

Programmanr. 23
16-12-2018 - 14:35

Dames, 200m rugslag

Senioren Open
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
Junioren 2								
1. Iris Sikkens	Z&PC de Inktvis	2:56.38	200601772	2:48.54	39.11	1:22.35	2:06.20	2:48.54
2. Suze Buikema	Wetterwille	2:54.07	200600872	2:52.42	42.34	1:26.40	2:10.45	2:52.42
3. Imke Boontjes	Aqua 68	2:57.61	200600386	2:58.63	41.09	1:26.42	2:13.15	2:58.63
4. Sari Schott	Bubble	3:10.95	200602846	3:04.76	44.24	1:32.22	2:19.17	3:04.76
5. Jessica Dekkinga	HZ&PC Heerenveen	3:23.41	200600180	3:15.21	47.81	1:37.87	2:27.99	3:15.21
6. Manon Hofman	de Valken	3:26.59	200600336	3:28.35	50.97	1:43.06	2:37.44	3:28.35
DIS Liselotte Schaap	HZ&PC Heerenveen	2:59.49	200603016					

RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.

NG Robin Meide van der ZC Polaris 2:51.74 200601778

Junioren 3

1. Ciska de Lugt	Aqua 68	2:46.64	200503302	2:38.11	36.40	1:16.34	1:57.38	2:38.11
2. Amélie Wortel	Orca	2:45.77	200500814	2:41.33	37.86	1:18.90	2:00.35	2:41.33
3. Nienke Bakker	TriVia	2:45.98	200501178	2:43.74	37.79	1:19.77	2:02.01	2:43.74
4. Naomi Vellinga	Wetterwille	3:02.75	200500504	2:52.14	40.86	1:25.11	2:10.23	2:52.14
5. Rinlaphad Elzinga	de Granaet	2:59.81	200502822	2:52.23	40.25	1:24.59	2:09.06	2:52.23
6. Melanie Schaap	Bubble	2:57.50	200501180	2:54.60	39.10	1:22.66	2:10.34	2:54.60
7. Maud Koehoorn	HZ&PC Heerenveen	2:58.80	200501418	2:54.99	42.55	1:27.93	2:12.95	2:54.99
8. Esmee Hofstra	Wetterwille	3:06.60	200501816	2:59.68	44.11	1:28.46	2:14.88	2:59.68
9. Julia Spierenburg	de Valken	2:59.36	200500798	3:01.79	43.08	1:30.62	2:17.10	3:01.79
10. Riemke Tinnevelt	ZPC Hoogeveen	3:13.13	200503018	3:07.40	44.61	1:32.71	2:21.69	3:07.40

Jeugd 1 en 2

1. Merle Stavorinus	de Granaet	2:42.55	200400138	2:39.76	37.94	1:19.23	2:00.36	2:39.76
2. Megan Meinds	ZPC Nova	2:42.09	200400238	2:40.56	37.04	1:17.17	1:59.03	2:40.56
3. Chaira Scholte	Bubble	2:41.95	200304478	2:46.44	38.81	1:20.53	2:03.24	2:46.44
4. Marieke Speijer	Bubble	2:58.08	200401154	2:59.26	40.04	1:25.96	2:13.25	2:59.26
5. Larissa Redjosentono	Ksn (Sg)	2:59.20	200403210	3:02.74	42.07	1:28.56	2:16.23	3:02.74
6. Alja Sluiman	Aqualero	3:03.81	200300562	3:06.63	44.12	1:32.07	2:20.52	3:06.63

Senioren 1 en ouder

1. Marije Sweering	Neptunia '24	2:31.20	200101228	2:32.70	35.83	1:14.73	1:53.99	2:32.70
2. Ingrid de Vries	de Granaet	2:36.95	200100500	2:37.44	37.84	1:17.80	1:58.54	2:37.44
3. Elin Manning	ZPC Nova	2:38.45	200200982	2:39.06	36.71	1:16.98	1:59.60	2:39.06
4. Carolien Baarda	Orca	2:34.90	199704060	2:39.70	36.11	1:15.98	1:57.96	2:39.70
5. Marle Sewüster	Ksn (Sg)	2:43.30	199804104	2:40.91	38.20	1:19.20	2:00.87	2:40.91
6. Rosalie Baarda	Orca	2:43.24	199903460	2:41.53	37.85	1:19.30	2:01.38	2:41.53
7. Sanne Kloezen	Bubble	2:40.89	200204644	2:42.55	36.94	1:16.76	1:59.56	2:42.55
8. Isabeau Essing	Bubble	2:43.68	200201284	2:45.46	38.01	1:20.08	2:03.18	2:45.46
9. Ilse van der Kooi	de Granaet	2:43.10	200202150	2:45.54	38.44	1:20.64	2:03.69	2:45.54
10. Noël Iris Hettinga	Neptunia '24	2:48.83	200002536	2:46.51	40.09	1:22.23	2:04.69	2:46.51
11. Lotte van Hof	de Granaet	2:51.14	200202640	2:52.63	40.80	1:25.07	2:10.39	2:52.63
12. Lisanne Rinzema	Wetterwille	2:54.22	200204294	2:55.76	41.69	1:26.28	2:11.56	2:55.76
13. Fleur Nijen Twilhaar	ZC Polaris	2:59.62	200202610	2:55.91	41.34	1:28.09	2:14.91	2:55.91
14. Jose Emmink	ZPC Hoogeveen	2:55.84	199902446	2:56.13	40.90	1:25.28	2:11.37	2:56.13
15. Leonique Spierenburg	de Valken	3:07.81	200204354	2:56.51		1:25.85	2:11.99	2:56.51
16. Danique van der Wijk	TriVia	3:02.22	200100430	2:57.54	41.34	1:26.73	2:13.02	2:57.54
17. Irana Remmelts	Aqua 68	2:50.93	200102486	2:59.67	39.48	1:24.41	2:12.17	2:59.67
18. Hannah Warris	Aqua 68	2:43.87	200104204	3:02.27	42.29	1:27.40	2:15.15	3:02.27
DIS Laura Noord	De Wellerobben	2:44.72	200202568					

RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.

DIS Evelien de Jong Neptunia '24 2:56.14 199805316

RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.

NG Noa Sanders Ksn (Sg) 2:36.96 200002542