

Programmanr. 10
20-5-2017

Dames, 200m wisselslag

Junioren 1 en ouder
Resultaten

Rang							In.tijd	Tijd	RT
Junioren 1									
1.	Marte Hieke van der Kamp	SG FZC54-De Vikings	200500218				2:55.42	2:58.57	+0,84
	100m:	1:25.56	1:25.56	200m:	2:58.57	1:33.01			
2.	Nienke Bakker	TriVia	200501178				2:55.88	3:01.61	+0,86
	50m:	38.34	38.34	100m:	1:24.01	45.67	150m:	2:22.24	58.23
				200m:	3:01.61	39.37			
3.	Debbie Wray	SG. Bolsward-Workum	200501314				3:05.23	3:03.84	+0,80
	50m:	39.99	39.99	100m:	1:27.60	47.61	150m:	2:20.39	52.79
				200m:	3:03.84	43.45			
4.	Maike van der Heide	de Granaet	200500828				3:06.90	3:04.71	+0,76
	50m:	40.23	40.23	100m:	1:26.88	46.65	150m:	2:23.64	56.76
				200m:	3:04.71	41.07			
5.	Lise Kleinbekman	ReVeLie Swim Team	200502870				3:10.51	3:05.19	+0,76
	50m:	42.56	42.56	100m:	1:29.18	46.62	150m:	2:21.98	52.80
				200m:	3:05.19	43.21			
6.	Carmen van Klaarbergen	Dz&Pc	200500562				3:05.96	3:06.50	+0,81
	50m:	43.50	43.50	100m:	1:29.18	45.68	150m:	2:24.34	55.16
				200m:	3:06.50	42.16			
7.	Annemijn Folkerts	TriVia	200500628				2:58.41	3:07.17	+0,74
	100m:	1:26.53	1:26.53	200m:	3:07.17	1:40.64			
8.	Daniëlle Cosse	Bubble	200500448				3:04.82	3:07.22	+0,79
	100m:	1:33.14	1:33.14	200m:	3:07.22	1:34.08			
9.	Annemarijn Damhoff	Z&PC de Inktvis	200501000				3:04.70	3:08.61	+0,93
	50m:	39.35	39.35	100m:	1:25.32	45.97	150m:	2:26.85	1:01.53
				200m:	3:08.61	41.76			
10.	Rinlaphad Elzinga	de Granaet	200502822				3:03.98	3:08.74	+1,02
	50m:	39.95	39.95	100m:	1:27.31	47.36	150m:	2:26.55	59.24
				200m:	3:08.74	42.19			
11.	sterre van der wal	Orca	200502356				3:11.75	3:09.21	+0,82
	50m:	46.16	46.16	100m:	1:32.51	46.35	150m:	2:27.01	54.50
				200m:	3:09.21	42.20			
12.	Fleur Bos	Orca	200500674				3:10.14	3:09.29	+0,76
	50m:	43.54	43.54	100m:	1:31.58	48.04	150m:	2:25.64	54.06
				200m:	3:09.29	43.65			
13.	Miron Schimmelpenning	ZPC Hoogeveen	200500426				3:07.30	3:09.90	+0,94
	100m:	1:35.03	1:35.03	200m:	3:09.90	1:34.87			
14.	Charley Zethoven	HZ&PC Heerenveen	200500868				3:07.29	3:10.01	+0,53
	50m:	42.28	42.28	100m:	1:30.04	47.76	150m:	2:28.28	58.24
				200m:	3:10.01	41.73			
15.	Naomi Vellinga	Wetterwille	200500504				3:07.51	3:10.21	+0,82
	50m:	42.08	42.08	100m:	1:30.39	48.31	150m:	2:29.89	59.50
				200m:	3:10.21	40.32			
16.	Julia Redzimska	ZPC Hoogeveen	200503384				3:10.43	3:11.83	
	50m:	2:26.87	2:26.87	100m:	1:32.26		200m:	3:11.83	1:39.57
17.	Jill Rumph	MZ&PC De Reest	200500436				3:07.96	3:12.06	+0,84
	50m:	45.70	45.70	100m:	1:39.31	53.61	150m:	2:29.47	50.16
				200m:	3:12.06	42.59			
18.	Amber van Dijk	Gzww	200502162				3:06.24	3:16.82	+0,86
	50m:	44.82	44.82	100m:	1:36.79	51.97	150m:	2:32.29	55.50
				200m:	3:16.82	44.53			
19.	Marylly Kaijser	ZC Borger	200501080				3:13.14	3:19.78	+0,88
	50m:	49.87	49.87	100m:	1:41.82	51.95	150m:	2:37.48	55.66
				200m:	3:19.78	42.30			

Programmanr. 10, Dames, 200m wisselslag

Junioren 2

1.	Veerle Nieborg	TriVia	200400428	2:35.28	2:39.52	+0,90
	50m: 34.20	34.20	100m: 1:16.37	42.17	150m: 2:02.73	46.36
						200m: 2:39.52
						36.79
2.	Janna van Kooten	TriVia	200404584	2:41.44	2:40.55	+0,88
	50m: 34.37	34.37	100m: 1:17.17	42.80	150m: 2:04.63	47.46
						200m: 2:40.55
						35.92
3.	Emma Hofstee	TriVia	200401282	2:42.80	2:41.46	+0,80
	50m: 33.03	33.03	100m: 1:15.63	42.60	150m: 2:01.12	45.49
						200m: 2:41.46
						40.34
4.	Myrthe Natzijl	De Kikker	200400076	2:33.66	2:42.20	+0,90
	50m: 34.65	34.65	100m: 1:16.20	41.55	150m: 2:04.63	48.43
						200m: 2:42.20
						37.57
5.	Sterre-Marit Drok	ZPC Stadskanaal	200400880	2:44.11	2:45.00	+0,68
	50m: 33.64	33.64	100m: 1:18.65	45.01	150m: 2:07.57	48.92
						200m: 2:45.00
						37.43
6.	Danique Slaper	TriVia	200401914	2:46.32	2:47.23	+0,70
	50m: 38.07	38.07	100m: 1:20.78	42.71	150m: 2:10.83	50.05
						200m: 2:47.23
						36.40
7.	Charlotte Wilbers	ZPC Hogeveen	200400312	2:47.63	2:49.09	+0,78
	50m: 38.88	38.88	100m: 1:21.35	42.47	150m: 2:14.06	52.71
						200m: 2:49.09
						35.03
8.	Kyomi Groenhart	Dz&Pc	200400628	2:44.71	2:51.11	+0,76
	50m: 38.29	38.29	100m: 1:20.45	42.16	150m: 2:12.07	51.62
						200m: 2:51.11
						39.04
9.	Megan Meinds	Nova	200400238	3:06.17	2:51.81	+0,73
	50m: 36.91	36.91	100m: 1:22.37	45.46	150m: 2:12.59	50.22
						200m: 2:51.81
						39.22
10.	Senna van der Veen	ZPC Hogeveen	200400072	2:53.97	2:53.21	+0,81
	50m: 38.75	38.75	100m: 1:20.86	42.11	150m: 2:15.59	54.73
						200m: 2:53.21
						37.62
11.	Joline Koop	Aqua 68	200403174	2:59.14	2:55.77	+0,86
	50m: 38.28	38.28	100m: 1:22.07	43.79	150m: 2:15.58	53.51
						200m: 2:55.77
						40.19
12.	Lieke Gerdes	ZC Polaris	200401810	2:52.06	2:56.26	+0,83
	50m: 37.66	37.66	100m: 1:23.79	46.13	150m: 2:14.55	50.76
						200m: 2:56.26
						41.71
13.	Hanna Oving	De Kikker	200400738	2:53.12	2:56.48	+0,87
	50m: 37.79	37.79	100m: 1:23.36	45.57	150m: 2:17.53	54.17
						200m: 2:56.48
						38.95
14.	Roos van Duin	ReVeLie Swim Team	200404280	2:59.58	2:57.11	+1,04
	50m: 37.40	37.40	100m: 1:24.39	46.99	150m: 2:19.56	55.17
						200m: 2:57.11
						37.55
15.	Merle Stavorinus	de Granaet	200400138	2:58.40	2:57.17	+0,85
	50m: 39.24	39.24	100m: 1:24.66	45.42	150m: 2:20.13	55.47
						200m: 2:57.17
						37.04
16.	Meike Regeling	Orca	200401006	2:52.16	2:57.96	+0,76
	50m: 38.49	38.49	100m: 1:22.58	44.09	150m: 2:15.92	53.34
						200m: 2:57.96
						42.04
17.	Denise Dost	ZC Borger	200400190	2:57.42	2:58.16	
	50m: 40.46	40.46	100m: 1:24.99	44.53	150m: 2:18.44	53.45
						200m: 2:58.16
						39.72
18.	Manon Tiggelaar	ZPC Hogeveen	200400394	2:55.45	2:59.40	+0,92
	50m: 43.39	43.39	100m: 1:27.18	43.79	150m: 2:19.37	52.19
						200m: 2:59.40
						40.03
19.	Xoe Stuu	ZPCA Eemsrobbe	(SG)200400754	2:59.88	3:00.26	+0,95
	50m: 38.94	38.94	100m: 1:25.62	46.68	150m: 2:20.11	54.49
						200m: 3:00.26
						40.15
20.	Leah Anakotta	ZPC Hogeveen	200400802	3:01.72	3:00.62	+0,78
	50m: 40.67	40.67	100m: 1:26.31	45.64	150m: 2:20.47	54.16
						200m: 3:00.62
						40.15
21.	Amber Boomsma	HZ&PC Heerenveen	200401416	3:00.39	3:04.45	+0,74
	50m: 45.06	45.06	100m: 1:31.74	46.68	150m: 2:24.34	52.60
						200m: 3:04.45
						40.11

