

Programmanr. 19
20-5-2017

Dames, 200m vrije slag

Junioren 1 en ouder
Resultaten

Rang				In.tijd	Tijd	RT
Junioren 1						
1.	Noa Teuben	SG FZC54-De Vikings	200500254	2:21.11	2:24.18	
	100m: 1:09.43	1:09.43	200m: 2:24.18	1:14.75		
2.	Marte Hieke van der Kamp	SG FZC54-De Vikings	200500218	2:36.94	2:32.37	
	100m: 1:15.65	1:15.65	200m: 2:32.37	1:16.72		
3.	Carmen van Klaarbergen	Dz&Pc	200500562	2:41.03	2:40.90	
	100m: 1:18.21	1:18.21	200m: 2:40.90	1:22.69		
4.	Naomi Vellinga	Wetterwille	200500504	2:38.22	2:41.21	
	100m: 1:17.47	1:17.47	200m: 2:41.21	1:23.74		
5.	Charley Zethoven	HZ&PC Heerenveen	200500868	2:38.40	2:45.56	
	100m: 1:21.34	1:21.34	200m: 2:45.56	1:24.22		
6.	Nienke Bakker	TriVia	200501178	2:38.91	2:45.89	
	100m: 1:20.69	1:20.69	200m: 2:45.89	1:25.20		
7.	Rinlaphad Elzinga	de Granaet	200502822	2:41.90	2:47.30	
	100m: 1:22.18	1:22.18	200m: 2:47.30	1:25.12		
8.	Miron Schimmelpenning	ZPC Hoogeveen	200500426	2:39.54	2:47.85	
	100m: 1:21.83	1:21.83	200m: 2:47.85	1:26.02		
Junioren 2						
1.	Charlotte Wilbers	ZPC Hoogeveen	200400312	2:20.21	2:18.19	
	100m: 1:08.22	1:08.22	200m: 2:18.19	1:09.97		
2.	Janna van Kooten	TriVia	200404584	2:12.91	2:19.77	
	100m: 1:07.08	1:07.08	200m: 2:19.77	1:12.69		
3.	Sterre-Marit Drok	ZPC Stadskanaal	200400880	2:21.34	2:25.09	
	100m: 1:10.32	1:10.32	200m: 2:25.09	1:14.77		
4.	Emma Hofstee	TriVia	200401282	2:24.20	2:25.66	
	100m: 1:11.19	1:11.19	200m: 2:25.66	1:14.47		
5.	Merle Stavorinus	de Granaet	200400138	2:29.73	2:30.89	
	100m: 1:14.95	1:14.95	200m: 2:30.89	1:15.94		
6.	Megan Meinds	Nova	200400238	2:27.92	2:32.98	
	100m: 1:13.63	1:13.63	200m: 2:32.98	1:19.35		
7.	Denise Dost	ZC Borger	200400190	2:32.40	2:34.30	
	100m: 1:15.08	1:15.08	200m: 2:34.30	1:19.22		
8.	Senna van der Veen	ZPC Hoogeveen	200400072	2:26.52	2:34.74	
	100m: 1:15.05	1:15.05	200m: 2:34.74	1:19.69		
9.	Dominique Dingshoff	ZPC Hoogeveen	200400804	2:33.76	2:36.93	
	100m: 1:17.45	1:17.45	200m: 2:36.93	1:19.48		
10.	Joline Koop	Aqua 68	200403174	2:32.59	2:37.70	
	100m: 1:17.89	1:17.89	200m: 2:37.70	1:19.81		
11.	Loïs Jalving	HZ&PC Heerenveen	200400280	2:34.61	2:37.72	
	*					

