

Programmanr. 1
15-12-2018 - 9:00

Dames, 200m wisselslag

Senioren Open
Resultaten

| rang naam | vereniging | intijd | tijd | RT | 50m | 100m | 150m | 200m |
|--|---------------------|---------|-----------|----------------|-------|---------|---------|---------|
| Junioren 1 | | | | | | | | |
| 1. Mirthe Agricola | HZ&PC Heerenveen | 3:44.16 | 200702306 | 3:27.06 | 53.97 | 1:46.09 | 2:44.71 | 3:27.06 |
| 2. Annelie Klinkhamer | ZC Borger | 3:50.37 | 200702606 | 3:31.27 | 51.17 | 1:45.53 | 2:42.82 | 3:31.27 |
| 3. Benthe Hilbolling | ZC Borger | 3:37.41 | 200700362 | 3:34.78 | 49.87 | 1:45.57 | 2:46.35 | 3:34.78 |
| NG Nynke van der Ploeg | Orca | 3:23.33 | 200701116 | | | | | |
| Junioren 2 | | | | | | | | |
| 1. Suze Buikema | Wetterwille | 2:59.02 | 200600872 | 2:56.03 | 38.00 | 1:22.81 | 2:17.56 | 2:56.03 |
| 2. Lieke Rossel | Ksn (Sg) | 2:56.96 | 200603070 | 2:57.90 | 39.20 | 1:25.26 | 2:17.11 | 2:57.90 |
| 3. Maud Dokter | HZ&PC Heerenveen | 3:02.75 | 200601672 | 2:58.06 | 36.96 | 1:22.28 | 2:16.22 | 2:58.06 |
| 4. Liselotte Schaap | HZ&PC Heerenveen | 3:01.73 | 200603016 | 2:58.94 | 41.57 | 1:26.68 | 2:21.20 | 2:58.94 |
| 5. Almyra Santing | ZPC Hoogeveen | 3:08.19 | 200602786 | 3:01.51 | 41.90 | 1:29.07 | 2:22.41 | 3:01.51 |
| 6. Mette van Maren | HZ&PC Heerenveen | 3:02.93 | 200602030 | 3:01.64 | 37.95 | 1:24.55 | 2:17.62 | 3:01.64 |
| 7. Merel Enting | Aqua 68 | 3:11.27 | 200601368 | 3:09.12 | 44.97 | 1:33.49 | 2:28.33 | 3:09.12 |
| 8. Kim van Duinen | Aqualero | 3:14.35 | 200603498 | 3:11.14 | 41.80 | 1:34.34 | 2:29.90 | 3:11.14 |
| 9. Rosa Nuis | De Hardenberg | 3:19.43 | 200601884 | 3:16.39 | 39.76 | 1:30.49 | 2:26.80 | 3:16.39 |
| 10. Sharon Oldenkamp | Ksn (Sg) | 3:25.62 | 200600276 | 3:16.93 | 45.79 | 1:34.33 | 2:31.01 | 3:16.93 |
| 11. Maaïke van der Wal | Wetterwille | 3:24.00 | 200603288 | 3:17.50 | 49.49 | 1:38.17 | 2:36.77 | 3:17.50 |
| 12. Iris Boer | Aqualero | 3:14.88 | 200601590 | 3:18.97 | 45.98 | 1:35.94 | 2:34.21 | 3:18.97 |
| 13. Mandy Noord | De Wellerobben | 3:26.91 | 200600584 | 3:22.65 | 43.75 | 1:36.99 | 2:33.84 | 3:22.65 |
| 14. Jessica Dekkinga | HZ&PC Heerenveen | 3:35.56 | 200600180 | 3:33.85 | 56.11 | 1:47.46 | 2:47.52 | 3:33.85 |
| Junioren 3 | | | | | | | | |
| 1. Maike van der Heide | de Granaet | 2:50.25 | 200500828 | 2:44.60 | | | | 2:44.60 |
| 2. Annemarijn Damhoff | TriVia | 2:49.46 | 200501000 | 2:46.95 | 35.31 | 1:17.95 | 2:09.06 | 2:46.95 |
| 3. Melanie Schaap | Bubble | 2:53.92 | 200501180 | 2:49.69 | 38.49 | 1:22.58 | 2:12.38 | 2:49.69 |
| 4. Daniëlle Cosse | Bubble | 2:51.50 | 200500448 | 2:50.38 | 36.46 | 1:21.96 | 2:11.12 | 2:50.38 |
| 5. Charley Zethoven | HZ&PC Heerenveen | 2:54.57 | 200500868 | 2:50.41 | 34.56 | 1:16.61 | 2:11.22 | 2:50.41 |
| 6. Riemke Tinnevelt | ZPC Hoogeveen | 3:03.68 | 200503018 | 2:54.23 | 38.12 | 1:26.12 | 2:14.79 | 2:54.23 |
| 7. Esmee Hofstra | Wetterwille | 3:00.27 | 200501816 | 2:58.94 | 39.18 | 1:25.01 | 2:18.95 | 2:58.94 |