Programmanr. 10, Meisjes, 200m wisselslag, Junioren 2

Rang								In.tijd	Tijd	RT
22.	Marlies Berends	HZ&PC Heerenveen	200402194					2:56.74	3:04.75	+0,76
	50m: 38.82	38.82	100m: 1:24.05	45.23	150m: 2:22.03	57.98	200m: 3:04.75	42.72		
23.	Loïs Jalving	HZ&PC Heerenveen	200400280					3:00.29	3:05.43	+0,84
	50m: 41.31	41.31	100m: 1:27.49	46.18	150m: 2:25.36	57.87	200m: 3:05.43	40.07		
24.	Danique Rootinck	Zeno	200402024					3:00.28	3:06.24	+0,79
	50m: 43.12	43.12	100m: 1:33.29	50.17	150m: 2:25.52	52.23	200m: 3:06.24	40.72		
25.	Anna van Eeken	HZ&PC Heerenveen	200401414					3:01.05	3:08.65	+0,85
	50m: 44.57	44.57	100m: 1:36.12	51.55	150m: 2:24.94	48.82	200m: 3:08.65	43.71		
26.	Lieke Visser	de Granaet	200400666					3:00.24	3:08.67	
	50m: 42.89	42.89	100m: 1:30.95	48.06	150m: 2:26.32	55.37	200m: 3:08.67	42.35		
27.	Iris Eisenga	TriVia	200401254					3:03.79	3:08.78	
	50m: 43.14	43.14	100m: 1:32.84	49.70	150m: 2:24.77	51.93	200m: 3:08.78	44.01		
28.	Esmée Mulder	Orca	200402924					3:03.89	3:09.15	+0,74
	50m: 43.17	43.17	100m: 1:33.20	50.03	150m: 2:28.13	54.93	200m: 3:09.15	41.02		
29.	Rianne Beuker	SG FZC54-De Vikings	200402560					3:06.02	3:14.01	+0,70
	50m: 44.49	44.49	100m: 1:35.98	51.49	150m: 2:28.93	52.95	200m: 3:14.01	45.08		

Junioren 3

1.	Silke Huisman	Orca	200301182					2:26.19	2:30.44	+0,73
	50m: 33.10	33.10	100m: 1:12.81	39.71	150m: 1:56.08	43.27	200m: 2:30.44	34.36		
2.	Suze Kuipers	Orca	200301714					2:31.58	2:38.94	+1,00
	50m: 33.34	33.34	100m: 1:12.17	38.83	150m: 2:01.81	49.64	200m: 2:38.94	37.13		
3.	Mirthe Schenkel	ZPC Hoogeveen	200300666					2:46.78	2:42.24	+0,87
	50m: 39.10	39.10	100m: 1:22.57	43.47	150m: 2:04.69	42.12	200m: 2:42.24	37.55		
4.	Anna Tinga	De Forel	200302734					2:39.92	2:44.73	+0,82
	50m: 36.17	36.17	100m: 1:17.10	40.93	150m: 2:09.06	51.96	200m: 2:44.73	35.67		
5.	Dyan Rothschild	ZC Borger	200300998					2:40.55	2:45.40	+0,70
	50m: 37.08	37.08	100m: 1:18.84	41.76	150m: 2:09.46	50.62	200m: 2:45.40	35.94		
6.	Brenda Beijering	ZC Borger	200300352					2:41.00	2:45.42	+0,82
	50m: 35.20	35.20	100m: 1:17.39	42.19	150m: 2:08.46	51.07	200m: 2:45.42	36.96		
7.	Ilse Hoogeveen	Aqua 68	200301140					2:44.70	2:47.26	+0,75
	50m: 34.59	34.59	100m: 1:16.93	42.34	150m: 2:09.07	52.14	200m: 2:47.26	38.19		
8.	Chantal Tiesinga	TriVia	200302452					2:45.73	2:49.41	+0,79
	50m: 34.90	34.90	100m: 1:19.09	44.19	150m: 2:10.60	51.51	200m: 2:49.41	38.81		
9.	Myrthe Idema	TriVia	200303240					2:54.55	2:50.20	+0,80
	50m: 36.67	36.67	100m: 1:22.06	45.39	150m: 2:10.35	48.29	200m: 2:50.20	39.85		
10.	Lotte-Lynn Sterken	De Kikker	200301342					2:54.92	2:51.78	+1,04
	50m: 39.77	39.77	100m: 1:22.99	43.22	150m: 2:13.43	50.44	200m: 2:51.78	38.35		
11.	Sarina Beuker	SG FZC54-De Vikings	200303454					2:46.74	2:53.05	+0,76
	50m: 35.86	35.86	100m: 1:21.82	45.96	150m: 2:13.40	51.58	200m: 2:53.05	39.65		
12.	Ellen Altena	TriVia	200300266					2:42.77	2:53.34	+0,73
	50m: 36.38	36.38	100m: 1:22.84	46.46	150m: 2:10.34	47.50	200m: 2:53.34	43.00		
13.	Marinda Top	Zeno	200300460					2:49.98	2:53.76	+0,80
	50m: 39.56	39.56	100m: 1:22.91	43.35	150m: 2:16.95	54.04	200m: 2:53.76	36.81		

Programmanr. 10, Meisjes, 200m wisselslag, Junioren 3

Rang						In.tijd	Tijd	RT
14.	Myrthe Winkels	TriVia	200300212			2:54.18	2:54.15	+0,82
	50m: 39.54	39.54	100m: 1:26.61	47.07	150m: 2:15.00	48.39	200m: 2:54.15	39.15
15.	Sigrid Hoogland	De Forel	200301976			2:45.75	2:54.66	+0,74
	50m: 38.83	38.83	100m: 1:22.51	43.68	150m: 2:11.54	49.03	200m: 2:54.66	43.12
16.	Marijine van der Veen	Orca	200300960			2:50.50	2:55.01	+0,91
	50m: 38.27	38.27	100m: 1:23.87	45.60	150m: 2:14.51	50.64	200m: 2:55.01	40.50
17.	Yvonne Kuipers	Zeno	200303078			2:51.53	2:57.55	+0,85
	50m: 38.73	38.73	100m: 1:25.90	47.17	150m: 2:17.03	51.13	200m: 2:57.55	40.52
18.	Janine Schuur	Nova	200302466			2:58.07	2:57.81	+0,89
	50m: 40.34	40.34	100m: 1:25.49	45.15	150m: 2:18.75	53.26	200m: 2:57.81	39.06
19.	Willianne Vos	Z&PC de Inktvis	200300050			2:48.39	2:58.27	+0,75
	50m: 37.75	37.75	100m: 1:25.58	47.83	150m: 2:18.53	52.95	200m: 2:58.27	39.74
20.	Kim Hillen	MZ&PC De Reest	200300364			2:50.73	2:58.56	+0,81
	50m: 38.48	38.48	100m: 1:22.27	43.79	150m: 2:17.65	55.38	200m: 2:58.56	40.91
21.	Leonie Rockers	De Kikker	200300256			2:52.62	2:59.33	+0,82
	50m: 37.61	37.61	100m: 1:28.68	51.07	150m: 2:17.64	48.96	200m: 2:59.33	41.69
22.	Chaïra Scholte	Z&PC de Inktvis	200304478			2:51.30	2:59.77	+0,87
	50m: 37.92	37.92	100m: 1:23.19	45.27	150m: 2:17.58	54.39	200m: 2:59.77	42.19
23.	Marrit Tiekstra	Orca	200301796			2:57.57	3:00.95	+0,76
	50m: 36.11	36.11	100m: 1:23.04	46.93	150m: 2:18.60	55.56	200m: 3:00.95	42.35
24.	Gerda Woldendorp	SG FZC54-De Vikings	200300418			2:54.37	3:01.61	+0,79
	50m: 39.83	39.83	100m: 1:26.60	46.77	150m: 2:20.56	53.96	200m: 3:01.61	41.05
25.	Marieke Wind	Nova	200300178			2:55.78	3:03.05	+0,77
	50m: 42.42	42.42	100m: 1:28.64	46.22	150m: 2:25.59	56.95	200m: 3:03.05	37.46
26.	Anouk Veeninga	De Spatters	200300048			3:00.44	3:04.65	+0,78
	100m: 1:30.50	1:30.50	200m: 3:04.65	1:34.15				
27.	Lynke Haan	Z&PC de Inktvis	200301688			2:56.15	3:05.03	+0,81
	100m: 1:28.13	1:28.13	200m: 3:05.03	1:36.90				
28.	Anouk Miedema	Avena	200302736			3:00.69	3:06.45	+0,90
	50m: 42.22	42.22	100m: 1:34.17	51.95	150m: 2:27.68	53.51	200m: 3:06.45	38.77
DIS	Tove Beltman	Orca	200301618			2:55.82		
	<i>RH - Het eindpunt niet in rugligging aangeraakt.</i>							