Programmanr. 19, Meisjes, 200m vrije slag, Junioren 2

Rang	100m	200m	In.tijd	Tijd	RT
	100m: 1:16.40	200m: 2:37.72	1:21.32		
12. Leah Anakotta	1:16.08	ZPC Hoogeveen	200400802	2:33.79	2:37.87
	100m: 1:16.08	200m: 2:37.87	1:21.79		
13. Lieke Gerdes	1:14.50	ZC Polaris	200401810	2:32.94	2:39.82
	100m: 1:14.50	200m: 2:39.82	1:25.32		
14. Meike Regeling	1:18.24	Orca	200401006	2:31.10	2:39.92
	100m: 1:18.24	200m: 2:39.92	1:21.68		
15. Manon Tiggelaar	1:19.84	ZPC Hoogeveen	200400394	2:32.62	2:43.26
	100m: 1:19.84	200m: 2:43.26	1:23.42		

Junioren 3

1. Silke Huisman	1:06.48	Orca	200301182	2:13.25	2:15.44
	100m: 1:06.48	200m: 2:15.44	1:08.96		
2. Anna Tinga	1:09.11	De Forel	200302734	2:20.96	2:22.56
	100m: 1:09.11	200m: 2:22.56	1:13.45		
3. Suze Kuipers	1:09.10	Orca	200301714	2:15.50	2:22.60
	100m: 1:09.10	200m: 2:22.60	1:13.50		
4. Mirthe Schenkel	1:09.20	ZPC Hoogeveen	200300666	2:23.60	2:24.34
	100m: 1:09.20	200m: 2:24.34	1:15.14		
5. Brenda Beijering	1:09.01	ZC Borger	200300352	2:24.57	2:24.69
	100m: 1:09.01	200m: 2:24.69	1:15.68		
6. Chantal Tiesinga	1:09.68	TriVia	200302452	2:22.06	2:25.21
	100m: 1:09.68	200m: 2:25.21	1:15.53		
7. Ilse Hoogeveen	1:11.92	Aqua 68	200301140	2:23.65	2:25.60
	100m: 1:11.92	200m: 2:25.60	1:13.68		
8. Marinda Top	1:10.81	Zeno	200300460	2:23.53	2:27.80
	100m: 1:10.81	200m: 2:27.80	1:16.99		
9. Dyan Rothschild	1:12.20	ZC Borger	200300998	2:28.13	2:29.33
	100m: 1:12.20	200m: 2:29.33	1:17.13		
10. Chaïra Scholte	1:12.56	Z&PC de Inktvis	200304478	2:32.06	2:31.14
	100m: 1:12.56	200m: 2:31.14	1:18.58		
11. Myrthe Winkels	1:13.48	TriVia	200300212	2:30.32	2:32.15
	100m: 1:13.48	200m: 2:32.15	1:18.67		
12. Lotte-Lynn Sterken	1:14.39	De Kikker	200301342	2:27.60	2:32.54
	100m: 1:14.39	200m: 2:32.54	1:18.15		
13. Kim Hillen	1:12.46	MZ&PC De Reest	200300364	2:27.89	2:33.25
	100m: 1:12.46	200m: 2:33.25	1:20.79		
14. Sarina Beuker	1:15.26	SG FZC54-De Vikings	200303454	2:31.33	2:34.97
	100m: 1:15.26	200m: 2:34.97	1:19.71		
15. Marijine van der Veen	1:14.96	Orca	200300960	2:27.23	2:35.66
	100m: 1:14.96	200m: 2:35.66	1:20.70		
16. Leonie Rockers	1:15.62	De Kikker	200300256	2:26.47	2:37.16
	100m: 1:15.62	200m: 2:37.16	1:21.54		

