

Programmanr. 8
26-5-2018 - 16:20

Dames, 400m vrije slag

Senioren Open
Resultaten

rang naam	vereniging	intijd	tijd	RT	100m	200m	300m	400m
Junioren 1								
1. Charley, BLIDE	ZPC Hoogeveen	5:22.95 200600164	5:19.67	+0,87 404	1:16.04	1:23.09	1:22.77	1:17.77
2. Aniek, AUSEMA	De Hardenberg	5:13.38 200602084	5:19.89	+1,04 403	1:15.73	1:20.24	1:22.95	1:20.97
3. Sara, KORTHUIS	TriVia	5:11.44 200600494	5:21.39	+0,90 398	1:15.73	1:22.51	1:23.11	1:20.04
4. Imke, BOONTJES	Aqua 68	5:37.00 200600386	5:30.03	+0,90 367	1:18.67	1:26.68	1:26.05	1:18.63
5. Amber, TIESINGA	TriVia	5:43.68 200600782	5:31.08	+0,91 364	1:21.10	1:24.47	1:24.23	1:21.28
6. Monique, TIENSTRA	TriVia	5:35.17 200600354	5:38.13	+0,85 341	1:20.78	1:27.57	1:27.09	1:22.69
7. Robin, MEIDE VAN DER	ZC Polaris	5:37.18 200601778	5:40.48	+0,80 334	1:21.18	1:28.12	1:28.57	1:22.61
8. Lieke, ROSSEL	Ksn (Sg)	5:35.47 200603070	5:48.14	+0,82 313	1:21.36	1:28.92	1:29.69	1:28.17
9. Maud, DOKTER	HZ&PC Heerenveen 1	5:43.79 200601672	5:54.75	+0,73 296	1:22.82	1:31.18	1:31.66	1:29.09

Junioren 2

1. M., van der KAMP	SG FZC54-De Vikings	15:01.00 200500218	4:59.39	+0,93 492	1:10.83	1:16.98	1:17.68	1:13.90
2. Fleur, BOS	Orca 1	5:05.84 200500674	5:09.37	+0,88 446	1:14.40	1:19.71	1:18.59	1:16.67
3. Amélie, WORTTEL	Orca 1	5:14.14 200500814	5:19.82	+0,69 404	1:14.46	1:22.91	1:23.94	1:18.51
4. Anna, MULDER	ReVeLie Swim Team	5:12.57 200504646	5:19.90	+0,83 403	1:15.60	1:22.95	1:22.83	1:18.52
5. M., SCHIMMELPENNING	ZPC Hoogeveen	5:17.47 200500426	5:26.40	+0,97 380	1:17.73	1:23.56	1:24.02	1:21.09

Junioren 3

1. Janna, van KOOTEN	TriVia	4:38.56 200404584	4:42.90	+0,89 583	1:07.36	1:12.20	1:12.70	1:10.64
2. Charlotte, WILBERS	ZPC Hoogeveen	4:47.37 200400312	4:45.58	+0,83 567	1:09.50	1:12.45	1:12.07	1:11.56
3. Myrthe, NATZIJL	TriVia	4:48.71 200400076	4:55.80	+0,93 510	1:10.54	1:15.92	1:15.93	1:13.41
4. Veerle, NIEBORG	TriVia	4:54.33 200400428	4:57.07	+0,82 504	1:09.92	1:15.58	1:16.70	1:14.87
5. Emma, HOFSTEE	TriVia	4:52.53 200401282	4:58.28	+0,92 498	1:10.62	1:17.41	1:17.33	1:12.92
6. Sterre-Marit, DROK	Bubble	4:56.33 200400880	5:02.61	+0,83 477	1:11.61	1:17.04	1:18.38	1:15.58
7. Roos, VAN DUIN	ReVeLie Swim Team	4:56.87 200404280	5:03.08	+0,91 474	1:10.48	1:18.23	1:18.18	1:16.19
8. D., DINGSHOFF	ZPC Hoogeveen	4:55.76 200400804	5:13.27	+0,76 430	1:14.94	1:21.73	1:19.48	1:17.12