Jeugd 1 en 2

1.	Eline van der Wal	Dz&Pc	200100930			2:28.43	2:29.31	+0,71
	50m: 32.95	32.95	100m: 1:10.02	37.07	150m: 1:54.97	44.95	200m: 2:29.31	34.34
2.	Lize Janna de Vries	Orca	200101948			2:28.42	2:30.65	+0,76
	50m: 31.42	31.42	100m: 1:11.42	40.00	150m: 1:56.87	45.45	200m: 2:30.65	33.78
3.	Wiktoria Redzimska	ZPC Hoogeveen	200106042			2:31.59	2:32.07	+0,79
	50m: 32.93	32.93	100m: 1:12.02	39.09	150m: 1:57.13	45.11	200m: 2:32.07	34.94
4.	Brit Brandsma	De Forel	200100026			2:29.82	2:35.67	+0,73
	50m: 32.92	32.92	100m: 1:12.59	39.67	150m: 1:58.71	46.12	200m: 2:35.67	36.96
5.	Ilona Venema	ReVeLie Swim Team	200200050	SM10		2:38.47	2:37.20	+0,81
	50m: 33.32	33.32	100m: 1:11.93	38.61	150m: 2:01.34	49.41	200m: 2:37.20	35.86

Programmanr. 10, Meisjes, 200m wisselslag, Jeugd 1 en 2

Rang					In.tijd	Tijd	RT	
6.	Lisanne Boets	Nova	200200346		2:37.26	2:38.04	+0,87	
	50m: 34.47	34.47	100m: 1:16.56	42.09	150m: 2:01.43	44.87	200m: 2:38.04	36.61
7.	Inge Dekker	TriVia	200200476		2:40.47	2:38.33	+0,80	
	50m: 34.55	34.55	100m: 1:15.69	41.14	150m: 2:03.19	47.50	200m: 2:38.33	35.14
8.	Marika de Jong	Avena	200101074		2:31.74	2:38.70	+0,88	
	50m: 33.31	33.31	100m: 1:15.11	41.80	150m: 2:02.07	46.96	200m: 2:38.70	36.63
9.	Fleur Vialle	Nova	200100554		2:40.88	2:38.84	+0,73	
	50m: 33.49	33.49	100m: 1:14.36	40.87	150m: 2:03.73	49.37	200m: 2:38.84	35.11
10.	Mariëlle Dolfijn	TriVia	200201640		2:33.84	2:41.31	+0,82	
	50m: 33.42	33.42	100m: 1:16.89	43.47	150m: 2:04.92	48.03	200m: 2:41.31	36.39
11.	Zana Udo	De Forel	200202686		2:39.21	2:44.04	+0,73	
	50m: 33.30	33.30	100m: 1:15.30	42.00	150m: 2:06.49	51.19	200m: 2:44.04	37.55
12.	Kyra Wooldrik	ZPC Hoozeveen	200101042		2:42.91	2:46.37	+0,81	
	50m: 35.12	35.12	100m: 1:18.42	43.30	150m: 2:08.13	49.71	200m: 2:46.37	38.24
13.	Britt Gerdes	De Kikker	200201636		2:49.96	2:47.50	+0,82	
	50m: 36.20	36.20	100m: 1:18.78	42.58	150m: 2:08.99	50.21	200m: 2:47.50	38.51
14.	Myrthe Sietsma	Wetterwille	200203854		2:42.05	2:47.56	+0,72	
	50m: 34.47	34.47	100m: 1:19.24	44.77	150m: 2:09.51	50.27	200m: 2:47.56	38.05
15.	Luka Stoker	Nova	200200558		2:46.78	2:48.05	+0,95	
	50m: 37.17	37.17	100m: 1:21.31	44.14	150m: 2:07.81	46.50	200m: 2:48.05	40.24
16.	Lot Burgstra	TriVia	200103294		2:42.37	2:48.13	+0,75	
	50m: 35.46	35.46	100m: 1:21.76	46.30	150m: 2:09.12	47.36	200m: 2:48.13	39.01
17.	Laura Noord	De Wellerobben	200202568		2:46.80	2:48.99	+0,76	
	50m: 36.62	36.62	100m: 1:19.09	42.47	150m: 2:08.79	49.70	200m: 2:48.99	40.20
18.	Masha Polushkina	ReVeLie Swim Team	200203064		2:42.90	2:50.29	+0,80	
	50m: 35.68	35.68	100m: 1:20.17	44.49	150m: 2:13.00	52.83	200m: 2:50.29	37.29
19.	Esmee van Peer	TriVia	200201114		2:48.98	2:50.98	+0,64	
	50m: 37.07	37.07	100m: 1:22.56	45.49	150m: 2:11.79	49.23	200m: 2:50.98	39.19
20.	Desanka Stoppels	ZPCA Eemsrobbe (SG)	200101362		2:45.16	2:51.49	+0,84	
	50m: 35.68	35.68	100m: 1:23.53	47.85	150m: 2:11.13	47.60	200m: 2:51.49	40.36
21.	Ingrid de Vries	de Granaet	200100500		2:46.61	2:51.82	+0,94	
	50m: 37.90	37.90	100m: 1:22.64	44.74	150m: 2:12.24	49.60	200m: 2:51.82	39.58
22.	Ylsa Dijkstra	Dz&Pc	200200728		2:41.48	2:53.43	+0,74	
	50m: 37.73	37.73	100m: 1:19.72	41.99	150m: 2:14.96	55.24	200m: 2:53.43	38.47
23.	Sanne Kloezen	ZPC Stadskanaal	200204644		2:47.50	2:54.29	+0,83	
	50m: 38.59	38.59	100m: 1:25.22	46.63	150m: 2:15.13	49.91	200m: 2:54.29	39.16
24.	Anneke vd Laan	Orca	200201154		2:48.55	2:55.66	+0,83	
	50m: 35.53	35.53	100m: 1:26.13	50.60	150m: 2:14.10	47.97	200m: 2:55.66	41.56
25.	Afke van Zijverden	SG. Bolsward-Workum	200100296		2:53.69	2:55.79	+0,80	
	50m: 36.43	36.43	100m: 1:20.84	44.41	150m: 2:16.52	55.68	200m: 2:55.79	39.27
26.	Roeliene Bouwman	De Spatters	200205106		2:51.32	2:56.42	+0,78	
	50m: 38.61	38.61	100m: 1:26.24	47.63	150m: 2:15.64	49.40	200m: 2:56.42	40.78
27.	Chayenne Battjes	Z&PC de Inktvis	200200092		2:48.29	2:56.57	+0,77	
	50m: 37.16	37.16	100m: 1:24.71	47.55	150m: 2:15.99	51.28	200m: 2:56.57	40.58

