

Programmanr. 5
19-5-2017

Dames, 200m rugslag

Junioren 1 en ouder
Resultaten

Rang							In.tijd	Tijd	RT
Junioren 1									
1.	Noa Teuben	SG FZC54-De Vikings	200500254	2:39.66	2:46.80	+0,73			
	50m: 38.14	38.14	100m: 1:21.94	43.80	150m: 2:06.66	44.72	200m: 2:46.80	40.14	
2.	Marte Hieke van der Kamp	SG FZC54-De Vikings	200500218	2:50.41	2:53.58	+0,92			
	100m: 1:27.31	1:27.31	200m: 2:53.58	1:26.27					
3.	Julia Redzimaska	ZPC Hoogeveen	200503384	2:55.90	2:56.72	+0,78			
	50m: 41.58	41.58	100m: 1:25.45	43.87	150m: 2:12.40	46.95	200m: 2:56.72	44.32	
4.	Lise Kleinbekman	ReVeLie Swim Team	200502870	3:00.58	2:57.09	+0,74			
	50m: 42.18	42.18	100m: 1:26.99	44.81	150m: 2:13.46	46.47	200m: 2:57.09	43.63	
5.	Nienke Bakker	TriVia	200501178	3:00.69	2:58.52	+0,78			
	50m: 41.14	41.14	100m: 1:27.23	46.09	150m: 2:13.64	46.41	200m: 2:58.52	44.88	
6.	Annemarijn Damhoff	Z&PC de Inktvis	200501000	2:55.91	2:58.71	+0,82			
	50m: 42.35	42.35	200m: 2:58.71	2:16.36					
7.	Fleur Bos	Orca	200500674	2:59.05	3:00.01	+0,73			
	50m: 42.15	42.15	100m: 1:28.26	46.11	150m: 2:14.97	46.71	200m: 3:00.01	45.04	
8.	Annemijn Folkerts	TriVia	200500628	2:54.00	3:02.57	+0,66			
	*								
	50m: 42.76	42.76	100m: 1:29.30	46.54	150m: 2:16.10	46.80	200m: 3:02.57	46.47	
9.	Carmen van Klaarbergen	Dz&Pc	200500562	3:03.80	3:03.84	+0,89			
10.	Charley Zethoven	HZ&PC Heerenveen	200500868	2:56.46	3:04.85	+0,67			
	100m: 1:32.07	1:32.07	200m: 3:04.85	1:32.78					
11.	sterre van der wal	Orca	200502356	3:03.03	3:05.96	+0,75			
	50m: 45.07	45.07	150m: 2:19.74	1:34.67	200m: 3:05.96	46.22			
12.	Naomi Vellinga	Wetterwille	200500504	3:02.72	3:09.05	+0,80			
	*								
	50m: 44.39	44.39	100m: 1:32.60	48.21	150m: 2:22.62	50.02	200m: 3:09.05	46.43	
Junioren 2									
1.	Myrthe Natzijl	De Kikker	200400076	2:30.02	2:34.51	+0,81			
	50m: 35.98	35.98	100m: 1:15.34	39.36	150m: 1:55.02	39.68	200m: 2:34.51	39.49	
2.	Danique Slaper	TriVia	200401914	2:44.63	2:39.26	+0,81			
	50m: 37.59	37.59	100m: 1:18.48	40.89	150m: 2:00.81	42.33	200m: 2:39.26	38.45	
3.	Charlotte Wilbers	ZPC Hoogeveen	200400312	2:38.90	2:39.32	+0,72			
	50m: 36.85	36.85	100m: 1:17.75	40.90	150m: 1:59.37	41.62	200m: 2:39.32	39.95	
4.	Janna van Kooten	TriVia	200404584	2:42.78	2:42.85	+0,76			
	50m: 38.75	38.75	100m: 1:19.68	40.93	150m: 2:01.54	41.86	200m: 2:42.85	41.31	
5.	Manon Tiggelaar	ZPC Hoogeveen	200400394	2:43.59	2:47.35	+0,88			
	50m: 39.09	39.09	100m: 1:22.20	43.11	150m: 2:05.58	43.38	200m: 2:47.35	41.77	
6.	Joline Koop	Aqua 68	200403174	2:52.63	2:49.07	+0,91			
	50m: 40.99	40.99	100m: 1:24.33	43.34	150m: 2:09.60	45.27	200m: 2:49.07	39.47	