Jeugd 1 en 2

1. Silke, HUISMAN	Orca 1	4:38.75 200301182	4:38.54	+0,83 611	1:04.82	1:10.76	1:11.65	1:11.31
2. Yara, van KALMTHOUT	Nova	4:37.09 200200984	4:39.33	+0,92 606	1:07.51	1:11.01	1:11.07	1:09.74
3. Mariëlle, DOLFIJN	TriVia	4:41.92 200201640	4:47.97	+0,86 553	1:07.97	1:12.82	1:13.78	1:13.40
4. Lianne, van WIER	HZ&PC Heerenveen 1	4:53.73 200200438	4:51.03	+0,74 536	1:08.30	1:13.22	1:15.11	1:14.40
5. Suze, KUIPERS	Orca 1	4:47.46 200301714	4:51.28	+0,91 534	1:10.35	1:14.39	1:13.66	1:12.88
6. Amé, HULLEMAN	ReVeLie Swim Team	4:45.63 200202794	4:53.40	+0,81 523	1:08.32	1:14.83	1:15.77	1:14.48
7. Mirthe, SCHENKEL	ZPC Hoogeveen	4:48.41 200300666	4:57.54	+0,88 501	1:10.74	1:16.38	1:16.11	1:14.31
8. Chantal, TIESINGA	TriVia	4:51.55 200302452	5:01.79	+0,89 481	1:12.41	1:16.96	1:16.54	1:15.88
9. Lisanne, BOETS	Nova	4:52.22 200200346	5:03.49	+0,81 472	1:11.54	1:18.34	1:18.91	1:14.70
10. Nynke, ZANDSTRA	Dz&Pc	4:49.81 200202044	5:03.98	+0,84 470	1:12.17	1:17.85	1:17.42	1:16.54
11. Esmee, van PEER	TriVia	5:02.54 200201114	5:05.33	+0,79 464	1:10.89	1:18.36	1:18.55	1:17.53
12. Britt, GERDES	Ksn (Sg)	4:53.19 200201636	5:12.11	+0,95 434	1:14.67	1:20.77	1:21.37	1:15.30
13. Sarina, BEUKER	SG FZC54-De Vikings	15:03.72 200303454	5:18.76	+0,74 408	1:13.76	1:21.11	1:21.17	1:22.72
AFGEM Inge, DEKKER	TriVia	4:40.95 200200476						

Senioren 1 en ouder

1. Laura, SETZ	Nova	4:12.20 200000130	4:22.09	+0,86 734	1:02.22	1:06.32	1:07.05	1:06.50
2. Myrna, van DUIJVEN	Dz&Pc	4:35.10 199900252	4:30.34	+0,83 669	1:05.02	1:09.12	1:08.93	1:07.27
3. Alinda, DINGSHOFF	ZPC Hoogeveen	4:36.93 200000928	4:34.56	+0,80 638	1:06.40	1:09.94	1:08.12	1:10.10
4. Lize Janna, de VRIES	Orca 1	4:39.57 200101948	4:36.44	+0,81 625	1:05.82	1:09.99	1:10.59	1:10.04
5. Kyra, WOOLDRIK	ZPC Hoogeveen	4:45.00 200101042	4:48.15	+0,81 552	1:08.59	1:13.92	1:13.86	1:11.78
6. Annemarie, HOVING	TriVia	4:39.09 200000248	4:52.69	+0,74 527	1:08.79	1:13.97	1:14.68	1:15.25
7. Hilde, DEKKER	ReVeLie Swim Team	4:40.61 199901926	4:54.15	+1,00 519	1:08.55	1:14.66	1:16.79	1:14.15
8. Jolien, WIND	Nova	4:44.48 200100510	5:04.68	+0,86 467	1:10.51	1:16.28	1:18.06	1:19.83
9. Marike, de JONG	Avena	4:48.30 200101074	5:10.29	+0,84 442	1:09.87	1:17.50	1:21.62	1:21.30
10. Marije, OOSTERHUIS	Azuro	4:52.35 199500318 S10	5:17.88	+0,86 411	1:13.42	1:20.90	1:21.61	1:21.95