Programmanr. 10, Meisjes, 200m wisselslag, Jeugd 1 en 2

Rang							In.tijd	Tijd	RT
28.	Luna van den Ende	SG FZC54-De Vikings	200201518				2:49.15	2:57.17	+0,76
	50m: 35.74	35.74	100m: 1:21.08	45.34	150m: 2:15.06	53.98	200m: 2:57.17	42.11	
29.	Lotte Grovenstein	SG FZC54-De Vikings	200102964				2:51.43	2:57.27	+0,84
	50m: 38.04	38.04	100m: 1:23.37	45.33	150m: 2:20.16	56.79	200m: 2:57.27	37.11	
30.	Esmee Kloezen	ZPC Stadskanaal	200204646				2:55.46	2:58.43	+0,83
	50m: 39.67	39.67	100m: 1:26.95	47.28	150m: 2:17.31	50.36	200m: 2:58.43	41.12	
31.	Lotte van Hof	de Granaet	200202640				2:54.26	2:58.64	+0,81
	50m: 40.85	40.85	100m: 1:27.33	46.48	150m: 2:19.73	52.40	200m: 2:58.64	38.91	
32.	Liza Scheenstra	SG FZC54-De Vikings	200104276				2:48.28	2:58.66	+0,87
	50m: 38.88	38.88	100m: 1:24.34	45.46	150m: 2:18.50	54.16	200m: 2:58.66	40.16	
33.	Irana Remmelts	Aqua 68	200102486				2:52.01	2:58.67	+0,79
	50m: 36.62	36.62	100m: 1:22.26	45.64	150m: 2:12.45	50.19	200m: 2:58.67	46.22	
34.	Sophie Heuker	De Spatters	200203392				2:52.27	2:59.22	+0,79
	50m: 37.93	37.93	100m: 1:25.46	47.53	150m: 2:19.28	53.82	200m: 2:59.22	39.94	
35.	Amé Hulleman	ReVeLie Swim Team	200202794				2:53.65	2:59.47	+0,85
	50m: 2:19.84	2:19.84	100m: 1:22.00		200m: 2:59.47	1:37.47			
36.	Martine Kamminga	de Granaet	200201172				2:55.81	3:01.26	+0,66
	50m: 2:22.16	2:22.16	100m: 1:31.21		200m: 3:01.26	1:30.05			
37.	Myrthe Grootte	ZC Polaris	200202008				2:56.61	3:02.12	+0,96
	50m: 38.19	38.19	100m: 1:26.26	48.07	150m: 2:20.15	53.89	200m: 3:02.12	41.97	
38.	Rosalie Kuiper	Aqualero	200202874				2:56.21	3:02.18	+0,77
	50m: 35.70	35.70	100m: 1:22.53	46.83	150m: 2:16.34	53.81	200m: 3:02.18	45.84	
39.	Lisette Dooper	HZ&PC Heerenveen	200201678				2:53.40	3:03.42	+0,82
	50m: 38.68	38.68	100m: 1:24.17	45.49	150m: 2:20.26	56.09	200m: 3:03.42	43.16	
40.	Ielan van Meerlo	Wetterwille	200201098				2:51.29	3:04.57	+0,71
	50m: 38.50	38.50	100m: 1:27.42	48.92	150m: 2:16.47	49.05	200m: 3:04.57	48.10	
41.	Esmee Greydanus	De Spatters	200200544				2:49.93	3:04.81	+0,83
	50m: 39.43	39.43	100m: 1:26.96	47.53	150m: 2:20.21	53.25	200m: 3:04.81	44.60	
42.	Naomi Broekman	De Spatters	200100020				2:48.90	3:05.15	+0,70
	50m: 40.47	40.47	100m: 1:30.50	50.03	150m: 2:21.31	50.81	200m: 3:05.15	43.84	
43.	Tinka Kingma	SG FZC54-De Vikings	200103176				2:55.96	3:10.66	+0,75
	50m: 40.06	40.06	100m: 1:34.11	54.05	150m: 2:25.37	51.26	200m: 3:10.66	45.29	
AFGEM	Elise Bentlage	ZPC Stadskanaal	200105358				2:56.12		

Senioren 1 en ouder

1.	Alinda Dingshoff	ZPC Hoogeveen	200000928				2:26.23	2:28.26	+0,75
	50m: 31.09	31.09	100m: 1:07.94	36.85	150m: 1:54.63	46.69	200m: 2:28.26	33.63	
2.	Josien Wijkhuijs	Orca	199902866				2:22.08	2:30.25	+0,76
	50m: 29.72	29.72	100m: 1:08.61	38.89	150m: 1:56.26	47.65	200m: 2:30.25	33.99	
3.	Vivianne Dortmund	Gzvw	199801578				2:33.75	2:33.84	+0,90
	50m: 31.99	31.99	100m: 1:09.14	37.15	150m: 1:57.19	48.05	200m: 2:33.84	36.65	
4.	Simone Krans	ZPC Hoogeveen	199900756				2:31.87	2:35.29	+0,76
	50m: 32.39	32.39	100m: 1:11.21	38.82	150m: 1:58.67	47.46	200m: 2:35.29	36.62	

Programmanr. 10, Dames, 200m wisselslag, Senioren 1 en ouder

Rang									In.tijd	Tijd	RT	
5.	Renée Vanderheyden	ReVeLie Swim Team	199903130						2:28.87	2:36.21	+0,78	
	*											
	50m:	31.84	31.84	100m:	1:10.18	38.34	150m:	1:58.69	48.51	200m:	2:36.21	37.52
6.	Esra Erer	TriVia	200002858						2:36.74	2:38.44	+0,77	
	50m:	35.98	35.98	100m:	1:16.97	40.99	150m:	2:01.21	44.24	200m:	2:38.44	37.23
7.	Danieke van der Kooi	Orca	200000552						2:29.30	2:39.32	+0,85	
	50m:	32.12	32.12	100m:	1:10.97	38.85	150m:	2:02.33	51.36	200m:	2:39.32	36.99
8.	Luca Ebbinge	Dz&Pc	199802406						2:32.85	2:39.60	+0,67	
	50m:	32.80	32.80	100m:	1:14.81	42.01	150m:	2:02.63	47.82	200m:	2:39.60	36.97
9.	Jill Blide	ZPC Hoogetveen	200004734						2:37.76	2:41.60	+0,82	
	50m:	34.17	34.17	100m:	1:15.26	41.09	150m:	2:04.05	48.79	200m:	2:41.60	37.55
10.	Anique Coelingh	ZPC Hoogetveen	200000638						2:40.31	2:42.37	+0,83	
	50m:	35.17	35.17	100m:	1:15.45	40.28	150m:	2:04.18	48.73	200m:	2:42.37	38.19
11.	Hilde Dekker	ReVeLie Swim Team	199901926						2:44.25	2:42.79	+0,94	
	50m:	36.60	36.60	100m:	1:17.51	40.91	150m:	2:05.99	48.48	200m:	2:42.79	36.80
12.	Myrthe Offenga	SG FZC54-De Vikings	199901874						2:38.11	2:43.85	+0,79	
	*											
	50m:	35.27	35.27	100m:	1:18.59	43.32	150m:	2:08.91	50.32	200m:	2:43.85	34.94
13.	Christien Liemburg	HZ&PC Heerenveen	199903672						2:39.60	2:47.25	+0,86	
	50m:	35.06	35.06	100m:	1:15.56	40.50	150m:	2:08.83	53.27	200m:	2:47.25	38.42
14.	Carolien Baarda	Orca	199704060						2:34.90	2:47.79	+0,76	
	50m:	33.21	33.21	100m:	1:16.61	43.40	150m:	2:05.49	48.88	200m:	2:47.79	42.30
15.	Noa Sanders	De Kikker	200002542						2:43.25	2:53.09	+0,82	
	50m:	37.05	37.05	100m:	1:21.68	44.63	150m:	2:10.54	48.86	200m:	2:53.09	42.55
16.	Chiara Olde Agterhuis	HZ&PC Heerenveen	199901084						2:46.64	2:54.10	+0,76	
	50m:	36.82	36.82	100m:	1:17.30	40.48	150m:	2:12.67	55.37	200m:	2:54.10	41.43
17.	Alyah de Bruijn	De Forel	200004308						2:46.06	2:54.12	+0,89	
	50m:	36.69	36.69	100m:	1:22.64	45.95	150m:	2:14.39	51.75	200m:	2:54.12	39.73
18.	Romy Jalving	HZ&PC Heerenveen	200000616						2:43.52	2:54.69	+0,72	
	50m:	36.72	36.72	100m:	1:21.40	44.68	150m:	2:16.72	55.32	200m:	2:54.69	37.97
19.	Rosalie Baarda	Orca	199903460						2:46.60	2:56.00	+0,83	
	50m:	37.99	37.99	100m:	1:20.66	42.67	150m:	2:15.20	54.54	200m:	2:56.00	40.80
20.	Danique Schulte	ZC Polaris	199802364						2:48.58	2:57.51	+0,76	
	50m:	36.81	36.81	100m:	1:23.13	46.32	150m:	2:15.13	52.00	200m:	2:57.51	42.38
21.	Lotte Rolink	ZC Polaris	199504880						2:49.42	3:03.78	+0,82	
	50m:	39.02	39.02	100m:	1:28.53	49.51	150m:	2:20.92	52.39	200m:	3:03.78	42.86
DIS	Daphne Rockers	De Kikker	200001376						2:43.08			
	<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>											
NG	Anne Speelman	De Spatters	199706118						2:39.70			