Programmanr. 5, Meisjes, 200m rugslag, Junioren 2

Rang						In.tijd	Tijd	RT
7.	Denise Dost	ZC Borger	200400190			2:51.22	2:50.26	+0,75
	50m: 40.22	40.22	100m: 1:23.57	43.35	150m: 2:08.15	44.58	200m: 2:50.26	42.11
8.	Leah Anakotta	ZPC Hoogeveen	200400802			2:54.25	2:52.02	+0,81
	50m: 39.86	39.86	100m: 1:22.87	43.01	150m: 2:07.66	44.79	200m: 2:52.02	44.36
9.	Roos van Duin	ReVeLie Swim Team	200404280			2:52.93	2:54.64	+0,87
	50m: 41.45	41.45	200m: 2:54.64	2:13.19				
10.	Hanna Oving	De Kikker	200400738			2:53.73	2:55.45	+0,88
	100m: 1:25.34	1:25.34	200m: 2:55.45	1:30.11				
11.	Dominique Dingshoff	ZPC Hoogeveen	200400804			2:55.78	2:55.58	+1,03
	50m: 41.26	41.26	100m: 1:26.74	45.48	150m: 2:11.74	45.00	200m: 2:55.58	43.84
12.	Meike Regeling	Orca	200401006			2:52.83	2:56.23	+0,93
	50m: 41.20	41.20	100m: 1:26.34	45.14	150m: 2:11.52	45.18	200m: 2:56.23	44.71
13.	Merle Stavorinus	de Granaet	200400138			2:50.91	2:58.63	+0,91
	50m: 41.77	41.77	150m: 2:14.40	1:32.63	200m: 2:58.63	44.23		
14.	Xoe Stuu	ZPCA Eemsrobbe	(SG200400754			2:54.99	3:01.69	+0,75
	50m: 43.33	43.33	100m: 1:30.67	47.34	150m: 2:18.35	47.68	200m: 3:01.69	43.34
15.	Anna van Eeken	HZ&PC Heerenveen	200401414			2:56.20	3:04.75	+0,91
	50m: 43.83	43.83	100m: 1:30.97	47.14	200m: 3:04.75	1:33.78		
16.	Amber Boomsma	HZ&PC Heerenveen	200401416			2:56.75	3:04.98	+0,81
	50m: 43.95	43.95	100m: 1:31.51	47.56	150m: 2:20.55	49.04	200m: 3:04.98	44.43
DIS	Senna van der Veen	ZPC Hoogeveen	200400072			2:41.12		
	<i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i>							
AFGEM	Sterre-Marit Drok	ZPC Stadskanaal	200400880			2:56.97		

Junioren 3

1.	Suze Kuipers	Orca	200301714			2:23.26	2:29.75	+0,76
	50m: 35.95	35.95	100m: 1:13.87	37.92	150m: 1:52.15	38.28	200m: 2:29.75	37.60
2.	Silke Huisman	Orca	200301182			2:36.42	2:34.27	+0,69
	50m: 37.61	37.61	200m: 2:34.27	1:56.66				
3.	Mirthe Schenkel	ZPC Hoogeveen	200300666			2:46.21	2:41.39	+0,79
	50m: 38.61	38.61	100m: 1:19.09	40.48	150m: 2:00.50	41.41	200m: 2:41.39	40.89
4.	Anna Tinga	De Forel	200302734			2:36.34	2:42.36	+0,75
	50m: 39.72	39.72	100m: 1:20.06	40.34	150m: 2:01.95	41.89	200m: 2:42.36	40.41
5.	Brenda Beijering	ZC Borger	200300352			2:32.76	2:42.61	+0,67
	* 50m: 37.78	37.78	150m: 2:00.96	1:23.18	200m: 2:42.61	41.65		
6.	Emma Sies	TriVia	200300732			2:45.03	2:44.13	+0,84
	50m: 38.75	38.75	100m: 1:20.54	41.79	150m: 2:02.66	42.12	200m: 2:44.13	41.47
7.	Lotte-Lynn Sterken	De Kikker	200301342			2:40.29	2:45.13	+0,85
	50m: 39.34	39.34	100m: 1:20.80	41.46	150m: 2:04.42	43.62	200m: 2:45.13	40.71
8.	Marinda Top	Zeno	200300460			2:45.28	2:48.61	+0,73
	50m: 39.94	39.94	100m: 1:23.08	43.14	150m: 2:07.62	44.54	200m: 2:48.61	40.99
9.	Kim Hillen	MZ&PC De Reest	200300364			2:44.47	2:50.26	+0,80
	50m: 38.57	38.57	200m: 2:50.26	2:11.69				

Programmanr. 5, Meisjes, 200m rugslag, Junioren 3

Rang						In.tijd	Tijd	RT
10.	Janine Schuur	Nova	200302466			2:47.39	2:51.40	+0,82
	50m: 39.01	39.01	100m: 1:23.17	44.16	150m: 2:07.71	44.54	200m: 2:51.40	43.69
11.	Myrthe Idema	TriVia	200303240			2:52.20	2:52.12	+0,80
	50m: 39.62	39.62	100m: 1:23.36	43.74	200m: 2:52.12	1:28.76		
12.	Chaira Scholte	Z&PC de Inktvis	200304478			2:42.13	2:52.45	
	*							
	100m: 1:22.69	1:22.69	200m: 2:52.45	1:29.76				
13.	Willianne Vos	Z&PC de Inktvis	200300050			2:46.22	2:52.68	+0,84
	50m: 41.95	41.95	100m: 1:25.79	43.84	150m: 2:10.40	44.61	200m: 2:52.68	42.28
14.	Marijine van der Veen	Orca	200300960			2:50.88	2:55.22	+0,82
	50m: 40.13	40.13	100m: 1:24.14	44.01	150m: 2:10.59	46.45	200m: 2:55.22	44.63
15.	Gerda Woldendorp	SG FZC54-De Vikings	200300418			2:46.00	2:56.08	+0,77
	50m: 41.85	41.85	100m: 1:25.87	44.02	150m: 2:12.38	46.51	200m: 2:56.08	43.70
16.	Ellen Altena	TriVia	200300266			2:39.89	3:13.37	+0,74
	50m: 46.89	46.89	100m: 1:37.29	50.40	150m: 2:26.41	49.12	200m: 3:13.37	46.96

