

Programmanr. 17
27-5-2018 - 15:45

Heren, 400m vrije slag

Junioren 1 en ouder
Resultaten

rang naam	vereniging	intijd	tijd	RT	100m	200m	300m	400m
Junioren 1								
1. Colin, BES	ZC Polaris	4:59.53 200500201	4:56.30	+0,84 409	1:07.60	1:16.12	1:17.83	1:14.75
2. D., DA SILVA MIRANDA	SG FZC54-De Vikings	15:05.53 200500019	5:02.70	+0,88 384	1:12.15	1:18.85	1:18.60	1:13.10
3. Domingo, KUIPERS	Orca 1	5:12.44 200501787	5:08.16	364	1:13.01	1:19.22	1:21.08	1:14.85
4. Flynn, PEEKS	ZPC Hoogeveen	5:22.11 200500231	5:18.77	+0,87 329	1:16.53	1:22.52	1:22.12	1:17.60
5. Robin, van der BURG	ZPC Hoogeveen	5:23.96 200500791	5:25.31	+0,90 309	1:16.19	1:23.51	1:23.81	1:21.80
6. Wouter, SIES	TriVia	5:04.94 200500369	5:33.34	+0,82 287	1:12.54	1:25.10	1:27.03	1:28.67
7. Xander, de ROOS	ZC Borger	5:30.40 200500655	5:34.97	+0,91 283	1:16.97	1:25.04	1:26.23	1:26.73
8. Daniel, VELTMAN	TriVia	5:36.52 200502593	5:41.08	+0,79 268	1:16.67	1:28.20	1:29.26	1:26.95
Junioren 2								
1. Kai, ZWERVER	SG FZC54-De Vikings	14:33.50 200401175	4:37.02	+0,71 501	1:02.98	1:11.78	1:12.16	1:10.10
2. Wouter, ZIJLSTRA	De Forel	4:46.46 200401545	4:45.16	+0,68 459	1:05.59	1:12.81	1:14.44	1:12.32
3. Mac, PEEKS	ZPC Hoogeveen	4:55.89 200400153	4:47.65	+0,73 447	1:07.19	1:13.90	1:14.30	1:12.26
4. Meindert, DEKKINGA	HZ&PC Heerenveen 1	4:41.46 200400377	4:47.93	+0,88 446	1:08.05	1:12.89	1:14.25	1:12.74
5. Kevin, van GELDEREN	TriVia	5:03.07 200402325	5:02.97	+0,75 383	1:10.92	1:17.41	1:19.55	1:15.09
6. Quint, van HAREN	Ksn (Sg)	5:07.61 200400215	5:18.68	+0,85 329	1:15.40	1:23.21	1:22.42	1:17.65
Junioren 3								
1. Frederik, ADEMA	de Granaet	4:39.13 200300253	4:44.98	+0,79 460	1:07.12	1:13.21	1:13.63	1:11.02
2. Jorian, DARWINKEL	HZ&PC Heerenveen 1	4:49.21 200300565	4:55.90	+0,81 411	1:08.49	1:15.38	1:16.56	1:15.47
Junioren 4								
1. Tycho, ATANASOV	Ksn (Sg)	4:18.31 200201133	4:36.36	+0,87 504	1:04.44	1:11.52	1:11.79	1:08.61
2. Yoram, van der TUIN	SG FZC54-De Vikings	14:38.14 200202439	4:40.66	+0,69 482	1:05.86	1:12.44	1:12.36	1:10.00
3. Rik, STAHLIE	TriVia	4:31.23 200201915	4:41.51	+0,75 477	1:05.73	1:11.77	1:13.02	1:10.99
4. Makai, van HAREN	Ksn (Sg)	4:40.16 200200627	4:41.66	+0,78 476	1:05.76	1:11.72	1:12.74	1:11.44
5. Jesper, TJASSING	Azuro	4:33.92 200201499	4:50.92	+0,87 432	1:07.19	1:14.32	1:16.46	1:12.95
Jeugd 1 en 2								
1. David, KUIPERS	Orca 1	4:08.00 200003633	4:10.49	+0,83 678	1:00.74	1:03.84	1:04.21	1:01.70
2. David, ANTHONIO	Ksn (Sg)	4:18.77 200102551	4:16.46	+0,88 631	1:01.66	1:05.57	1:05.25	1:03.98
3. Junior, de BRUIN	ZPC Hoogeveen	4:25.01 200000839	4:17.90	+0,72 621	1:02.58	1:06.72	1:05.33	1:03.27
4. Owen, PEEKS	ZPC Hoogeveen	4:23.01 200100765	4:24.30	+0,86 577	1:03.47	1:08.08	1:07.45	1:05.30
5. Arjan, DEKKER	ReVeLie Swim Team	4:22.37 200000499	4:24.97	+0,70 572	1:01.51	1:06.43	1:08.61	1:08.42
6. Darren, CHEN	Ksn (Sg)	4:29.70 200001149	4:30.12	+0,73 540	1:04.39	1:09.74	1:09.86	1:06.13
7. Coen, de LANG	ZPC Hoogeveen	4:32.46 200100067	4:33.39	+0,85 521	1:03.98	1:09.31	1:10.52	1:09.58
8. Willem, POORTINGA	Wetterwille	5:42.16 200105093 S10	6:04.28	+0,80 220	1:19.99	1:35.29	1:37.31	1:31.69
Senioren 1 en ouder								
1. Erik, NIJHOLT	Dz&Pc	3:55.17 199401349	4:03.92	+0,74 734	57.61	1:01.69	1:02.22	1:02.40
2. Rowan, KEEN	ZC Borger	4:11.93 199500727	4:10.12	+0,77 681	59.24	1:03.13	1:04.24	1:03.51
3. Daan, ZWERTBROEK	HZ&PC Heerenveen 1	4:08.60 199900463	4:19.45	+0,77 610	1:00.72	1:06.68	1:07.09	1:04.96
4. Niels, WIERSEMA	TriVia	4:09.69 199703221	4:19.75	+0,89 608	1:01.39	1:04.84	1:07.16	1:06.36
5. Ingmar, HARTMAN	Ksn (Sg)	4:20.28 199801013	4:27.93	+0,90 554	1:04.51	1:09.54	1:09.89	1:03.99
6. Erwin, HEINSIUS	ZPC Hoogeveen	4:18.53 199900695	4:29.33	+0,62 545	1:02.82	1:08.14	1:09.19	1:09.18
7. Derk Jan, SPEELMAN	Ksn (Sg)	4:19.91 199602425	4:36.44	+0,75 504	1:03.05	1:10.40	1:12.65	1:10.34