

Regio A zomerkampioenschappen  
Drachten, 18- - 26-5-2019

Programmanr. 22  
25-5-2019 - 14:55

Heren, 1500m vrije slag

Junioren 1 en ouder  
Resultaten

rang	naam	vereniging	intijd	tijd	RT	
<b>Junioren 1</b>						
1.	Olivier Wilbers	ZPC Hooerveen	18:48.33	200600181	18:57.57 +0,77	
	100m: 1:14.36	1:14.36 500m: 6:21.81	1:15.90	900m: 11:25.37	1:16.15 1300m: 16:28.26	1:15.82
	200m: 2:31.55	1:17.19 600m: 7:37.71	1:15.90	1000m: 12:41.37	1:16.00 1400m: 17:44.17	1:15.91
	300m: 3:48.98	1:17.43 700m: 8:53.39	1:15.68	1100m: 13:56.68	1:15.31 1500m: 18:57.57	1:13.40
	400m: 5:05.91	1:16.93 800m: 10:09.22	1:15.83	1200m: 15:12.44	1:15.76	
2.	Tiamo van der Veen	ZPC Hooerveen	18:52.93	200600033	19:31.27	
	100m: 1:14.54	1:14.54 500m: 6:23.70	1:16.80	900m: 11:37.38	1:19.22 1300m: 16:54.86	1:19.82
	200m: 2:32.04	1:17.50 600m: 7:40.89	1:17.19	1000m: 12:56.50	1:19.12 1400m: 18:13.94	1:19.08
	300m: 3:49.54	1:17.50 700m: 8:58.90	1:18.01	1100m: 14:15.38	1:18.88 1500m: 19:31.27	1:17.33
	400m: 5:06.90	1:17.36 800m: 10:18.16	1:19.26	1200m: 15:35.04	1:19.66	
3.	Daan van de Belt	MZ&PC De Reest	21:41.28	200601221	22:39.11	
	100m: 1:18.84	1:18.84 500m: 7:23.79	1:31.87	900m: 13:31.48	1:32.76 1300m: 19:40.49	1:31.96
	200m: 2:47.74	1:28.90 600m: 8:55.17	1:31.38	1000m: 15:03.71	1:32.23 1400m: 21:11.96	1:31.47
	300m: 4:19.20	1:31.46 700m: 10:26.63	1:31.46	1100m: 16:36.25	1:32.54 1500m: 22:39.11	1:27.15
	400m: 5:51.92	1:32.72 800m: 11:58.72	1:32.09	1200m: 18:08.53	1:32.28	
<b>Junioren 2</b>						
1.	Domingo Kuipers	Orca 1	18:33.93	200501787	18:47.96	
	100m: 1:07.82	1:07.82 500m: 6:09.26	1:16.27	900m: 11:15.76	1:16.49 1300m: 16:20.59	1:15.74
	200m: 2:21.49	1:13.67 600m: 7:25.80	1:16.54	1000m: 12:32.31	1:16.55 1400m: 17:35.84	1:15.25
	300m: 3:37.26	1:15.77 700m: 8:42.63	1:16.83	1100m: 13:48.75	1:16.44 1500m: 18:47.96	1:12.12
	400m: 4:52.99	1:15.73 800m: 9:59.27	1:16.64	1200m: 15:04.85	1:16.10	
<b>Junioren 3</b>						
1.	Mac Peeks	ZPC Hooerveen	18:51.94	200400153	18:24.21 +0,82	
	100m: 1:09.12	1:09.12 500m: 6:08.08	1:14.61	900m: 11:04.69	1:14.14 1300m: 16:00.13	1:13.77
	200m: 2:24.12	1:15.00 600m: 7:22.30	1:14.22	1000m: 12:18.95	1:14.26 1400m: 17:13.95	1:13.82
	300m: 3:39.34	1:15.22 700m: 8:36.44	1:14.14	1100m: 13:32.72	1:13.77 1500m: 18:24.21	1:10.26
	400m: 4:53.47	1:14.13 800m: 9:50.55	1:14.11	1200m: 14:46.36	1:13.64	
2.	Meindert Dekkinga	HZ&PC Heerenveen	18:21.14	200400377	18:41.37	
	100m: 1:05.89	1:05.89 500m: 6:03.85	1:16.04	900m: 11:06.70	1:15.64 1300m: 16:12.91	1:17.13
	200m: 2:17.98	1:12.09 600m: 7:18.98	1:15.13	1000m: 12:22.87	1:16.17 1400m: 17:28.48	1:15.57
	300m: 3:32.62	1:14.64 700m: 8:34.88	1:15.90	1100m: 13:39.57	1:16.70 1500m: 18:41.37	1:12.89
	400m: 4:47.81	1:15.19 800m: 9:51.06	1:16.18	1200m: 14:55.78	1:16.21	
3.	Kevin van Gelderen	TriVia	19:21.19	200402325	19:12.69 +0,88	
	100m: 1:09.85	1:09.85 500m: 6:18.32	1:17.97	900m: 11:29.08	1:18.28 1300m: 16:40.09	1:17.25
	200m: 2:25.51	1:15.66 600m: 7:35.91	1:17.59	1000m: 12:47.91	1:18.83 1400m: 17:58.67	1:18.58
	300m: 3:42.36	1:16.85 700m: 8:53.02	1:17.11	1100m: 14:05.57	1:17.66 1500m: 19:12.69	1:14.02
	400m: 5:00.35	1:17.99 800m: 10:10.80	1:17.78	1200m: 15:22.84	1:17.27	
4.	Quint van Haren	Apexswim	19:53.08	200400215	20:49.11 +0,84	
	100m: 1:12.48	1:12.48 500m: 6:50.48	1:24.97	900m: 12:33.15	1:25.28 1300m: 18:10.18	1:23.49
	200m: 2:35.30	1:22.82 600m: 8:16.95	1:26.47	1000m: 13:56.72	1:23.57 1400m: 19:30.49	1:20.31
	300m: 4:00.08	1:24.78 700m: 9:42.32	1:25.37	1100m: 15:21.13	1:24.41 1500m: 20:49.11	1:18.62
	400m: 5:25.51	1:25.43 800m: 11:07.87	1:25.55	1200m: 16:46.69	1:25.56	
<b>Jeugd 1 en 2</b>						
1.	Owen Peeks	ZPC Hooerveen	16:31.17	200100765	16:45.74	
	100m: 1:05.16	1:05.16 500m: 5:33.60	1:06.95	900m: 10:01.76	1:06.82 1300m: 14:31.90	1:07.93
	200m: 2:12.65	1:07.49 600m: 6:40.72	1:07.12	1000m: 11:08.97	1:07.21 1400m: 15:40.49	1:08.59
	300m: 3:19.87	1:07.22 700m: 7:47.85	1:07.13	1100m: 12:16.32	1:07.35 1500m: 16:45.74	1:05.25
	400m: 4:26.65	1:06.78 800m: 8:54.94	1:07.09	1200m: 13:23.97	1:07.65	
2.	Makai van Haren	Apexswim	17:08.63	200200627	17:53.80 +0,83	
	100m: 1:04.87	1:04.87 500m: 5:53.18	1:13.30	900m: 10:45.50	1:13.25 1300m: 15:34.00	1:12.39
	200m: 2:15.39	1:10.52 600m: 7:06.76	1:13.58	1000m: 11:57.69	1:12.19 1400m: 16:45.21	1:11.21
	300m: 3:27.29	1:11.90 700m: 8:19.40	1:12.64	1100m: 13:09.12	1:11.43 1500m: 17:53.80	1:08.59
	400m: 4:39.88	1:12.59 800m: 9:32.25	1:12.85	1200m: 14:21.61	1:12.49	
3.	David Anthonio	Ksn (Sg)	16:51.98	200102551	17:56.20 +0,86	
	100m: 1:05.22	1:05.22 500m: 5:49.92	1:11.99	900m: 10:45.50	1:13.25 1300m: 15:34.00	1:12.39
	200m: 2:15.29	1:10.07 600m: 7:02.65	1:12.73	1000m: 11:57.69	1:12.19 1400m: 16:45.21	1:11.21
	300m: 3:26.63	1:11.34 700m: 8:15.50	1:12.85	1100m: 13:09.12	1:11.43 1500m: 17:53.80	1:08.59
	400m: 4:37.93	1:11.30 800m: 9:28.69	1:13.19	1200m: 14:21.61	1:12.49	
DIS	Mees Niemeijer	Dz&Pc	18:45.55	200201275	+0,85	
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>					