Jeugd 1 en 2

1.	Tessa Kooi	Nova	200201386			2:33.62	2:29.19	+0,79
	50m: 34.33	34.33	100m: 1:11.38	37.05	150m: 1:50.02	38.64	200m: 2:29.19	39.17
2.	Dionne Salomons	ZC Borger	200200504			2:28.19	2:29.62	+0,67
	50m: 34.57	34.57	100m: 1:12.35	37.78	150m: 1:51.56	39.21	200m: 2:29.62	38.06
3.	Yara van Kalmthout	Nova	200200984			2:29.73	2:32.44	+0,72
	50m: 35.56	35.56	100m: 1:14.58	39.02	150m: 1:53.85	39.27	200m: 2:32.44	38.59
4.	Wiktorija Redzimska	ZPC Hoogeveen	200106042			2:31.36	2:33.77	+0,75
	50m: 35.68	35.68	100m: 1:15.07	39.39	150m: 1:54.02	38.95	200m: 2:33.77	39.75
5.	Brit Brandsma	De Forel	200100026			2:26.51	2:36.04	+0,74
	50m: 35.85	35.85	100m: 1:14.64	38.79	150m: 1:56.54	41.90	200m: 2:36.04	39.50
6.	Ylsa Dijkstra	Dz&Pc	200200728			2:29.33	2:36.80	+0,63
	50m: 37.69	37.69	100m: 1:17.38	39.69	150m: 1:57.96	40.58	200m: 2:36.80	38.84
7.	Inge Dekker	TriVia	200200476			2:29.54	2:39.62	+0,79
	50m: 36.30	36.30	100m: 1:17.06	40.76	150m: 1:58.23	41.17	200m: 2:39.62	41.39
8.	Eva Willebrands	Orca	200101510			2:31.32	2:40.22	+0,67
	50m: 36.76	36.76	100m: 1:16.78	40.02	150m: 1:58.63	41.85	200m: 2:40.22	41.59
9.	Amé Hulleman	ReVeLie Swim Team	200202794			2:32.93	2:42.04	+0,78
	50m: 37.17	37.17	100m: 1:18.06	40.89	150m: 2:01.09	43.03	200m: 2:42.04	40.95
10.	Lisanne Boets	Nova	200200346			2:45.40	2:43.10	+0,76
	50m: 38.25	38.25	100m: 1:19.53	41.28	150m: 2:03.14	43.61	200m: 2:43.10	39.96
11.	Kyra Wooldrik	ZPC Hoogeveen	200101042			2:38.24	2:43.57	+0,90
	100m: 1:20.08	1:20.08	200m: 2:43.57	1:23.49				
12.	Rosa Ebbinge	Dz&Pc	200200904			2:35.27	2:43.61	+0,72
	50m: 38.10	38.10	100m: 1:19.59	41.49	150m: 2:02.26	42.67	200m: 2:43.61	41.35
13.	Marieke Wildeboer	TriVia	200100016			2:32.53	2:45.46	+0,80
	50m: 39.27	39.27	100m: 1:20.30	41.03	150m: 2:02.88	42.58	200m: 2:45.46	42.58