Programmanr. 19, Dames, 200m vrije slag

Jeugd 1 en 2

1.	Eline van der Wal	Dz&Pc	200100930	2:09.16	2:12.07
	100m: 1:03.83	1:03.83	200m: 2:12.07	1:08.24	
2.	Lize Janna de Vries	Orca	200101948	2:11.55	2:12.46
	100m: 1:04.74	1:04.74	200m: 2:12.46	1:07.72	
3.	Tessa Kooi	Nova	200201386	2:16.24	2:14.60
	100m: 1:05.03	1:05.03	200m: 2:14.60	1:09.57	
4.	Leonie van Wier	HZ&PC Heerenveen	200200436	2:14.25	2:14.67
	100m: 1:05.50	1:05.50	200m: 2:14.67	1:09.17	
5.	Yara van Kalmthout	Nova	200200984	2:16.74	2:14.96
	100m: 1:06.92	1:06.92	200m: 2:14.96	1:08.04	
6.	Mariëlle Dolfijn	TriVia	200201640	2:11.01	2:15.00
	100m: 1:05.49	1:05.49	200m: 2:15.00	1:09.51	
7.	Amber Koning	ZPCA Eemsrobber (SG200202842		2:12.24	2:16.97
	100m: 1:06.46	1:06.46	200m: 2:16.97	1:10.51	
8.	Femke Wiersma	HZ&PC Heerenveen	200103078	2:11.98	2:17.36
	100m: 1:06.23	1:06.23	200m: 2:17.36	1:11.13	
9.	Kyra Wooldrik	ZPC Hoogeveen	200101042	2:12.56	2:17.52
	100m: 1:06.15	1:06.15	200m: 2:17.52	1:11.37	
10.	Marika de Jong	Avena	200101074	2:13.90	2:18.12
	100m: 1:06.07	1:06.07	200m: 2:18.12	1:12.05	
11.	Inge Dekker	TriVia	200200476	2:15.24	2:19.55
	100m: 1:06.83	1:06.83	200m: 2:19.55	1:12.72	
12.	Eva Willebrands	Orca	200101510	2:13.34	2:19.62
	100m: 1:07.24	1:07.24	200m: 2:19.62	1:12.38	
13.	Fleur Vialle	Nova	200100554	2:22.05	2:19.75
	100m: 1:07.38	1:07.38	200m: 2:19.75	1:12.37	
14.	Dionne Salomons	ZC Borger	200200504	2:17.55	2:20.78
	100m: 1:07.59	1:07.59	200m: 2:20.78	1:13.19	
15.	Zana Udo	De Forel	200202686	2:18.20	2:20.94
	100m: 1:08.87	1:08.87	200m: 2:20.94	1:12.07	
16.	Joyce Kuipers	Orca	200103426	2:16.42	2:22.06
	100m: 1:07.66	1:07.66	200m: 2:22.06	1:14.40	
17.	Lianne van Wier	HZ&PC Heerenveen	200200438	2:13.71	2:22.91
	100m: 1:07.23	1:07.23	200m: 2:22.91	1:15.68	
18.	Sanne Abma	HZ&PC Heerenveen	200200590	2:24.14	2:25.49
	100m: 1:10.62	1:10.62	200m: 2:25.49	1:14.87	
19.	Benthe Knol	ZC Borger	200101574	2:18.82	2:25.55
	100m: 1:09.35	1:09.35	200m: 2:25.55	1:16.20	
20.	Britt Gerdes	De Kikker	200201636	2:19.69	2:28.50
	100m: 1:10.49	1:10.49	200m: 2:28.50	1:18.01	
21.	Elka Siesling	SG FZC54-De Vikings	200100566	2:22.50	2:29.10
	*				
	100m: 1:09.66	1:09.66	200m: 2:29.10	1:19.44	

Programmanr. 19, Meisjes, 200m vrije slag, Jeugd 1 en 2

Rang				In.tijd	Tijd	RT
22.	Myrthe Sietsma	Wetterwille	200203854	2:25.88	2:29.63	
	100m: 1:12.51	1:12.51	200m: 2:29.63	1:17.12		
23.	Sanne Kloezen	ZPC Stadskanaal	200204644	2:25.21	2:29.90	
	100m: 1:11.60	1:11.60	200m: 2:29.90	1:18.30		
24.	Rosa Ebbinge	Dz&Pc	200200904	2:18.97	2:30.77	
	*					
	100m: 1:10.41	1:10.41	200m: 2:30.77	1:20.36		
25.	Joske Sanders	De Kikker	200200634	2:24.98	2:32.98	
	100m: 1:12.71	1:12.71	200m: 2:32.98	1:20.27		
26.	Sigrid Pafforaad	Avena	200201130	2:27.74	2:33.65	
	100m: 1:15.20	1:15.20	200m: 2:33.65	1:18.45		

