.06	2:39.06	3:23.96
3. Bente Hilbolling	ZC Borger	3:31.37	200700362	3:28.64	50.48	1:43.47	2:43.51	3:28.64
4. Nynke de Boer	SG. Bolsward-Workum	4:02.96	200701466	3:49.63	51.76			3:49.63
DIS Emma Rigt van Groning	Wetterwille	3:43.88	200701742					
<i>SL - Het keer- en/of eindpunt met één hand aangetikt.</i>								
Junioren 2								
1. Imke Boontjes	Aqua 68	2:54.22	200600386	2:44.98	39.04	1:21.82	2:08.49	2:44.98
2. Kamina van Osch	Aqua 68	2:57.70	200603974	2:45.68	34.45	1:15.68	2:07.17	2:45.68
3. Suze Buikema	Wetterwille	2:55.23	200600872	2:53.27	38.04	1:20.77	2:12.26	2:53.27
4. Almyra Santing	ZPC Hoogeveen	3:00.95	200602786	2:54.45	41.35	1:23.07	2:14.32	2:54.45
5. Iris Sikkens	Azuro	2:55.02	200601772	2:54.87	34.41	1:18.02	2:14.22	2:54.87
6. Lieke Rossel	Ksn (Sg)	2:54.77	200603070	2:56.31	37.78	1:22.83	2:15.07	2:56.31
7. Ilse Bentum	ZPC Hoogeveen	3:13.54	200600462	3:05.02	40.01	1:25.52	2:19.68	3:05.02
8. Sari Schott	Bubble	3:21.85	200602846	3:09.32	41.01	1:28.00	2:26.62	3:09.32
9. Sharon Oldenkamp	Ksn (Sg)	3:16.93	200600276	3:10.07	40.94	1:29.87	2:28.31	3:10.07
10. Kim van Duinen	Aqualero	3:11.14	200603498	3:11.44	43.33	1:33.33	2:30.12	3:11.44
11. Rosa Nuis	De Hardenberg	3:16.39	200601884	3:17.68	39.52	1:28.06	2:27.07	3:17.68
AFGEM Mendie van Dijk	Bubble	3:26.19	200604382					
Junioren 3								
1. Melanie Schaap	Bubble	2:49.69	200501180	2:50.61	37.62	1:19.44	2:11.26	2:50.61
2. Esmee Hofstra	Wetterwille	2:58.52	200501816	3:00.56	38.79	1:25.22	2:18.55	3:00.56
3. Naomi Vellinga	Wetterwille	3:00.76	200500504	3:01.57	39.56	1:23.07	2:20.12	3:01.57
4. Saule Westra	Ksn (Sg)	2:59.87	200501584	3:06.82	39.89	1:27.06	2:23.21	3:06.82
5. Elisa Kranendonk	ZPC Hoogeveen	3:27.39	200503342	3:21.08	45.19	1:33.59	2:35.39	3:21.08
Jeugd 1 en 2								
1. Merle Stavorinus	de Granaet	2:44.42	200400138	2:45.49	35.15	1:18.32	2:08.06	2:45.49
2. Guusje Kroeze	Azuro	2:56.16	200403778	2:50.19				2:50.19
3. Alja Sluiman	Aqualero	2:57.84	200300562	2:52.48	37.47	1:21.28	2:13.18	2:52.48
4. Marinda Top	Zeno	2:49.02	200300460	2:53.89	36.86	1:20.45	2:13.23	2:53.89
5. Wilma Bouma	Aqua 68	2:59.74	200405148	2:55.23	37.88	1:23.09	2:11.34	2:55.23
6. Leah Anakotta	ZPC Hoogeveen	2:50.97	200400802	2:57.75	37.66	1:20.96	2:15.97	2:57.75
7. Samijn Janine Wiersma	Orca 1	3:16.25	200403130	3:07.14	39.50	1:27.04	2:24.57	3:07.14
8. Marieke Speijer	Bubble	2:55.83	200401154	3:08.29	38.83	1:26.14	2:24.04	3:08.29
9. Lena Riedel	Aqua 68	3:14.10	200404474	3:10.79	42.78	1:29.19	2:27.58	3:10.79
10. Ilse van den Heuvel	de Valken	3:01.79	200401036	3:10.82	42.69	1:32.16	2:30.08	3:10.82
11. Nienke ter Velde	de Valken	3:14.08	200403460	3:11.52	41.72	1:28.90	2:24.99	3:11.52
12. Loisa van der Veere	ZPC Hoogeveen	3:13.75	200304374	3:14.59	43.23	1:32.30	2:28.67	3:14.59
13. Madelon Verheul	ZPC Hoogeveen	3:14.66	200301174	3:21.52	44.94	1:35.31	2:33.21	3:21.52
AFGEM Tove Beltman	Orca 1	2:45.27	200301618					
NG Kim Luttfje	Bubble	2:56.34	200300772					
NG Marit Belga	Aqualero	3:27.17	200403220					
Senioren 1 en ouder								
1. Sanne Kloezen	Bubble	2:37.63	200204644	2:36.27	33.23	1:14.29	1:59.42	2:36.27
2. Myrthe Sietsma	Wetterwille	2:38.20	200203854	2:40.43	32.19	1:13.75	2:01.36	2:40.43
3. Anneke vd Laan	Orca 1	2:38.48	200201154	2:43.16	36.27	1:21.71	2:06.58	2:43.16
4. Chayenne Battjes	Bubble	2:53.05	200200092	2:46.34	34.30	1:15.41	2:05.97	2:46.34
5. Irana Remmelts	Aqua 68	2:44.80	200102486	2:47.21	34.42	1:16.47	2:05.87	2:47.21
6. Esmee Kloezen	Bubble	2:48.43	200204646	2:47.26	36.54	1:17.94	2:05.79	2:47.26
7. Martine Kamminga	Dz&Pc	2:50.01	200201172	2:47.98	38.83	1:23.76	2:10.50	2:47.98
8. Isabeau Essing	Bubble	2:50.24	200201284	2:48.79	36.06	1:18.46	2:09.26	2:48.79
9. Alicia van der Gaast	TriVia	2:49.65	200205036	2:51.47	37.48	1:22.28	2:11.38	2:51.47
10. Lotte van Hof	de Granaet	2:55.74	200202640	2:59.99	38.94	1:24.59	2:19.58	2:59.99
11. Ilse van der Kooi	de Granaet	3:00.62	200202150	3:00.73	37.61	1:19.63	2:17.31	3:00.73
12. Lisanne Rinzema	Wetterwille	2:53.89	200204294	3:03.13	38.77	1:26.12	2:22.33	3:03.13