Programmanr. 5, Meisjes, 200m rugslag, Jeugd 1 en 2

Rang							In.tijd	Tijd	RT
14.	Ingrid de Vries	de Granaet	200100500	2:42.83	2:47.60	+0,81			
	50m: 40.09	40.09	100m: 1:22.95	42.86	150m: 2:06.02	43.07	200m: 2:47.60	41.58	
15.	Britt Gerdes	De Kikker	200201636	2:45.34	2:48.45	+0,84			
	50m: 39.18	39.18	100m: 1:21.92	42.74	200m: 2:48.45	1:26.53			
16.	Ilse van der Kooi	de Granaet	200202150	2:46.05	2:48.74				
	100m: 1:23.33	1:23.33	200m: 2:48.74	1:25.41					
17.	Arianne de Vries	Aqua 68	200100728	2:43.60	2:49.46	+0,84			
	50m: 40.82	40.82	100m: 1:23.04	42.22	150m: 2:07.50	44.46	200m: 2:49.46	41.96	
	Elriecke Buurlage	Zcnf34	200100524	2:46.32	2:49.46	+0,63			
	50m: 39.90	39.90	100m: 1:22.30	42.40	150m: 2:06.93	44.63	200m: 2:49.46	42.53	
19.	Elin Manning	Nova	200200982	2:47.23	2:49.62	+0,71			
	50m: 39.72	39.72	100m: 1:22.81	43.09	150m: 2:08.52	45.71	200m: 2:49.62	41.10	
20.	Laura Noord	De Wellerobben	200202568	2:45.51	2:50.54	+0,78			
	50m: 39.63	39.63	100m: 1:22.93	43.30	150m: 2:06.58	43.65	200m: 2:50.54	43.96	
21.	Esmee van Peer	TriVia	200201114	2:44.83	2:52.34	+0,79			
	100m: 1:24.77	1:24.77	200m: 2:52.34	1:27.57					
22.	Lotte Grovenstein	SG FZC54-De Vikings	200102964	2:43.48	2:53.14	+0,77			
	50m: 39.56	39.56	100m: 1:23.50	43.94	150m: 2:09.10	45.60	200m: 2:53.14	44.04	
23.	Dyonne Stam	SG FZC54-De Vikings	200200292	2:46.42	2:53.77	+0,87			
	50m: 39.66	39.66	100m: 1:23.62	43.96	150m: 2:08.26	44.64	200m: 2:53.77	45.51	
24.	Hannah Warris	Aqua 68	200104204	2:47.90	2:54.10	+0,82			
	50m: 40.67	40.67	100m: 1:24.81	44.14	150m: 2:10.02	45.21	200m: 2:54.10	44.08	
25.	Elka Siesling	SG FZC54-De Vikings	200100566	2:44.98	2:55.21	+0,71			
	50m: 40.08	40.08	100m: 1:24.55	44.47	150m: 2:11.72	47.17	200m: 2:55.21	43.49	
DIS	Sanne Abma	HZ&PC Heerenveen	200200590	2:32.44					
	<i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i>								

Senioren 1 en ouder

1.	Manon Manning	Nova	199904118	2:25.48	2:26.47	+0,79			
	50m: 32.31	32.31	100m: 1:08.95	36.64	150m: 1:48.03	39.08	200m: 2:26.47	38.44	
2.	Josien Wijkhuijs	Orca	199902866	2:19.59	2:27.77	+0,76			
	50m: 34.84	34.84	100m: 1:12.84	38.00	150m: 1:50.77	37.93	200m: 2:27.77	37.00	
3.	Alinda Dingshoff	ZPC Hoogeveen	200000928	2:23.30	2:28.29	+0,76			
	50m: 35.46	35.46	100m: 1:13.21	37.75	150m: 1:51.05	37.84	200m: 2:28.29	37.24	
4.	Danieke van der Kooi	Orca	200000552	2:24.33	2:31.18	+0,87			
	50m: 35.20	35.20	100m: 1:13.92	38.72	150m: 1:52.35	38.43	200m: 2:31.18	38.83	
5.	Renée Vanderheyden	ReVeLie Swim Team	199903130	2:25.35	2:31.32	+0,69			
	50m: 34.88	34.88	100m: 1:12.16	37.28	150m: 1:51.61	39.45	200m: 2:31.32	39.71	
6.	Simone Krans	ZPC Hoogeveen	199900756	2:28.23	2:31.81	+0,75			
	50m: 35.05	35.05	100m: 1:13.54	38.49	150m: 1:52.57	39.03	200m: 2:31.81	39.24	
7.	Heline Koning	SG FZC54-De Vikings	200000422	2:26.58	2:32.56	+0,86			
	100m: 1:11.67	1:11.67	200m: 2:32.56	1:20.89					
8.	Anique Coelingh	ZPC Hoogeveen	200000638	2:33.27	2:37.55	+0,84			
	100m: 1:16.21	1:16.21	200m: 2:37.55	1:21.34					

Programmanr. 5, Dames, 200m rugslag, Senioren 1 en ouder

Rang						In.tijd	Tijd	RT
9.	Hilde Dekker	ReVeLie Swim Team	199901926			2:32.34	2:37.58	+0,85
	50m: 37.89	37.89	100m: 1:18.36	40.47	150m: 1:59.33	40.97	200m: 2:37.58	38.25
10.	Jill Blide	ZPC Hoogeveen	200004734			2:37.65	2:38.21	+0,92
	50m: 37.60	37.60	100m: 1:16.68	39.08	150m: 1:57.82	41.14	200m: 2:38.21	40.39
11.	Gwen Sieswerda	SG FZC54-De Vikings	199802342			2:31.08	2:38.23	+0,78
	100m: 1:17.18	1:17.18	200m: 2:38.23	1:21.05				
12.	Myrthe Offenga	SG FZC54-De Vikings	199901874			2:34.97	2:41.13	+0,74
	50m: 38.12	38.12	100m: 1:19.61	41.49	150m: 2:02.03	42.42	200m: 2:41.13	39.10
13.	Chiara Olde Agterhuis	HZ&PC Heerenveen	199901084			2:34.97	2:43.25	+0,82
	50m: 37.61	37.61	100m: 1:19.12	41.51	150m: 2:01.81	42.69	200m: 2:43.25	41.44
14.	Marloes Potze	Gzww	200002332			2:40.82	2:43.37	+0,75
	50m: 36.96	36.96	150m: 2:00.14	1:23.18	200m: 2:43.37	43.23		
15.	Linda Boxma	De Spatters	198500416			2:30.95	2:43.41	+0,72
	50m: 37.15	37.15	100m: 1:17.39	40.24	150m: 2:01.13	43.74	200m: 2:43.41	42.28
16.	Daphne Rockers	De Kikker	200001376			2:40.12	2:49.09	+0,65
	50m: 37.43	37.43	100m: 1:20.51	43.08	150m: 2:04.94	44.43	200m: 2:49.09	44.15