Senioren 1 en ouder

1.	Marieke Tienstra	TriVia	199900302	2:02.54	2:06.07	
	100m: 1:00.96	1:00.96	200m: 2:06.07	1:05.11		
2.	Laura Setz	Nova	200000130	2:06.19	2:09.45	
	100m: 1:02.42	1:02.42	200m: 2:09.45	1:07.03		
3.	Myrna van Duijven	Dz&Pc	199900252	2:05.03	2:10.25	
	100m: 1:03.15	1:03.15	200m: 2:10.25	1:07.10		
4.	Hinke Groos	Dz&Pc	199901768	2:06.47	2:12.07	
	100m: 1:03.54	1:03.54	200m: 2:12.07	1:08.53		
5.	Alinda Dingshoff	ZPC Hoogeveen	200000928	2:09.12	2:12.75	
	100m: 1:03.76	1:03.76	200m: 2:12.75	1:08.99		
6.	Renée Vanderheyden	ReVeLie Swim Team	199903130	2:15.48	2:15.61	
	100m: 1:04.99	1:04.99	200m: 2:15.61	1:10.62		
7.	Saranda Hofstra	De Kikker	199700526	2:14.28	2:16.42	
	100m: 1:06.46	1:06.46	200m: 2:16.42	1:09.96		
8.	Josien Wijkhuijs	Orca	199902866	2:06.24	2:17.41	
	100m: 1:05.93	1:05.93	200m: 2:17.41	1:11.48		
9.	Danieke van der Kooi	Orca	200000552	2:08.21	2:18.85	
	100m: 1:06.43	1:06.43	200m: 2:18.85	1:12.42		
10.	Hilde Dekker	ReVeLie Swim Team	199901926	2:13.99	2:19.07	
	100m: 1:06.51	1:06.51	200m: 2:19.07	1:12.56		
11.	Luca Ebbinge	Dz&Pc	199802406	2:16.16	2:21.20	
	100m: 1:08.73	1:08.73	200m: 2:21.20	1:12.47		
	Jill Blide	ZPC Hoogeveen	200004734	2:14.50	2:21.20	
	100m: 1:07.52	1:07.52	200m: 2:21.20	1:13.68		
13.	Heline Koning	SG FZC54-De Vikings	200000422	2:23.11	2:23.06	
	100m: 1:09.74	1:09.74	200m: 2:23.06	1:13.32		
14.	Willemein Hoving	TriVia	199800106	2:12.56	2:23.71	
	100m: 1:07.97	1:07.97	200m: 2:23.71	1:15.74		
15.	Froukje Osinga	Orca	200003090	2:18.30	2:24.10	
	100m: 1:08.25	1:08.25	200m: 2:24.10	1:15.85		

Programmanr. 19, Dames, 200m vrije slag, Senioren 1 en ouder

Rang				In.tijd	Tijd	RT
16.	Christien Liemburg	HZ&PC Heerenveen	199903672	2:18.03	2:25.26	
	100m: 1:10.11	1:10.11	200m: 2:25.26	1:15.15		
17.	Anique Coelingh	ZPC Hoozeveen	200000638	2:20.44	2:25.54	
	100m: 1:10.19	1:10.19	200m: 2:25.54	1:15.35		
18.	Myrthe Offenga	SG FZC54-De Vikings	199901874	2:17.53	2:26.33	
	100m: 1:10.59	1:10.59	200m: 2:26.33	1:15.74		
19.	Annemarie Hoving	TriVia	200000248	2:12.23	2:26.97	
	100m: 1:10.01	1:10.01	200m: 2:26.97	1:16.96		
20.	Romy Jalving	HZ&PC Heerenveen	200000616	2:22.82	2:27.86	
	100m: 1:11.35	1:11.35	200m: 2:27.86	1:16.51		
21.	Mayke Veltman	Avena	200003662	2:22.82	2:28.76	
	100m: 1:10.57	1:10.57	200m: 2:28.76	1:18.19		