| 8. Elise van Egten | Ksn (Sg) | 3:10.63 | 200500300 | 3:00.57 | 35.58 | 1:19.15 | 2:14.56 | 3:00.57 |
| 9. Saule Westra | Ksn (Sg) | 2:59.87 | 200501584 | 3:00.59 | 38.87 | 1:25.16 | 2:19.82 | 3:00.59 |
| 10. Naomi Vellinga | Wetterwille | 3:02.30 | 200500504 | 3:00.76 | 40.98 | 1:24.91 | 2:21.70 | 3:00.76 |
| 11. Marylay Kaijser | ZC Borger | 3:05.98 | 200501080 | 3:08.14 | 45.18 | 1:33.14 | 2:26.25 | 3:08.14 |
| 12. Djurra Postma | SG. Bolsward-Workum | 3:20.59 | 200500402 | 3:13.38 | 42.84 | 1:33.34 | 2:31.40 | 3:13.38 |
| 13. Felicia Kroon | Gzvw | 3:25.21 | 200503828 | 3:34.58 | 46.60 | 1:39.64 | 2:42.30 | 3:34.58 |
| DIS Lise Grandsire | de Valken | 3:25.85 | 200501560 | | | | | |
| <i>SL - Het keer- en/of eindpunt met één hand aangetikt.</i> | | | | | | | | |
| DIS Lieke Schuur | ZPC Nova | 3:26.78 | 200500766 | | | | | |
| <i>RH - Het eindpunt niet in rugligging aangeraakt.</i> | | | | | | | | |
| Jeugd 1 en 2 | | | | | | | | |
| 1. Merle Stavorinus | de Granaet | 2:44.47 | 200400138 | 2:44.42 | 36.50 | 1:18.90 | 2:08.95 | 2:44.42 |
| 2. Tessa Schipper | Bubble | 2:48.18 | 200301578 | 2:45.75 | 36.55 | 1:20.15 | 2:06.65 | 2:45.75 |
| 3. Tove Beltman | Orca | 2:45.59 | 200301618 | 2:45.76 | 37.86 | 1:20.60 | 2:07.05 | 2:45.76 |
| 4. Janine Schuur | ZPC Nova | 2:52.06 | 200302466 | 2:47.00 | 35.65 | 1:16.84 | 2:06.82 | 2:47.00 |
| 5. Roos Serebryanik | Z&PC de Inktvis | 2:54.16 | 200403156 | 2:49.22 | 33.41 | 1:18.80 | 2:09.01 | 2:49.22 |
| 6. Roos de Jong | Zcnf'34 | 2:53.02 | 200302948 | 2:52.68 | 38.16 | 1:25.27 | 2:13.07 | 2:52.68 |
| 7. Anouk Veeninga | Ksn (Sg) | 2:48.11 | 200300048 | 2:52.78 | 37.54 | 1:22.31 | 2:12.84 | 2:52.78 |
| 8. Lieke Visser | de Granaet | 2:51.19 | 200400666 | 2:54.62 | 39.31 | 1:22.69 | 2:15.53 | 2:54.62 |
| 9. Marieke Speijer | Bubble | 2:58.28 | 200401154 | 2:56.09 | 38.28 | 1:22.04 | 2:15.31 | 2:56.09 |
| 10. Guusje Kroeze | Z&PC de Inktvis | 2:58.12 | 200403778 | 2:56.16 | 37.28 | 1:20.71 | 2:14.50 | 2:56.16 |
| 11. Denise Dost | ZC Borger | 2:54.90 | 200400190 | 2:56.33 | 40.56 | 1:24.65 | 2:16.19 | 2:56.33 |
| 12. Larissa Redjosentono | Ksn (Sg) | 3:06.87 | 200403210 | 3:00.77 | 40.86 | 1:25.90 | 2:20.39 | 3:00.77 |
| 13. Alja Sluiman | Aqualero | 3:09.19 | 200300562 | 3:04.42 | 40.08 | 1:27.40 | 2:23.09 | 3:04.42 |
| 14. Ilse van den Heuvel | de Valken | 3:11.84 | 200401036 | 3:05.93 | 42.04 | 1:28.77 | 2:25.27 | 3:05.93 |
| 15. Lynke Haan | Z&PC de Inktvis | 3:03.28 | 200301688 | 3:06.64 | 37.55 | 1:24.39 | 2:21.85 | 3:06.64 |
| 16. Frida Pafforaad | Avena | 3:08.85 | 200402098 | 3:09.06 | 44.60 | 1:34.47 | 2:27.36 | 3:09.06 |
| 17. Marit Draaijer | Aqualero | 3:14.29 | 200400328 | 3:14.56 | 42.42 | 1:33.57 | 2:28.59 | 3:14.56 |
| 18. Emma Hazenberg | Aqua 68 | 3:09.68 | 200402074 | 3:18.18 | 43.49 | 1:29.90 | 2:29.55 | 3:18.18 |
| 19. Nienke ter Velde | de Valken | 3:30.16 | 200403460 | 3:21.20 | 44.45 | 1:35.89 | 2:35.77 | 3:21.20 |