Regio A zomerkampioenschappen  
Drachten, 18- - 26-5-2019

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Programmanr. 22, Heren, 1500m vrije slag

Senioren 1 en ouder

1. Erik Nijholt		Dz&Pc		15:43.12	199401349		<b>16:19.84</b>	+0,81			
100m:	1:00.87	1:00.87	500m:	5:22.91	1:06.00	900m:	9:47.74	1:06.07	1300m:	14:11.48	1:05.62
200m:	2:06.10	1:05.23	600m:	6:29.18	1:06.27	1000m:	10:53.84	1:06.10	1400m:	15:16.71	1:05.23
300m:	3:11.80	1:05.70	700m:	7:35.40	1:06.22	1100m:	11:59.98	1:06.14	1500m:	16:19.84	1:03.13
400m:	4:16.91	1:05.11	800m:	8:41.67	1:06.27	1200m:	13:05.86	1:05.88			
2. David Kuipers		Orca 1		16:20.76	200003633		<b>17:05.54</b>	+0,77			
100m:	1:00.32	1:00.32	500m:	5:28.50	1:09.58	900m:	10:10.26	1:11.06	1300m:	14:50.61	1:10.05
200m:	2:06.35	1:06.03	600m:	6:38.79	1:10.29	1000m:	11:20.95	1:10.69	1400m:	16:00.34	1:09.73
300m:	3:12.31	1:05.96	700m:	7:48.87	1:10.08	1100m:	12:30.33	1:09.38	1500m:	17:05.54	1:05.20
400m:	4:18.92	1:06.61	800m:	8:59.20	1:10.33	1200m:	13:40.56	1:10.23			