Programmanr. 1, Dames, 200m wisselslag, Senioren 1 en ouder

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
13. Melanie Zondag	ZC Borger	3:06.11	199804476	3:04.45	40.91	1:27.23	2:22.27	3:04.45
14. Arita Tolman	de Valken	2:56.25	200000914	3:04.60	37.87	1:24.85	2:20.26	3:04.60
15. Danique van der Wijk	TriVia	3:01.78	200100430	3:05.84	42.88	1:27.97	2:23.08	3:05.84
16. Selma Boertien	Aqua 68	3:06.05	200203834	3:07.48	39.29	1:28.26	2:23.03	3:07.48
17. Liza van Domselaar	TriVia	3:04.26	200201464	3:09.84	42.03	1:33.98	2:24.36	3:09.84
18. Tove Kienhuis	Aqua 68	3:11.75	200203486	3:15.67	45.70	1:33.90	2:31.08	3:15.67

Senioren Open

1. Sanne Kloezen	Bubble	2:37.63	200204644	2:36.27	33.23	1:14.29	1:59.42	2:36.27
2. Myrthe Sietsma	Wetterwille	2:38.20	200203854	2:40.43	32.19	1:13.75	2:01.36	2:40.43
3. Anneke vd Laan	Orca 1	2:38.48	200201154	2:43.16	36.27	1:21.71	2:06.58	2:43.16
4. Imke Boontjes	Aqua 68	2:54.22	200600386	2:44.98	39.04	1:21.82	2:08.49	2:44.98
5. Merle Stavorinus	de Granaet	2:44.42	200400138	2:45.49	35.15	1:18.32	2:08.06	2:45.49
6. Kamina van Osch	Aqua 68	2:57.70	200603974	2:45.68	34.45	1:15.68	2:07.17	2:45.68
7. Chayenne Battjes	Bubble	2:53.05	200200092	2:46.34	34.30	1:15.41	2:05.97	2:46.34
8. Irana Remmelts	Aqua 68	2:44.80	200102486	2:47.21	34.42	1:16.47	2:05.87	2:47.21
9. Esmee Kloezen	Bubble	2:48.43	200204646	2:47.26	36.54	1:17.94	2:05.79	2:47.26
10. Martine Kamminga	Dz&Pc	2:50.01	200201172	2:47.98	38.83	1:23.76	2:10.50	2:47.98
11. Isabeau Essing	Bubble	2:50.24	200201284	2:48.79	36.06	1:18.46	2:09.26	2:48.79
12. Guusje Kroeze	Azuro	2:56.16	200403778	2:50.19				2:50.19
13. Melanie Schaap	Bubble	2:49.69	200501180	2:50.61	37.62	1:19.44	2:11.26	2:50.61
14. Alicia van der Gaast	TriVia	2:49.65	200205036	2:51.47	37.48	1:22.28	2:11.38	2:51.47
15. Alja Sluiman	Aqualero	2:57.84	200300562	2:52.48	37.47	1:21.28	2:13.18	2:52.48
16. Suze Buikema	Wetterwille	2:55.23	200600872	2:53.27	38.04	1:20.77	2:12.26	2:53.27
17. Marinda Top	Zeno	2:49.02	200300460	2:53.89	36.86	1:20.45	2:13.23	2:53.89
18. Almyra Santing	ZPC Hoogeveen	3:00.95	200602786	2:54.45	41.35	1:23.07	2:14.32	2:54.45
19. Iris Sikkens	Azuro	2:55.02	200601772	2:54.87	34.41	1:18.02	2:14.22	2:54.87
20. Wilma Bouma	Aqua 68	2:59.74	200405148	2:55.23	37.88	1:23.09	2:11.34	2:55.23
21. Lieke Rossel	Ksn (Sg)	2:54.77	200603070	2:56.31	37.78	1:22.83	2:15.07	2:56.31
22. Leah Anakotta	ZPC Hoogeveen	2:50.97	200400802	2:57.75	37.66	1:20.96	2:15.97	2:57.75
23. Lotte van Hof	de Granaet	2:55.74	200202640	2:59.99	38.94	1:24.59	2:19.58	2:59.99
24. Esmee Hofstra	Wetterwille	2:58.52	200501816	3:00.56	38.79	1:25.22	2:18.55	3:00.56