Programmanr. 10, Dames, 200m wisselslag

Algemeen klassement

1.	Alinda Dingshoff	ZPC Hoozeveen	200000928		2:26.23	2:28.26	+0,75	
	50m: 31.09	31.09	100m: 1:07.94	36.85	150m: 1:54.63	46.69	200m: 2:28.26	33.63
2.	Eline van der Wal	Dz&Pc	200100930		2:28.43	2:29.31	+0,71	
	50m: 32.95	32.95	100m: 1:10.02	37.07	150m: 1:54.97	44.95	200m: 2:29.31	34.34
3.	Josien Wijkhuijs	Orca	199902866		2:22.08	2:30.25	+0,76	
	50m: 29.72	29.72	100m: 1:08.61	38.89	150m: 1:56.26	47.65	200m: 2:30.25	33.99
4.	Silke Huisman	Orca	200301182		2:26.19	2:30.44	+0,73	
	50m: 33.10	33.10	100m: 1:12.81	39.71	150m: 1:56.08	43.27	200m: 2:30.44	34.36
5.	Lize Janna de Vries	Orca	200101948		2:28.42	2:30.65	+0,76	
	50m: 31.42	31.42	100m: 1:11.42	40.00	150m: 1:56.87	45.45	200m: 2:30.65	33.78
6.	Wiktorija Redzimska	ZPC Hoozeveen	200106042		2:31.59	2:32.07	+0,79	
	50m: 32.93	32.93	100m: 1:12.02	39.09	150m: 1:57.13	45.11	200m: 2:32.07	34.94
7.	Vivianne Dortmund	Gzvw	199801578		2:33.75	2:33.84	+0,90	
	50m: 31.99	31.99	100m: 1:09.14	37.15	150m: 1:57.19	48.05	200m: 2:33.84	36.65
8.	Simone Krans	ZPC Hoozeveen	199900756		2:31.87	2:35.29	+0,76	
	50m: 32.39	32.39	100m: 1:11.21	38.82	150m: 1:58.67	47.46	200m: 2:35.29	36.62
9.	Brit Brandsma	De Forel	200100026		2:29.82	2:35.67	+0,73	
	50m: 32.92	32.92	100m: 1:12.59	39.67	150m: 1:58.71	46.12	200m: 2:35.67	36.96
10.	Renée Vanderheyden	ReVeLie Swim Team	199903130		2:28.87	2:36.21	+0,78	
	50m: 31.84	31.84	100m: 1:10.18	38.34	150m: 1:58.69	48.51	200m: 2:36.21	37.52
11.	Ilona Venema	ReVeLie Swim Team	200200050	SM10	2:38.47	2:37.20	+0,81	
	50m: 33.32	33.32	100m: 1:11.93	38.61	150m: 2:01.34	49.41	200m: 2:37.20	35.86
12.	Lisane Boets	Nova	200200346		2:37.26	2:38.04	+0,87	
	50m: 34.47	34.47	100m: 1:16.56	42.09	150m: 2:01.43	44.87	200m: 2:38.04	36.61
13.	Inge Dekker	TriVia	200200476		2:40.47	2:38.33	+0,80	
	50m: 34.55	34.55	100m: 1:15.69	41.14	150m: 2:03.19	47.50	200m: 2:38.33	35.14
14.	Esra Erer	TriVia	200002858		2:36.74	2:38.44	+0,77	
	50m: 35.98	35.98	100m: 1:16.97	40.99	150m: 2:01.21	44.24	200m: 2:38.44	37.23
15.	Marika de Jong	Avena	200101074		2:31.74	2:38.70	+0,88	
	50m: 33.31	33.31	100m: 1:15.11	41.80	150m: 2:02.07	46.96	200m: 2:38.70	36.63
16.	Fleur Vialle	Nova	200100554		2:40.88	2:38.84	+0,73	
	50m: 33.49	33.49	100m: 1:14.36	40.87	150m: 2:03.73	49.37	200m: 2:38.84	35.11
17.	Suze Kuipers	Orca	200301714		2:31.58	2:38.94	+1,00	
	50m: 33.34	33.34	100m: 1:12.17	38.83	150m: 2:01.81	49.64	200m: 2:38.94	37.13
18.	Danieke van der Kooi	Orca	200000552		2:29.30	2:39.32	+0,85	
	50m: 32.12	32.12	100m: 1:10.97	38.85	150m: 2:02.33	51.36	200m: 2:39.32	36.99
19.	Veerle Nieborg	TriVia	200400428		2:35.28	2:39.52	+0,90	
	50m: 34.20	34.20	100m: 1:16.37	42.17	150m: 2:02.73	46.36	200m: 2:39.52	36.79
20.	Luca Ebginge	Dz&Pc	199802406		2:32.85	2:39.60	+0,67	
	50m: 32.80	32.80	100m: 1:14.81	42.01	150m: 2:02.63	47.82	200m: 2:39.60	36.97
21.	Janna van Kooten	TriVia	200404584		2:41.44	2:40.55	+0,88	
	50m: 34.37	34.37	100m: 1:17.17	42.80	150m: 2:04.63	47.46	200m: 2:40.55	35.92

Programmanr. 10, Dames, 200m wisselslag, Algemeen klassement

Rang								In.tijd	Tijd	RT
22.	Mariëlle Dolfijn	TriVia	200201640	2:33.84	2:41.31	+0,82				
	50m: 33.42	33.42	100m: 1:16.89	43.47	150m: 2:04.92	48.03	200m: 2:41.31	36.39		
23.	Emma Hofstee	TriVia	200401282	2:42.80	2:41.46	+0,80				
	50m: 33.03	33.03	100m: 1:15.63	42.60	150m: 2:01.12	45.49	200m: 2:41.46	40.34		
24.	Jill Blide	ZPC Hoozeveen	200004734	2:37.76	2:41.60	+0,82				
	50m: 34.17	34.17	100m: 1:15.26	41.09	150m: 2:04.05	48.79	200m: 2:41.60	37.55		
25.	Myrthe Natzijl	De Kikker	200400076	2:33.66	2:42.20	+0,90				
	50m: 34.65	34.65	100m: 1:16.20	41.55	150m: 2:04.63	48.43	200m: 2:42.20	37.57		
26.	Mirthe Schenkel	ZPC Hoozeveen	200300666	2:46.78	2:42.24	+0,87				
	50m: 39.10	39.10	100m: 1:22.57	43.47	150m: 2:04.69	42.12	200m: 2:42.24	37.55		
27.	Anique Coelingh	ZPC Hoozeveen	200000638	2:40.31	2:42.37	+0,83				
	50m: 35.17	35.17	100m: 1:15.45	40.28	150m: 2:04.18	48.73	200m: 2:42.37	38.19		
28.	Hilde Dekker	ReVeLie Swim Team	199901926	2:44.25	2:42.79	+0,94				
	50m: 36.60	36.60	100m: 1:17.51	40.91	150m: 2:05.99	48.48	200m: 2:42.79	36.80		
29.	Myrthe Offenga	SG FZC54-De Vikings	199901874	2:38.11	2:43.85	+0,79				
	50m: 35.27	35.27	100m: 1:18.59	43.32	150m: 2:08.91	50.32	200m: 2:43.85	34.94		
30.	Zana Udo	De Forel	200202686	2:39.21	2:44.04	+0,73				
	50m: 33.30	33.30	100m: 1:15.30	42.00	150m: 2:06.49	51.19	200m: 2:44.04	37.55		
31.	Anna Tinga	De Forel	200302734	2:39.92	2:44.73	+0,82				
	50m: 36.17	36.17	100m: 1:17.10	40.93	150m: 2:09.06	51.96	200m: 2:44.73	35.67		
32.	Sterre-Marit Drok	ZPC Stadskanaal	200400880	2:44.11	2:45.00	+0,68				
	50m: 33.64	33.64	100m: 1:18.65	45.01	150m: 2:07.57	48.92	200m: 2:45.00	37.43		
33.	Dyan Rothschild	ZC Borger	200300998	2:40.55	2:45.40	+0,70				
	50m: 37.08	37.08	100m: 1:18.84	41.76	150m: 2:09.46	50.62	200m: 2:45.40	35.94		
34.	Brenda Beijering	ZC Borger	200300352	2:41.00	2:45.42	+0,82				
	50m: 35.20	35.20	100m: 1:17.39	42.19	150m: 2:08.46	51.07	200m: 2:45.42	36.96		
35.	Kyra Wooldrik	ZPC Hoozeveen	200101042	2:42.91	2:46.37	+0,81				
	50m: 35.12	35.12	100m: 1:18.42	43.30	150m: 2:08.13	49.71	200m: 2:46.37	38.24		
36.	Danique Slaper	TriVia	200401914	2:46.32	2:47.23	+0,70				
	50m: 38.07	38.07	100m: 1:20.78	42.71	150m: 2:10.83	50.05	200m: 2:47.23	36.40		
37.	Christien Liemburg	HZ&PC Heerenveen	199903672	2:39.60	2:47.25	+0,86				
	50m: 35.06	35.06	100m: 1:15.56	40.50	150m: 2:08.83	53.27	200m: 2:47.25	38.42		
38.	Ilse Hoozeveen	Aqua 68	200301140	2:44.70	2:47.26	+0,75				
	50m: 34.59	34.59	100m: 1:16.93	42.34	150m: 2:09.07	52.14	200m: 2:47.26	38.19		
39.	Britt Gerdes	De Kikker	200201636	2:49.96	2:47.50	+0,82				
	50m: 36.20	36.20	100m: 1:18.78	42.58	150m: 2:08.99	50.21	200m: 2:47.50	38.51		
40.	Myrthe Sietsma	Wetterwille	200203854	2:42.05	2:47.56	+0,72				
	50m: 34.47	34.47	100m: 1:19.24	44.77	150m: 2:09.51	50.27	200m: 2:47.56	38.05		
41.	Carolien Baarda	Orca	199704060	2:34.90	2:47.79	+0,76				
	50m: 33.21	33.21	100m: 1:16.61	43.40	150m: 2:05.49	48.88	200m: 2:47.79	42.30		
42.	Luka Stoker	Nova	200200558	2:46.78	2:48.05	+0,95				
	50m: 37.17	37.17	100m: 1:21.31	44.14	150m: 2:07.81	46.50	200m: 2:48.05	40.24		