Algemeen klassement

1.	Marieke Tienstra	TriVia	199900302	2:02.54	2:06.07	
	100m: 1:00.96	1:00.96	200m: 2:06.07	1:05.11		
2.	Laura Setz	Nova	200000130	2:06.19	2:09.45	
	100m: 1:02.42	1:02.42	200m: 2:09.45	1:07.03		
3.	Myrna van Duijven	Dz&Pc	199900252	2:05.03	2:10.25	
	100m: 1:03.15	1:03.15	200m: 2:10.25	1:07.10		
4.	Hinke Groos	Dz&Pc	199901768	2:06.47	2:12.07	
	100m: 1:03.54	1:03.54	200m: 2:12.07	1:08.53		
	Eline van der Wal	Dz&Pc	200100930	2:09.16	2:12.07	
	100m: 1:03.83	1:03.83	200m: 2:12.07	1:08.24		
6.	Lize Janna de Vries	Orca	200101948	2:11.55	2:12.46	
	100m: 1:04.74	1:04.74	200m: 2:12.46	1:07.72		
7.	Alinda Dingshoff	ZPC Hoozeveen	200000928	2:09.12	2:12.75	
	100m: 1:03.76	1:03.76	200m: 2:12.75	1:08.99		
8.	Tessa Kooi	Nova	200201386	2:16.24	2:14.60	
	100m: 1:05.03	1:05.03	200m: 2:14.60	1:09.57		
9.	Leonie van Wier	HZ&PC Heerenveen	200200436	2:14.25	2:14.67	
	100m: 1:05.50	1:05.50	200m: 2:14.67	1:09.17		
10.	Yara van Kalmthout	Nova	200200984	2:16.74	2:14.96	
	100m: 1:06.92	1:06.92	200m: 2:14.96	1:08.04		
11.	Mariëlle Dolfijn	TriVia	200201640	2:11.01	2:15.00	
	100m: 1:05.49	1:05.49	200m: 2:15.00	1:09.51		
12.	Silke Huisman	Orca	200301182	2:13.25	2:15.44	
	100m: 1:06.48	1:06.48	200m: 2:15.44	1:08.96		
13.	Renée Vanderheyden	ReVeLie Swim Team	199903130	2:15.48	2:15.61	
	100m: 1:04.99	1:04.99	200m: 2:15.61	1:10.62		
14.	Saranda Hofstra	De Kikker	199700526	2:14.28	2:16.42	
	100m: 1:06.46	1:06.46	200m: 2:16.42	1:09.96		
15.	Amber Koning	ZPCA Eemsrobben (SG200202842		2:12.24	2:16.97	
	100m: 1:06.46	1:06.46	200m: 2:16.97	1:10.51		