Algemeen klassement

1.	Manon Manning	Nova	199904118			2:25.48	2:26.47	+0,79
	50m: 32.31	32.31	100m: 1:08.95	36.64	150m: 1:48.03	39.08	200m: 2:26.47	38.44
2.	Josien Wijkhuijs	Orca	199902866			2:19.59	2:27.77	+0,76
	50m: 34.84	34.84	100m: 1:12.84	38.00	150m: 1:50.77	37.93	200m: 2:27.77	37.00
3.	Alinda Dingshoff	ZPC Hoogeveen	200000928			2:23.30	2:28.29	+0,76
	50m: 35.46	35.46	100m: 1:13.21	37.75	150m: 1:51.05	37.84	200m: 2:28.29	37.24
4.	Tessa Kooi	Nova	200201386			2:33.62	2:29.19	+0,79
	50m: 34.33	34.33	100m: 1:11.38	37.05	150m: 1:50.02	38.64	200m: 2:29.19	39.17
5.	Dionne Salomons	ZC Borger	200200504			2:28.19	2:29.62	+0,67
	50m: 34.57	34.57	100m: 1:12.35	37.78	150m: 1:51.56	39.21	200m: 2:29.62	38.06
6.	Suze Kuipers	Orca	200301714			2:23.26	2:29.75	+0,76
	50m: 35.95	35.95	100m: 1:13.87	37.92	150m: 1:52.15	38.28	200m: 2:29.75	37.60
7.	Danieke van der Kooi	Orca	200000552			2:24.33	2:31.18	+0,87
	50m: 35.20	35.20	100m: 1:13.92	38.72	150m: 1:52.35	38.43	200m: 2:31.18	38.83
8.	Renée Vanderheyden	ReVeLie Swim Team	199903130			2:25.35	2:31.32	+0,69
	50m: 34.88	34.88	100m: 1:12.16	37.28	150m: 1:51.61	39.45	200m: 2:31.32	39.71
9.	Simone Krans	ZPC Hoogeveen	199900756			2:28.23	2:31.81	+0,75
	50m: 35.05	35.05	100m: 1:13.54	38.49	150m: 1:52.57	39.03	200m: 2:31.81	39.24
10.	Yara van Kalmthout	Nova	200200984			2:29.73	2:32.44	+0,72
	50m: 35.56	35.56	100m: 1:14.58	39.02	150m: 1:53.85	39.27	200m: 2:32.44	38.59
11.	Heline Koning	SG FZC54-De Vikings	200000422			2:26.58	2:32.56	+0,86
	100m: 1:11.67	1:11.67	200m: 2:32.56	1:20.89				
12.	Wiktorija Redzimska	ZPC Hoogeveen	200106042			2:31.36	2:33.77	+0,75
	50m: 35.68	35.68	100m: 1:15.07	39.39	150m: 1:54.02	38.95	200m: 2:33.77	39.75
13.	Silke Huisman	Orca	200301182			2:36.42	2:34.27	+0,69
	50m: 37.61	37.61	200m: 2:34.27	1:56.66				