25. Ilse van der Kooi	de Granaet	3:00.62	200202150	3:00.73	37.61	1:19.63	2:17.31	3:00.73
26. Naomi Vellinga	Wetterwille	3:00.76	200500504	3:01.57	39.56	1:23.07	2:20.12	3:01.57
27. Nynke vd Zee	Orca 1	3:09.60	200700604	3:02.60	40.90	1:26.33	2:21.81	3:02.60
28. Lisanne Rinzema	Wetterwille	2:53.89	200204294	3:03.13	38.77	1:26.12	2:22.33	3:03.13
29. Melanie Zondag	ZC Borger	3:06.11	199804476	3:04.45	40.91	1:27.23	2:22.27	3:04.45
30. Arita Tolman	de Valken	2:56.25	200000914	3:04.60	37.87	1:24.85	2:20.26	3:04.60
31. Ilse Bentum	ZPC Hoogeveen	3:13.54	200600462	3:05.02	40.01	1:25.52	2:19.68	3:05.02
32. Danique van der Wijk	TriVia	3:01.78	200100430	3:05.84	42.88	1:27.97	2:23.08	3:05.84
33. Saule Westra	Ksn (Sg)	2:59.87	200501584	3:06.82	39.89	1:27.06	2:23.21	3:06.82
34. Samijn Janine Wiersma	Orca 1	3:16.25	200403130	3:07.14	39.50	1:27.04	2:24.57	3:07.14
35. Selma Boertien	Aqua 68	3:06.05	200203834	3:07.48	39.29	1:28.26	2:23.03	3:07.48
36. Marieke Speijer	Bubble	2:55.83	200401154	3:08.29	38.83	1:26.14	2:24.04	3:08.29
37. Sari Schott	Bubble	3:21.85	200602846	3:09.32	41.01	1:28.00	2:26.62	3:09.32
38. Liza van Domselaar	TriVia	3:04.26	200201464	3:09.84	42.03	1:33.98	2:24.36	3:09.84
39. Sharon Oldenkamp	Ksn (Sg)	3:16.93	200600276	3:10.07	40.94	1:29.87	2:28.31	3:10.07
40. Lena Riedel	Aqua 68	3:14.10	200404474	3:10.79	42.78	1:29.19	2:27.58	3:10.79
41. Ilse van den Heuvel	de Valken	3:01.79	200401036	3:10.82	42.69	1:32.16	2:30.08	3:10.82
42. Kim van Duinen	Aqualero	3:11.14	200603498	3:11.44	43.33	1:33.33	2:30.12	3:11.44
43. Nienke ter Velde	de Valken	3:14.08	200403460	3:11.52	41.72	1:28.90	2:24.99	3:11.52
44. Loisa van der Veere	ZPC Hoogeveen	3:13.75	200304374	3:14.59	43.23	1:32.30	2:28.67	3:14.59
45. Tove Kienhuis	Aqua 68	3:11.75	200203486	3:15.67	45.70	1:33.90	2:31.08	3:15.67
46. Rosa Nuis	De Hardenberg	3:16.39	200601884	3:17.68	39.52	1:28.06	2:27.07	3:17.68
47. Elisa Kranendonk	ZPC Hoogeveen	3:27.39	200503342	3:21.08	45.19	1:33.59	2:35.39	3:21.08
48. Madelon Verheul	ZPC Hoogeveen	3:14.66	200301174	3:21.52	44.94	1:35.31	2:33.21	3:21.52
49. Lotte van der Werf	Wetterwille	3:29.69	200703336	3:23.96	45.55	1:37.06	2:39.06	3:23.96
50. Benthe Hilbolling	ZC Borger	3:31.37	200700362	3:28.64	50.48	1:43.47	2:43.51	3:28.64
51. Nynke de Boer	SG. Bolsward-Workum	4:02.96	200701466	3:49.63	51.76			3:49.63
DIS Emma Rigt van Groning	Wetterwille	3:43.88	200701742					

SL - Het keer- en/of eindpunt met één hand aangetikt.

AFGEM Mendie van Dijk	Bubble	3:26.19	200604382					
AFGEM Tove Beltman	Orca 1	2:45.27	200301618					
NG Kim Luttje	Bubble	2:56.34	200300772					
NG Marit Belga	Aqualero	3:27.17	200403220					