Programmanr. 19, Dames, 200m vrije slag, Algemeen klassement

Rang				In.tijd	Tijd	RT
16.	Femke Wiersma	HZ&PC Heerenveen	200103078	2:11.98	2:17.36	
	100m: 1:06.23	1:06.23	200m: 2:17.36	1:11.13		
17.	Josien Wijkhuijs	Orca	199902866	2:06.24	2:17.41	
	100m: 1:05.93	1:05.93	200m: 2:17.41	1:11.48		
18.	Kyra Wooldrik	ZPC Hoozeveen	200101042	2:12.56	2:17.52	
	100m: 1:06.15	1:06.15	200m: 2:17.52	1:11.37		
19.	Marika de Jong	Avena	200101074	2:13.90	2:18.12	
	100m: 1:06.07	1:06.07	200m: 2:18.12	1:12.05		
20.	Charlotte Wilbers	ZPC Hoozeveen	200400312	2:20.21	2:18.19	
	100m: 1:08.22	1:08.22	200m: 2:18.19	1:09.97		
21.	Danieke van der Kooi	Orca	200000552	2:08.21	2:18.85	
	100m: 1:06.43	1:06.43	200m: 2:18.85	1:12.42		
22.	Hilde Dekker	ReVeLie Swim Team	199901926	2:13.99	2:19.07	
	100m: 1:06.51	1:06.51	200m: 2:19.07	1:12.56		
23.	Inge Dekker	TriVia	200200476	2:15.24	2:19.55	
	100m: 1:06.83	1:06.83	200m: 2:19.55	1:12.72		
24.	Eva Willebrands	Orca	200101510	2:13.34	2:19.62	
	100m: 1:07.24	1:07.24	200m: 2:19.62	1:12.38		
25.	Fleur Vialle	Nova	200100554	2:22.05	2:19.75	
	100m: 1:07.38	1:07.38	200m: 2:19.75	1:12.37		
26.	Janna van Kooten	TriVia	200404584	2:12.91	2:19.77	
	100m: 1:07.08	1:07.08	200m: 2:19.77	1:12.69		
27.	Dionne Salomons	ZC Borger	200200504	2:17.55	2:20.78	
	100m: 1:07.59	1:07.59	200m: 2:20.78	1:13.19		
28.	Zana Udo	De Forel	200202686	2:18.20	2:20.94	
	100m: 1:08.87	1:08.87	200m: 2:20.94	1:12.07		
29.	Luca Ebbinge	Dz&Pc	199802406	2:16.16	2:21.20	
	100m: 1:08.73	1:08.73	200m: 2:21.20	1:12.47		
	Jill Blide	ZPC Hoozeveen	200004734	2:14.50	2:21.20	
	100m: 1:07.52	1:07.52	200m: 2:21.20	1:13.68		
31.	Joyce Kuipers	Orca	200103426	2:16.42	2:22.06	
	100m: 1:07.66	1:07.66	200m: 2:22.06	1:14.40		
32.	Anna Tinga	De Forel	200302734	2:20.96	2:22.56	
	100m: 1:09.11	1:09.11	200m: 2:22.56	1:13.45		
33.	Suze Kuipers	Orca	200301714	2:15.50	2:22.60	
	100m: 1:09.10	1:09.10	200m: 2:22.60	1:13.50		
34.	Lianne van Wier	HZ&PC Heerenveen	200200438	2:13.71	2:22.91	
	100m: 1:07.23	1:07.23	200m: 2:22.91	1:15.68		
35.	Helene Koning	SG FZC54-De Vikings	200000422	2:23.11	2:23.06	
	100m: 1:09.74	1:09.74	200m: 2:23.06	1:13.32		
36.	Willemeijn Hoving	TriVia	199800106	2:12.56	2:23.71	
	100m: 1:07.97	1:07.97	200m: 2:23.71	1:15.74		
37.	Froukje Osinga	Orca	200003090	2:18.30	2:24.10	
	100m: 1:08.25	1:08.25	200m: 2:24.10	1:15.85		