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Rang								In.tijd	Tijd	RT
14.	Myrthe Natzijl	De Kikker	200400076					2:30.02	2:34.51	+0,81
	50m: 35.98	35.98	100m: 1:15.34	39.36	150m: 1:55.02	39.68	200m: 2:34.51	39.49		
15.	Brit Brandsma	De Forel	200100026					2:26.51	2:36.04	+0,74
	50m: 35.85	35.85	100m: 1:14.64	38.79	150m: 1:56.54	41.90	200m: 2:36.04	39.50		
16.	Ylsa Dijkstra	Dz&Pc	200200728					2:29.33	2:36.80	+0,63
	50m: 37.69	37.69	100m: 1:17.38	39.69	150m: 1:57.96	40.58	200m: 2:36.80	38.84		
17.	Anique Coelingh	ZPC Hoozeveen	200000638					2:33.27	2:37.55	+0,84
	100m: 1:16.21	1:16.21	200m: 2:37.55	1:21.34						
18.	Hilde Dekker	ReVeLie Swim Team	199901926					2:32.34	2:37.58	+0,85
	50m: 37.89	37.89	100m: 1:18.36	40.47	150m: 1:59.33	40.97	200m: 2:37.58	38.25		
19.	Jill Blide	ZPC Hoozeveen	200004734					2:37.65	2:38.21	+0,92
	50m: 37.60	37.60	100m: 1:16.68	39.08	150m: 1:57.82	41.14	200m: 2:38.21	40.39		
20.	Gwen Sieswerda	SG FZC54-De Vikings	199802342					2:31.08	2:38.23	+0,78
	100m: 1:17.18	1:17.18	200m: 2:38.23	1:21.05						
21.	Danique Slaper	TriVia	200401914					2:44.63	2:39.26	+0,81
	50m: 37.59	37.59	100m: 1:18.48	40.89	150m: 2:00.81	42.33	200m: 2:39.26	38.45		
22.	Charlotte Wilbers	ZPC Hoozeveen	200400312					2:38.90	2:39.32	+0,72
	50m: 36.85	36.85	100m: 1:17.75	40.90	150m: 1:59.37	41.62	200m: 2:39.32	39.95		
23.	Inge Dekker	TriVia	200200476					2:29.54	2:39.62	+0,79
	50m: 36.30	36.30	100m: 1:17.06	40.76	150m: 1:58.23	41.17	200m: 2:39.62	41.39		
24.	Eva Willebrands	Orca	200101510					2:31.32	2:40.22	+0,67
	50m: 36.76	36.76	100m: 1:16.78	40.02	150m: 1:58.63	41.85	200m: 2:40.22	41.59		
25.	Myrthe Offenga	SG FZC54-De Vikings	199901874					2:34.97	2:41.13	+0,74
	50m: 38.12	38.12	100m: 1:19.61	41.49	150m: 2:02.03	42.42	200m: 2:41.13	39.10		
26.	Mirthe Schenkel	ZPC Hoozeveen	200300666					2:46.21	2:41.39	+0,79
	50m: 38.61	38.61	100m: 1:19.09	40.48	150m: 2:00.50	41.41	200m: 2:41.39	40.89		
27.	Amé Hulleman	ReVeLie Swim Team	200202794					2:32.93	2:42.04	+0,78
	50m: 37.17	37.17	100m: 1:18.06	40.89	150m: 2:01.09	43.03	200m: 2:42.04	40.95		
28.	Anna Tinga	De Forel	200302734					2:36.34	2:42.36	+0,75
	50m: 39.72	39.72	100m: 1:20.06	40.34	150m: 2:01.95	41.89	200m: 2:42.36	40.41		
29.	Brenda Beijering	ZC Borger	200300352					2:32.76	2:42.61	+0,67
	50m: 37.78	37.78	150m: 2:00.96	1:23.18	200m: 2:42.61	41.65				
30.	Janna van Kooten	TriVia	200404584					2:42.78	2:42.85	+0,76
	50m: 38.75	38.75	100m: 1:19.68	40.93	150m: 2:01.54	41.86	200m: 2:42.85	41.31		
31.	Lisanne Boets	Nova	200200346					2:45.40	2:43.10	+0,76
	50m: 38.25	38.25	100m: 1:19.53	41.28	150m: 2:03.14	43.61	200m: 2:43.10	39.96		
32.	Chiara Olde Agterhuis	HZ&PC Heerenveen	199901084					2:34.97	2:43.25	+0,82
	50m: 37.61	37.61	100m: 1:19.12	41.51	150m: 2:01.81	42.69	200m: 2:43.25	41.44		
33.	Marloes Potze	Gzw	200002332					2:40.82	2:43.37	+0,75
	50m: 36.96	36.96	150m: 2:00.14	1:23.18	200m: 2:43.37	43.23				
34.	Linda Boxma	De Spatters	198500416					2:30.95	2:43.41	+0,72
	50m: 37.15	37.15	100m: 1:17.39	40.24	150m: 2:01.13	43.74	200m: 2:43.41	42.28		