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Rang							In.tijd	Tijd	RT
43.	Lot Burgstra	TriVia	200103294	2:42.37	2:48.13	+0,75			
	50m: 35.46	35.46	100m: 1:21.76	46.30	150m: 2:09.12	47.36	200m: 2:48.13	39.01	
44.	Laura Noord	De Wellerobben	200202568	2:46.80	2:48.99	+0,76			
	50m: 36.62	36.62	100m: 1:19.09	42.47	150m: 2:08.79	49.70	200m: 2:48.99	40.20	
45.	Charlotte Wilbers	ZPC Hoozeveen	200400312	2:47.63	2:49.09	+0,78			
	50m: 38.88	38.88	100m: 1:21.35	42.47	150m: 2:14.06	52.71	200m: 2:49.09	35.03	
46.	Chantal Tiesinga	TriVia	200302452	2:45.73	2:49.41	+0,79			
	50m: 34.90	34.90	100m: 1:19.09	44.19	150m: 2:10.60	51.51	200m: 2:49.41	38.81	
47.	Myrthe Idema	TriVia	200303240	2:54.55	2:50.20	+0,80			
	50m: 36.67	36.67	100m: 1:22.06	45.39	150m: 2:10.35	48.29	200m: 2:50.20	39.85	
48.	Masha Polushkina	ReVeLie Swim Team	200203064	2:42.90	2:50.29	+0,80			
	50m: 35.68	35.68	100m: 1:20.17	44.49	150m: 2:13.00	52.83	200m: 2:50.29	37.29	
49.	Esmee van Peer	TriVia	200201114	2:48.98	2:50.98	+0,64			
	50m: 37.07	37.07	100m: 1:22.56	45.49	150m: 2:11.79	49.23	200m: 2:50.98	39.19	
50.	Kyomi Groenhart	Dz&Pc	200400628	2:44.71	2:51.11	+0,76			
	50m: 38.29	38.29	100m: 1:20.45	42.16	150m: 2:12.07	51.62	200m: 2:51.11	39.04	
51.	Desanka Stoppels	ZPCA Eemsrobbe (SG200101362)		2:45.16	2:51.49	+0,84			
	50m: 35.68	35.68	100m: 1:23.53	47.85	150m: 2:11.13	47.60	200m: 2:51.49	40.36	
52.	Lotte-Lynn Sterken	De Kikker	200301342	2:54.92	2:51.78	+1,04			
	50m: 39.77	39.77	100m: 1:22.99	43.22	150m: 2:13.43	50.44	200m: 2:51.78	38.35	
53.	Megan Meinds	Nova	200400238	3:06.17	2:51.81	+0,73			
	50m: 36.91	36.91	100m: 1:22.37	45.46	150m: 2:12.59	50.22	200m: 2:51.81	39.22	
54.	Ingrid de Vries	de Granaet	200100500	2:46.61	2:51.82	+0,94			
	50m: 37.90	37.90	100m: 1:22.64	44.74	150m: 2:12.24	49.60	200m: 2:51.82	39.58	
55.	Sarina Beuker	SG FZC54-De Vikings	200303454	2:46.74	2:53.05	+0,76			
	50m: 35.86	35.86	100m: 1:21.82	45.96	150m: 2:13.40	51.58	200m: 2:53.05	39.65	
56.	Noa Sanders	De Kikker	200002542	2:43.25	2:53.09	+0,82			
	50m: 37.05	37.05	100m: 1:21.68	44.63	150m: 2:10.54	48.86	200m: 2:53.09	42.55	
57.	Senna van der Veen	ZPC Hoozeveen	200400072	2:53.97	2:53.21	+0,81			
	50m: 38.75	38.75	100m: 1:20.86	42.11	150m: 2:15.59	54.73	200m: 2:53.21	37.62	
58.	Ellen Altena	TriVia	200300266	2:42.77	2:53.34	+0,73			
	50m: 36.38	36.38	100m: 1:22.84	46.46	150m: 2:10.34	47.50	200m: 2:53.34	43.00	
59.	Ylsa Dijkstra	Dz&Pc	200200728	2:41.48	2:53.43	+0,74			
	50m: 37.73	37.73	100m: 1:19.72	41.99	150m: 2:14.96	55.24	200m: 2:53.43	38.47	
60.	Marinda Top	Zeno	200300460	2:49.98	2:53.76	+0,80			
	50m: 39.56	39.56	100m: 1:22.91	43.35	150m: 2:16.95	54.04	200m: 2:53.76	36.81	
61.	Chiara Olde Agterhuis	HZ&PC Heerenveen	199901084	2:46.64	2:54.10	+0,76			
	50m: 36.82	36.82	100m: 1:17.30	40.48	150m: 2:12.67	55.37	200m: 2:54.10	41.43	
62.	Alyah de Bruijn	De Forel	200004308	2:46.06	2:54.12	+0,89			
	50m: 36.69	36.69	100m: 1:22.64	45.95	150m: 2:14.39	51.75	200m: 2:54.12	39.73	
63.	Myrthe Winkels	TriVia	200300212	2:54.18	2:54.15	+0,82			
	50m: 39.54	39.54	100m: 1:26.61	47.07	150m: 2:15.00	48.39	200m: 2:54.15	39.15	
64.	Sanne Kloezen	ZPC Stadskanaal	200204644	2:47.50	2:54.29	+0,83			
	50m: 38.59	38.59	100m: 1:25.22	46.63	150m: 2:15.13	49.91	200m: 2:54.29	39.16	