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Rang				In.tijd	Tijd	RT
38.	Noa Teuben	SG FZC54-De Vikings	200500254	2:21.11	2:24.18	
	100m: 1:09.43	1:09.43	200m: 2:24.18	1:14.75		
39.	Mirthe Schenkel	ZPC Hoogeveen	200300666	2:23.60	2:24.34	
	100m: 1:09.20	1:09.20	200m: 2:24.34	1:15.14		
40.	Brenda Beijering	ZC Borger	200300352	2:24.57	2:24.69	
	100m: 1:09.01	1:09.01	200m: 2:24.69	1:15.68		
41.	Sterre-Marit Drok	ZPC Stadskanaal	200400880	2:21.34	2:25.09	
	100m: 1:10.32	1:10.32	200m: 2:25.09	1:14.77		
42.	Chantal Tiesinga	TriVia	200302452	2:22.06	2:25.21	
	100m: 1:09.68	1:09.68	200m: 2:25.21	1:15.53		
43.	Christien Liemburg	HZ&PC Heerenveen	199903672	2:18.03	2:25.26	
	100m: 1:10.11	1:10.11	200m: 2:25.26	1:15.15		
44.	Sanne Abma	HZ&PC Heerenveen	200200590	2:24.14	2:25.49	
	100m: 1:10.62	1:10.62	200m: 2:25.49	1:14.87		
45.	Anique Coelingh	ZPC Hoogeveen	200000638	2:20.44	2:25.54	
	100m: 1:10.19	1:10.19	200m: 2:25.54	1:15.35		
46.	Benthe Knol	ZC Borger	200101574	2:18.82	2:25.55	
	100m: 1:09.35	1:09.35	200m: 2:25.55	1:16.20		
47.	Ilse Hoogeveen	Aqua 68	200301140	2:23.65	2:25.60	
	100m: 1:11.92	1:11.92	200m: 2:25.60	1:13.68		
48.	Emma Hofstee	TriVia	200401282	2:24.20	2:25.66	
	100m: 1:11.19	1:11.19	200m: 2:25.66	1:14.47		
49.	Myrthe Offenga	SG FZC54-De Vikings	199901874	2:17.53	2:26.33	
	100m: 1:10.59	1:10.59	200m: 2:26.33	1:15.74		
50.	Annemarie Hoving	TriVia	200000248	2:12.23	2:26.97	
	100m: 1:10.01	1:10.01	200m: 2:26.97	1:16.96		
51.	Marinda Top	Zeno	200300460	2:23.53	2:27.80	
	100m: 1:10.81	1:10.81	200m: 2:27.80	1:16.99		
52.	Romy Jalving	HZ&PC Heerenveen	200000616	2:22.82	2:27.86	
	100m: 1:11.35	1:11.35	200m: 2:27.86	1:16.51		
53.	Britt Gerdes	De Kikker	200201636	2:19.69	2:28.50	
	100m: 1:10.49	1:10.49	200m: 2:28.50	1:18.01		
54.	Mayke Veltman	Avena	200003662	2:22.82	2:28.76	
	100m: 1:10.57	1:10.57	200m: 2:28.76	1:18.19		
55.	Elka Siesling	SG FZC54-De Vikings	200100566	2:22.50	2:29.10	
	100m: 1:09.66	1:09.66	200m: 2:29.10	1:19.44		
56.	Dyan Rothschild	ZC Borger	200300998	2:28.13	2:29.33	
	100m: 1:12.20	1:12.20	200m: 2:29.33	1:17.13		
57.	Myrthe Sietsma	Wetterwille	200203854	2:25.88	2:29.63	
	100m: 1:12.51	1:12.51	200m: 2:29.63	1:17.12		
58.	Sanne Kloezen	ZPC Stadskanaal	200204644	2:25.21	2:29.90	
	100m: 1:11.60	1:11.60	200m: 2:29.90	1:18.30		