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Rang							In.tijd	Tijd	RT
35.	Kyra Wooldrik	ZPC Hoozeveen	200101042				2:38.24	2:43.57	+0,90
	100m: 1:20.08	1:20.08	200m: 2:43.57	1:23.49					
36.	Rosa Ebbinge	Dz&Pc	200200904				2:35.27	2:43.61	+0,72
	50m: 38.10	38.10	100m: 1:19.59	41.49	150m: 2:02.26	42.67	200m: 2:43.61	41.35	
37.	Emma Sies	TriVia	200300732				2:45.03	2:44.13	+0,84
	50m: 38.75	38.75	100m: 1:20.54	41.79	150m: 2:02.66	42.12	200m: 2:44.13	41.47	
38.	Lotte-Lynn Sterken	De Kikker	200301342				2:40.29	2:45.13	+0,85
	50m: 39.34	39.34	100m: 1:20.80	41.46	150m: 2:04.42	43.62	200m: 2:45.13	40.71	
39.	Marieke Wildeboer	TriVia	200100016				2:32.53	2:45.46	+0,80
	50m: 39.27	39.27	100m: 1:20.30	41.03	150m: 2:02.88	42.58	200m: 2:45.46	42.58	
40.	Noa Teuben	SG FZC54-De Vikings	200500254				2:39.66	2:46.80	+0,73
	50m: 38.14	38.14	100m: 1:21.94	43.80	150m: 2:06.66	44.72	200m: 2:46.80	40.14	
41.	Manon Tiggelaar	ZPC Hoozeveen	200400394				2:43.59	2:47.35	+0,88
	50m: 39.09	39.09	100m: 1:22.20	43.11	150m: 2:05.58	43.38	200m: 2:47.35	41.77	
42.	Ingrid de Vries	de Granaet	200100500				2:42.83	2:47.60	+0,81
	50m: 40.09	40.09	100m: 1:22.95	42.86	150m: 2:06.02	43.07	200m: 2:47.60	41.58	
43.	Britt Gerdes	De Kikker	200201636				2:45.34	2:48.45	+0,84
	50m: 39.18	39.18	100m: 1:21.92	42.74	200m: 2:48.45	1:26.53			
44.	Marinda Top	Zeno	200300460				2:45.28	2:48.61	+0,73
	50m: 39.94	39.94	100m: 1:23.08	43.14	150m: 2:07.62	44.54	200m: 2:48.61	40.99	
45.	Ilse van der Kooi	de Granaet	200202150				2:46.05	2:48.74	
	100m: 1:23.33	1:23.33	200m: 2:48.74	1:25.41					
46.	Joline Koop	Aqua 68	200403174				2:52.63	2:49.07	+0,91
	50m: 40.99	40.99	100m: 1:24.33	43.34	150m: 2:09.60	45.27	200m: 2:49.07	39.47	
47.	Daphne Rockers	De Kikker	200001376				2:40.12	2:49.09	+0,65
	50m: 37.43	37.43	100m: 1:20.51	43.08	150m: 2:04.94	44.43	200m: 2:49.09	44.15	
48.	Arianne de Vries	Aqua 68	200100728				2:43.60	2:49.46	+0,84
	50m: 40.82	40.82	100m: 1:23.04	42.22	150m: 2:07.50	44.46	200m: 2:49.46	41.96	
	Elriecke Buurlage	Zcnf34	200100524				2:46.32	2:49.46	+0,63
	50m: 39.90	39.90	100m: 1:22.30	42.40	150m: 2:06.93	44.63	200m: 2:49.46	42.53	
50.	Elin Manning	Nova	200200982				2:47.23	2:49.62	+0,71
	50m: 39.72	39.72	100m: 1:22.81	43.09	150m: 2:08.52	45.71	200m: 2:49.62	41.10	
51.	Kim Hillen	MZ&PC De Reest	200300364				2:44.47	2:50.26	+0,80
	50m: 38.57	38.57	200m: 2:50.26	2:11.69					
	Denise Dost	ZC Borger	200400190				2:51.22	2:50.26	+0,75
	50m: 40.22	40.22	100m: 1:23.57	43.35	150m: 2:08.15	44.58	200m: 2:50.26	42.11	
53.	Laura Noord	De Wellerobben	200202568				2:45.51	2:50.54	+0,78
	50m: 39.63	39.63	100m: 1:22.93	43.30	150m: 2:06.58	43.65	200m: 2:50.54	43.96	
54.	Janine Schuur	Nova	200302466				2:47.39	2:51.40	+0,82
	50m: 39.01	39.01	100m: 1:23.17	44.16	150m: 2:07.71	44.54	200m: 2:51.40	43.69	
55.	Leah Anakotta	ZPC Hoozeveen	200400802				2:54.25	2:52.02	+0,81
	50m: 39.86	39.86	100m: 1:22.87	43.01	150m: 2:07.66	44.79	200m: 2:52.02	44.36	
56.	Myrthe Idema	TriVia	200303240				2:52.20	2:52.12	+0,80
	50m: 39.62	39.62	100m: 1:23.36	43.74	200m: 2:52.12	1:28.76			