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Rang								In.tijd	Tijd	RT
65.	Sigrid Hoogland	De Forel	200301976					2:45.75	2:54.66	+0,74
	50m: 38.83	38.83	100m: 1:22.51	43.68	150m: 2:11.54	49.03	200m: 2:54.66	43.12		
66.	Romy Jalving	HZ&PC Heerenveen	200000616					2:43.52	2:54.69	+0,72
	50m: 36.72	36.72	100m: 1:21.40	44.68	150m: 2:16.72	55.32	200m: 2:54.69	37.97		
67.	Marijine van der Veen	Orca	200300960					2:50.50	2:55.01	+0,91
	50m: 38.27	38.27	100m: 1:23.87	45.60	150m: 2:14.51	50.64	200m: 2:55.01	40.50		
68.	Anneke vd Laan	Orca	200201154					2:48.55	2:55.66	+0,83
	50m: 35.53	35.53	100m: 1:26.13	50.60	150m: 2:14.10	47.97	200m: 2:55.66	41.56		
69.	Joline Koop	Aqua 68	200403174					2:59.14	2:55.77	+0,86
	50m: 38.28	38.28	100m: 1:22.07	43.79	150m: 2:15.58	53.51	200m: 2:55.77	40.19		
70.	Afke van Zijverden	SG. Bolsward-Workum	200100296					2:53.69	2:55.79	+0,80
	50m: 36.43	36.43	100m: 1:20.84	44.41	150m: 2:16.52	55.68	200m: 2:55.79	39.27		
71.	Rosalie Baarda	Orca	199903460					2:46.60	2:56.00	+0,83
	50m: 37.99	37.99	100m: 1:20.66	42.67	150m: 2:15.20	54.54	200m: 2:56.00	40.80		
72.	Lieke Gerdes	ZC Polaris	200401810					2:52.06	2:56.26	+0,83
	50m: 37.66	37.66	100m: 1:23.79	46.13	150m: 2:14.55	50.76	200m: 2:56.26	41.71		
73.	Roeliene Bouwman	De Spatters	200205106					2:51.32	2:56.42	+0,78
	50m: 38.61	38.61	100m: 1:26.24	47.63	150m: 2:15.64	49.40	200m: 2:56.42	40.78		
74.	Hanna Oving	De Kikker	200400738					2:53.12	2:56.48	+0,87
	50m: 37.79	37.79	100m: 1:23.36	45.57	150m: 2:17.53	54.17	200m: 2:56.48	38.95		
75.	Chayenne Battjes	Z&PC de Inktvis	200200092					2:48.29	2:56.57	+0,77
	50m: 37.16	37.16	100m: 1:24.71	47.55	150m: 2:15.99	51.28	200m: 2:56.57	40.58		
76.	Roos van Duin	ReVeLie Swim Team	200404280					2:59.58	2:57.11	+1,04
	50m: 37.40	37.40	100m: 1:24.39	46.99	150m: 2:19.56	55.17	200m: 2:57.11	37.55		
77.	Merle Stavorinus	de Granaet	200400138					2:58.40	2:57.17	+0,85
	50m: 39.24	39.24	100m: 1:24.66	45.42	150m: 2:20.13	55.47	200m: 2:57.17	37.04		
	Luna van den Ende	SG FZC54-De Vikings	200201518					2:49.15	2:57.17	+0,76
	50m: 35.74	35.74	100m: 1:21.08	45.34	150m: 2:15.06	53.98	200m: 2:57.17	42.11		
79.	Lotte Grovenstein	SG FZC54-De Vikings	200102964					2:51.43	2:57.27	+0,84
	50m: 38.04	38.04	100m: 1:23.37	45.33	150m: 2:20.16	56.79	200m: 2:57.27	37.11		
80.	Danique Schulte	ZC Polaris	199802364					2:48.58	2:57.51	+0,76
	50m: 36.81	36.81	100m: 1:23.13	46.32	150m: 2:15.13	52.00	200m: 2:57.51	42.38		
81.	Yvonne Kuipers	Zeno	200303078					2:51.53	2:57.55	+0,85
	50m: 38.73	38.73	100m: 1:25.90	47.17	150m: 2:17.03	51.13	200m: 2:57.55	40.52		
82.	Janine Schuur	Nova	200302466					2:58.07	2:57.81	+0,89
	50m: 40.34	40.34	100m: 1:25.49	45.15	150m: 2:18.75	53.26	200m: 2:57.81	39.06		
83.	Meike Regeling	Orca	200401006					2:52.16	2:57.96	+0,76
	50m: 38.49	38.49	100m: 1:22.58	44.09	150m: 2:15.92	53.34	200m: 2:57.96	42.04		
84.	Denise Dost	ZC Borger	200400190					2:57.42	2:58.16	
	50m: 40.46	40.46	100m: 1:24.99	44.53	150m: 2:18.44	53.45	200m: 2:58.16	39.72		
85.	Willianne Vos	Z&PC de Inktvis	200300050					2:48.39	2:58.27	+0,75
	50m: 37.75	37.75	100m: 1:25.58	47.83	150m: 2:18.53	52.95	200m: 2:58.27	39.74		
86.	Esmee Kloezen	ZPC Stadskanaal	200204646					2:55.46	2:58.43	+0,83
	50m: 39.67	39.67	100m: 1:26.95	47.28	150m: 2:17.31	50.36	200m: 2:58.43	41.12		

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Rang								In.tijd	Tijd	RT
87.	Kim Hillen	MZ&PC De Reest	200300364					2:50.73	2:58.56	+0,81
	50m: 38.48	38.48	100m: 1:22.27	43.79	150m: 2:17.65	55.38	200m: 2:58.56	40.91		
88.	Marte Hieke van der Kamp	SG FZC54-De Vikings	200500218					2:55.42	2:58.57	+0,84
	100m: 1:25.56	1:25.56	200m: 2:58.57	1:33.01						
89.	Lotte van Hof	de Granaet	200202640					2:54.26	2:58.64	+0,81
	50m: 40.85	40.85	100m: 1:27.33	46.48	150m: 2:19.73	52.40	200m: 2:58.64	38.91		
90.	Liza Scheenstra	SG FZC54-De Vikings	200104276					2:48.28	2:58.66	+0,87
	50m: 38.88	38.88	100m: 1:24.34	45.46	150m: 2:18.50	54.16	200m: 2:58.66	40.16		
91.	Irana Remmelts	Aqua 68	200102486					2:52.01	2:58.67	+0,79
	50m: 36.62	36.62	100m: 1:22.26	45.64	150m: 2:12.45	50.19	200m: 2:58.67	46.22		
92.	Sophie Heuker	De Spatters	200203392					2:52.27	2:59.22	+0,79
	50m: 37.93	37.93	100m: 1:25.46	47.53	150m: 2:19.28	53.82	200m: 2:59.22	39.94		
93.	Leonie Rockers	De Kikker	200300256					2:52.62	2:59.33	+0,82
	50m: 37.61	37.61	100m: 1:28.68	51.07	150m: 2:17.64	48.96	200m: 2:59.33	41.69		
94.	Manon Tiggelaar	ZPC Hoogeveen	200400394					2:55.45	2:59.40	+0,92
	50m: 43.39	43.39	100m: 1:27.18	43.79	150m: 2:19.37	52.19	200m: 2:59.40	40.03		
95.	Amé Hulleman	ReVeLie Swim Team	200202794					2:53.65	2:59.47	+0,85
	50m: 2:19.84	2:19.84	100m: 1:22.00		200m: 2:59.47	1:37.47				
96.	Chaira Scholte	Z&PC de Inktvis	200304478					2:51.30	2:59.77	+0,87
	50m: 37.92	37.92	100m: 1:23.19	45.27	150m: 2:17.58	54.39	200m: 2:59.77	42.19		
97.	Xoe Stuu	ZPCA Eemsrobbe	(SG200400754					2:59.88	3:00.26	+0,95
	50m: 38.94	38.94	100m: 1:25.62	46.68	150m: 2:20.11	54.49	200m: 3:00.26	40.15		
98.	Leah Anakotta	ZPC Hoogeveen	200400802					3:01.72	3:00.62	+0,78
	50m: 40.67	40.67	100m: 1:26.31	45.64	150m: 2:20.47	54.16	200m: 3:00.62	40.15		
99.	Marrit Tiekstra	Orca	200301796					2:57.57	3:00.95	+0,76
	50m: 36.11	36.11	100m: 1:23.04	46.93	150m: 2:18.60	55.56	200m: 3:00.95	42.35		
100.	Martine Kamminga	de Granaet	200201172					2:55.81	3:01.26	+0,66
	50m: 2:22.16	2:22.16	100m: 1:31.21		200m: 3:01.26	1:30.05				
101.	Nienke Bakker	TriVia	200501178					2:55.88	3:01.61	+0,86
	50m: 38.34	38.34	100m: 1:24.01	45.67	150m: 2:22.24	58.23	200m: 3:01.61	39.37		
	Gerda Woldendorp	SG FZC54-De Vikings	200300418					2:54.37	3:01.61	+0,79
	50m: 39.83	39.83	100m: 1:26.60	46.77	150m: 2:20.56	53.96	200m: 3:01.61	41.05		
103.	Myrthe Groote	ZC Polaris	200202008					2:56.61	3:02.12	+0,96
	50m: 38.19	38.19	100m: 1:26.26	48.07	150m: 2:20.15	53.89	200m: 3:02.12	41.97		
104.	Rosalie Kuiper	Aqualero	200202874					2:56.21	3:02.18	+0,77
	50m: 35.70	35.70	100m: 1:22.53	46.83	150m: 2:16.34	53.81	200m: 3:02.18	45.84		
105.	Marieke Wind	Nova	200300178					2:55.78	3:03.05	+0,77
	50m: 42.42	42.42	100m: 1:28.64	46.22	150m: 2:25.59	56.95	200m: 3:03.05	37.46		
106.	Lisette Dooper	HZ&PC Heerenveen	200201678					2:53.40	3:03.42	+0,82
	50m: 38.68	38.68	100m: 1:24.17	45.49	150m: 2:20.26	56.09	200m: 3:03.42	43.16		
107.	Lotte Rolink	ZC Polaris	199504880					2:49.42	3:03.78	+0,82
	50m: 39.02	39.02	100m: 1:28.53	49.51	150m: 2:20.92	52.39	200m: 3:03.78	42.86		
108.	Debbie Wray	SG. Bolsward-Workum	200501314					3:05.23	3:03.84	+0,80
	50m: 39.99	39.99	100m: 1:27.60	47.61	150m: 2:20.39	52.79	200m: 3:03.84	43.45		