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Rang				In.tijd	Tijd	RT
59.	Rosa Ebbinge	Dz&Pc	200200904	2:18.97	2:30.77	
	*					
	100m:	1:10.41	1:10.41	200m:	2:30.77	1:20.36
60.	Merle Stavorinus	de Granaet	200400138	2:29.73	2:30.89	
	100m:	1:14.95	1:14.95	200m:	2:30.89	1:15.94
61.	Chaira Scholte	Z&PC de Inktvis	200304478	2:32.06	2:31.14	
	100m:	1:12.56	1:12.56	200m:	2:31.14	1:18.58
62.	Myrthe Winkels	TriVia	200300212	2:30.32	2:32.15	
	100m:	1:13.48	1:13.48	200m:	2:32.15	1:18.67
63.	Marte Hieke van der Kamp	SG FZC54-De Vikings	200500218	2:36.94	2:32.37	
	100m:	1:15.65	1:15.65	200m:	2:32.37	1:16.72
64.	Lotte-Lynn Sterken	De Kikker	200301342	2:27.60	2:32.54	
	100m:	1:14.39	1:14.39	200m:	2:32.54	1:18.15
65.	Joske Sanders	De Kikker	200200634	2:24.98	2:32.98	
	100m:	1:12.71	1:12.71	200m:	2:32.98	1:20.27
	Megan Meinds	Nova	200400238	2:27.92	2:32.98	
	100m:	1:13.63	1:13.63	200m:	2:32.98	1:19.35
67.	Kim Hillen	MZ&PC De Reest	200300364	2:27.89	2:33.25	
	100m:	1:12.46	1:12.46	200m:	2:33.25	1:20.79
68.	Sigrid Pafforaad	Avena	200201130	2:27.74	2:33.65	
	100m:	1:15.20	1:15.20	200m:	2:33.65	1:18.45
69.	Denise Dost	ZC Borger	200400190	2:32.40	2:34.30	
	100m:	1:15.08	1:15.08	200m:	2:34.30	1:19.22
70.	Senna van der Veen	ZPC Hoogeveen	200400072	2:26.52	2:34.74	
	100m:	1:15.05	1:15.05	200m:	2:34.74	1:19.69
71.	Sarina Beuker	SG FZC54-De Vikings	200303454	2:31.33	2:34.97	
	100m:	1:15.26	1:15.26	200m:	2:34.97	1:19.71
72.	Marijine van der Veen	Orca	200300960	2:27.23	2:35.66	
	100m:	1:14.96	1:14.96	200m:	2:35.66	1:20.70
73.	Dominique Dingshoff	ZPC Hoogeveen	200400804	2:33.76	2:36.93	
	100m:	1:17.45	1:17.45	200m:	2:36.93	1:19.48
74.	Leonie Rockers	De Kikker	200300256	2:26.47	2:37.16	
	100m:	1:15.62	1:15.62	200m:	2:37.16	1:21.54
75.	Joline Koop	Aqua 68	200403174	2:32.59	2:37.70	
	100m:	1:17.89	1:17.89	200m:	2:37.70	1:19.81
76.	Lois Jalving	HZ&PC Heerenveen	200400280	2:34.61	2:37.72	
	*					
	100m:	1:16.40	1:16.40	200m:	2:37.72	1:21.32
77.	Leah Anakotta	ZPC Hoogeveen	200400802	2:33.79	2:37.87	
	100m:	1:16.08	1:16.08	200m:	2:37.87	1:21.79
78.	Lieke Gerdes	ZC Polaris	200401810	2:32.94	2:39.82	
	100m:	1:14.50	1:14.50	200m:	2:39.82	1:25.32

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Rang				In.tijd	Tijd	RT
79.	Meike Regeling	Orca	200401006	2:31.10	2:39.92	
	100m: 1:18.24	1:18.24	200m: 2:39.92	1:21.68		
80.	Carmen van Klaarbergen	Dz&Pc	200500562	2:41.03	2:40.90	
	100m: 1:18.21	1:18.21	200m: 2:40.90	1:22.69		
81.	Naomi Vellinga	Wetterwille	200500504	2:38.22	2:41.21	
	100m: 1:17.47	1:17.47	200m: 2:41.21	1:23.74		
82.	Manon Tiggelaar	ZPC Hoogeveen	200400394	2:32.62	2:43.26	
	100m: 1:19.84	1:19.84	200m: 2:43.26	1:23.42		
83.	Charley Zethoven	HZ&PC Heerenveen	200500868	2:38.40	2:45.56	
	100m: 1:21.34	1:21.34	200m: 2:45.56	1:24.22		
84.	Nienke Bakker	TriVia	200501178	2:38.91	2:45.89	
	100m: 1:20.69	1:20.69	200m: 2:45.89	1:25.20		
85.	Rinlaphad Elzinga	de Granaet	200502822	2:41.90	2:47.30	
	100m: 1:22.18	1:22.18	200m: 2:47.30	1:25.12		
86.	Miron Schimmelpenning	ZPC Hoogeveen	200500426	2:39.54	2:47.85	
	100m: 1:21.83	1:21.83	200m: 2:47.85	1:26.02		