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Rang						In.tijd	Tijd	RT
57.	Esmee van Peer	TriVia	200201114			2:44.83	2:52.34	+0,79
	100m: 1:24.77	1:24.77	200m: 2:52.34	1:27.57				
58.	Chaira Scholte	Z&PC de Inktvis	200304478			2:42.13	2:52.45	
	100m: 1:22.69	1:22.69	200m: 2:52.45	1:29.76				
59.	Willianne Vos	Z&PC de Inktvis	200300050			2:46.22	2:52.68	+0,84
	50m: 41.95	41.95	100m: 1:25.79	43.84	150m: 2:10.40	44.61	200m: 2:52.68	42.28
60.	Lotte Grovenstein	SG FZC54-De Vikings	200102964			2:43.48	2:53.14	+0,77
	50m: 39.56	39.56	100m: 1:23.50	43.94	150m: 2:09.10	45.60	200m: 2:53.14	44.04
61.	Marte Hieke van der Kamp	SG FZC54-De Vikings	200500218			2:50.41	2:53.58	+0,92
	100m: 1:27.31	1:27.31	200m: 2:53.58	1:26.27				
62.	Dyonne Stam	SG FZC54-De Vikings	200200292			2:46.42	2:53.77	+0,87
	50m: 39.66	39.66	100m: 1:23.62	43.96	150m: 2:08.26	44.64	200m: 2:53.77	45.51
63.	Hannah Warris	Aqua 68	200104204			2:47.90	2:54.10	+0,82
	50m: 40.67	40.67	100m: 1:24.81	44.14	150m: 2:10.02	45.21	200m: 2:54.10	44.08
64.	Roos van Duin	ReVeLie Swim Team	200404280			2:52.93	2:54.64	+0,87
	50m: 41.45	41.45	200m: 2:54.64	2:13.19				
65.	Elka Siesling	SG FZC54-De Vikings	200100566			2:44.98	2:55.21	+0,71
	50m: 40.08	40.08	100m: 1:24.55	44.47	150m: 2:11.72	47.17	200m: 2:55.21	43.49
66.	Marijne van der Veen	Orca	200300960			2:50.88	2:55.22	+0,82
	50m: 40.13	40.13	100m: 1:24.14	44.01	150m: 2:10.59	46.45	200m: 2:55.22	44.63
67.	Hanna Oving	De Kikker	200400738			2:53.73	2:55.45	+0,88
	100m: 1:25.34	1:25.34	200m: 2:55.45	1:30.11				
68.	Dominique Dingshoff	ZPC Hoogeveen	200400804			2:55.78	2:55.58	+1,03
	50m: 41.26	41.26	100m: 1:26.74	45.48	150m: 2:11.74	45.00	200m: 2:55.58	43.84
69.	Gerda Woldendorp	SG FZC54-De Vikings	200300418			2:46.00	2:56.08	+0,77
	50m: 41.85	41.85	100m: 1:25.87	44.02	150m: 2:12.38	46.51	200m: 2:56.08	43.70
70.	Meike Regeling	Orca	200401006			2:52.83	2:56.23	+0,93
	50m: 41.20	41.20	100m: 1:26.34	45.14	150m: 2:11.52	45.18	200m: 2:56.23	44.71
71.	Julia Redzimaska	ZPC Hoogeveen	200503384			2:55.90	2:56.72	+0,78
	50m: 41.58	41.58	100m: 1:25.45	43.87	150m: 2:12.40	46.95	200m: 2:56.72	44.32
72.	Lise Kleinbekman	ReVeLie Swim Team	200502870			3:00.58	2:57.09	+0,74
	50m: 42.18	42.18	100m: 1:26.99	44.81	150m: 2:13.46	46.47	200m: 2:57.09	43.63
73.	Nienke Bakker	TriVia	200501178			3:00.69	2:58.52	+0,78
	50m: 41.14	41.14	100m: 1:27.23	46.09	150m: 2:13.64	46.41	200m: 2:58.52	44.88
74.	Merle Stavorinus	de Granaet	200400138			2:50.91	2:58.63	+0,91
	50m: 41.77	41.77	150m: 2:14.40	1:32.63	200m: 2:58.63	44.23		
75.	Annemarijn Damhoff	Z&PC de Inktvis	200501000			2:55.91	2:58.71	+0,82
	50m: 42.35	42.35	200m: 2:58.71	2:16.36				
76.	Fleur Bos	Orca	200500674			2:59.05	3:00.01	+0,73
	50m: 42.15	42.15	100m: 1:28.26	46.11	150m: 2:14.97	46.71	200m: 3:00.01	45.04
77.	Xoe Stuit	ZPCA Eemsrobben (SG)	200400754			2:54.99	3:01.69	+0,75
	50m: 43.33	43.33	100m: 1:30.67	47.34	150m: 2:18.35	47.68	200m: 3:01.69	43.34

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Rang							In.tijd	Tijd	RT			
78.	Annemijn Folkerts	TriVia	200500628				2:54.00	3:02.57	+0,66			
	*											
	50m:	42.76	42.76	100m:	1:29.30	46.54	150m:	2:16.10	46.80	200m:	3:02.57	46.47
79.	Carmen van Klaarbergen	Dz&Pc	200500562				3:03.80	3:03.84	+0,89			
80.	Anna van Eeken	HZ&PC Heerenveen	200401414				2:56.20	3:04.75	+0,91			
	50m:	43.83	43.83	100m:	1:30.97	47.14	200m:	3:04.75	1:33.78			
81.	Charley Zethoven	HZ&PC Heerenveen	200500868				2:56.46	3:04.85	+0,67			
	100m:	1:32.07	1:32.07	200m:	3:04.85	1:32.78						
82.	Amber Boomsma	HZ&PC Heerenveen	200401416				2:56.75	3:04.98	+0,81			
	50m:	43.95	43.95	100m:	1:31.51	47.56	150m:	2:20.55	49.04	200m:	3:04.98	44.43
83.	sterre van der wal	Orca	200502356				3:03.03	3:05.96	+0,75			
	50m:	45.07	45.07	150m:	2:19.74	1:34.67	200m:	3:05.96	46.22			
84.	Naomi Vellinga	Wetterwille	200500504				3:02.72	3:09.05	+0,80			
	*											
	50m:	44.39	44.39	100m:	1:32.60	48.21	150m:	2:22.62	50.02	200m:	3:09.05	46.43
85.	Ellen Altena	TriVia	200300266				2:39.89	3:13.37	+0,74			
	50m:	46.89	46.89	100m:	1:37.29	50.40	150m:	2:26.41	49.12	200m:	3:13.37	46.96
DIS	Sanne Abma	HZ&PC Heerenveen	200200590				2:32.44					
	<i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i>											
DIS	Senna van der Veen	ZPC Hoogeveen	200400072				2:41.12					
	<i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i>											
AFGEM	Sterre-Marit Drok	ZPC Stadskanaal	200400880				2:56.97					