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Rang								In.tijd	Tijd	RT
109.	Amber Boomsma	HZ&PC Heerenveen	200401416					3:00.39	3:04.45	+0,74
	50m: 45.06	45.06	100m: 1:31.74	46.68	150m: 2:24.34	52.60	200m: 3:04.45	40.11		
110.	Ielan van Meerlo	Wetterwille	200201098					2:51.29	3:04.57	+0,71
	50m: 38.50	38.50	100m: 1:27.42	48.92	150m: 2:16.47	49.05	200m: 3:04.57	48.10		
111.	Anouk Veeninga	De Spatters	200300048					3:00.44	3:04.65	+0,78
	100m: 1:30.50	1:30.50	200m: 3:04.65	1:34.15						
112.	Maike van der Heide	de Granaet	200500828					3:06.90	3:04.71	+0,76
	50m: 40.23	40.23	100m: 1:26.88	46.65	150m: 2:23.64	56.76	200m: 3:04.71	41.07		
113.	Marlies Berends	HZ&PC Heerenveen	200402194					2:56.74	3:04.75	+0,76
	50m: 38.82	38.82	100m: 1:24.05	45.23	150m: 2:22.03	57.98	200m: 3:04.75	42.72		
114.	Esmee Greydanus	De Spatters	200200544					2:49.93	3:04.81	+0,83
	50m: 39.43	39.43	100m: 1:26.96	47.53	150m: 2:20.21	53.25	200m: 3:04.81	44.60		
115.	Lynke Haan	Z&PC de Inktvis	200301688					2:56.15	3:05.03	+0,81
	100m: 1:28.13	1:28.13	200m: 3:05.03	1:36.90						
116.	Naomi Broekman	De Spatters	200100020					2:48.90	3:05.15	+0,70
	50m: 40.47	40.47	100m: 1:30.50	50.03	150m: 2:21.31	50.81	200m: 3:05.15	43.84		
117.	Lise Kleinbekman	ReVeLie Swim Team	200502870					3:10.51	3:05.19	+0,76
	50m: 42.56	42.56	100m: 1:29.18	46.62	150m: 2:21.98	52.80	200m: 3:05.19	43.21		
118.	Lois Jalving	HZ&PC Heerenveen	200400280					3:00.29	3:05.43	+0,84
	50m: 41.31	41.31	100m: 1:27.49	46.18	150m: 2:25.36	57.87	200m: 3:05.43	40.07		
119.	Danique Rootinck	Zeno	200402024					3:00.28	3:06.24	+0,79
	50m: 43.12	43.12	100m: 1:33.29	50.17	150m: 2:25.52	52.23	200m: 3:06.24	40.72		
120.	Anouk Miedema	Avena	200302736					3:00.69	3:06.45	+0,90
	50m: 42.22	42.22	100m: 1:34.17	51.95	150m: 2:27.68	53.51	200m: 3:06.45	38.77		
121.	Carmen van Klaarbergen	Dz&Pc	200500562					3:05.96	3:06.50	+0,81
	50m: 43.50	43.50	100m: 1:29.18	45.68	150m: 2:24.34	55.16	200m: 3:06.50	42.16		
122.	Annemijn Folkerts	TriVia	200500628					2:58.41	3:07.17	+0,74
	100m: 1:26.53	1:26.53	200m: 3:07.17	1:40.64						
123.	Daniëlle Cosse	Bubble	200500448					3:04.82	3:07.22	+0,79
	100m: 1:33.14	1:33.14	200m: 3:07.22	1:34.08						
124.	Annemarijn Damhoff	Z&PC de Inktvis	200501000					3:04.70	3:08.61	+0,93
	50m: 39.35	39.35	100m: 1:25.32	45.97	150m: 2:26.85	1:01.53	200m: 3:08.61	41.76		
125.	Anna van Eeken	HZ&PC Heerenveen	200401414					3:01.05	3:08.65	+0,85
	50m: 44.57	44.57	100m: 1:36.12	51.55	150m: 2:24.94	48.82	200m: 3:08.65	43.71		
126.	Lieke Visser	de Granaet	200400666					3:00.24	3:08.67	
	50m: 42.89	42.89	100m: 1:30.95	48.06	150m: 2:26.32	55.37	200m: 3:08.67	42.35		
127.	Rinlaphad Elzinga	de Granaet	200502822					3:03.98	3:08.74	+1,02
	50m: 39.95	39.95	100m: 1:27.31	47.36	150m: 2:26.55	59.24	200m: 3:08.74	42.19		
128.	Iris Eisenga	TriVia	200401254					3:03.79	3:08.78	
	50m: 43.14	43.14	100m: 1:32.84	49.70	150m: 2:24.77	51.93	200m: 3:08.78	44.01		
129.	Esmée Mulder	Orca	200402924					3:03.89	3:09.15	+0,74
	50m: 43.17	43.17	100m: 1:33.20	50.03	150m: 2:28.13	54.93	200m: 3:09.15	41.02		
130.	sterre van der wal	Orca	200502356					3:11.75	3:09.21	+0,82
	50m: 46.16	46.16	100m: 1:32.51	46.35	150m: 2:27.01	54.50	200m: 3:09.21	42.20		

Programmanr. 10, Dames, 200m wisselslag, Algemeen klassement

Rang							In.tijd	Tijd	RT
131.	Fleur Bos	Orca	200500674				3:10.14	3:09.29	+0,76
	50m: 43.54	43.54	100m: 1:31.58	48.04	150m: 2:25.64	54.06	200m: 3:09.29	43.65	
132.	Miron Schimmelpenning	ZPC Hoogeveen	200500426				3:07.30	3:09.90	+0,94
	100m: 1:35.03	1:35.03	200m: 3:09.90	1:34.87					
133.	Charley Zethoven	HZ&PC Heerenveen	200500868				3:07.29	3:10.01	+0,53
	50m: 42.28	42.28	100m: 1:30.04	47.76	150m: 2:28.28	58.24	200m: 3:10.01	41.73	
134.	Naomi Vellinga	Wetterwille	200500504				3:07.51	3:10.21	+0,82
	50m: 42.08	42.08	100m: 1:30.39	48.31	150m: 2:29.89	59.50	200m: 3:10.21	40.32	
135.	Tinka Kingma	SG FZC54-De Vikings	200103176				2:55.96	3:10.66	+0,75
	50m: 40.06	40.06	100m: 1:34.11	54.05	150m: 2:25.37	51.26	200m: 3:10.66	45.29	
136.	Julia Redzimska	ZPC Hoogeveen	200503384				3:10.43	3:11.83	
	50m: 2:26.87	2:26.87	100m: 1:32.26		200m: 3:11.83	1:39.57			
137.	Jill Rumph	MZ&PC De Reest	200500436				3:07.96	3:12.06	+0,84
	50m: 45.70	45.70	100m: 1:39.31	53.61	150m: 2:29.47	50.16	200m: 3:12.06	42.59	
138.	Rianne Beuker	SG FZC54-De Vikings	200402560				3:06.02	3:14.01	+0,70
	50m: 44.49	44.49	100m: 1:35.98	51.49	150m: 2:28.93	52.95	200m: 3:14.01	45.08	
139.	Amber van Dijk	Gzww	200502162				3:06.24	3:16.82	+0,86
	50m: 44.82	44.82	100m: 1:36.79	51.97	150m: 2:32.29	55.50	200m: 3:16.82	44.53	
140.	Marylay Kaijser	ZC Borger	200501080				3:13.14	3:19.78	+0,88
	50m: 49.87	49.87	100m: 1:41.82	51.95	150m: 2:37.48	55.66	200m: 3:19.78	42.30	
DIS	Daphne Rockers	De Kikker	200001376				2:43.08		
	<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>								
DIS	Tove Beltman	Orca	200301618				2:55.82		
	<i>RH - Het eindpunt niet in rugligging aangeraakt.</i>								
AFGEM	Elise Bentlage	ZPC Stadskanaal	200105358				2:56.12		
NG	Anne Speelman	De Spatters	199706118				2:39.70		