Programmanr. 1, Meisjes, 200m wisselslag, Jeugd 1 en 2

| rang naam | vereniging | intijd | tijd | RT | 50m | 100m | 150m | 200m |
|-----------------------|------------------|---------|-----------|----------------|-------|---------|---------|---------|
| 20. Denise Wigboldij | Aqualero | 3:23.23 | 200303898 | 3:22.62 | 40.79 | 1:30.34 | 2:37.65 | 3:22.62 |
| 21. Marieke Reuvekamp | de Valken | 3:25.51 | 200402220 | 3:24.66 | 47.85 | 1:38.27 | 2:39.34 | 3:24.66 |
| NG.ZA Sarah Berghuis | TriVia | 2:59.92 | 200302626 | | | | | |
| NG Kim Lutjie | Bubble | 2:54.99 | 200300772 | | | | | |
| NG Silke Koehoorn | HZ&PC Heerenveen | 3:07.63 | 200300968 | | | | | |

Senioren 1 en ouder

| | | | | | | | | |
|--------------------------|---------------------|---------|-----------|----------------|-------|---------|---------|---------|
| 1. Marijke Drent | ZPC Nova | 2:37.87 | 199906232 | 2:37.19 | 33.27 | 1:13.81 | 2:00.56 | 2:37.19 |
| 2. Sanne Kloezen | Bubble | 2:43.78 | 200204644 | 2:37.63 | 33.04 | 1:13.96 | 2:00.25 | 2:37.63 |
| 3. Marije Sweering | Neptunia '24 | 2:38.65 | 200101228 | 2:37.96 | 32.30 | 1:12.60 | 2:01.22 | 2:37.96 |
| 4. Myrthe Sietsma | Wetterwille | 2:40.04 | 200203854 | 2:38.20 | 31.93 | 1:12.63 | 2:00.92 | 2:38.20 |
| 5. Anneke vd Laan | Orca | 2:39.82 | 200201154 | 2:40.00 | 33.97 | 1:18.58 | 2:03.12 | 2:40.00 |
| 6. Elin Manning | ZPC Nova | 2:51.73 | 200200982 | 2:40.57 | 34.65 | 1:15.37 | 2:04.58 | 2:40.57 |
| 7. Laura Noord | De Wellerobben | 2:46.00 | 200202568 | 2:42.16 | 35.91 | 1:16.76 | 2:04.31 | 2:42.16 |
| 8. Claudia Dost | ZC Borger | 2:43.12 | 199900858 | 2:42.80 | 35.65 | 1:17.61 | 2:05.79 | 2:42.80 |
| 9. Rosalie Baarda | Orca | 2:45.46 | 199903460 | 2:44.42 | 34.80 | 1:14.12 | 2:05.63 | 2:44.42 |
| 10. Luka Stoker | ZPC Nova | 2:46.08 | 200200558 | 2:45.84 | 36.91 | 1:19.41 | 2:06.31 | 2:45.84 |
| 11. Noa Sanders | Ksn (Sg) | 2:41.62 | 200002542 | 2:46.24 | 35.83 | 1:17.43 | 2:04.53 | 2:46.24 |
| 12. Noël Iris Hettinga | Neptunia '24 | 2:50.67 | 200002536 | 2:47.22 | 36.00 | 1:20.28 | 2:06.81 | 2:47.22 |
| 13. Irana Rimmelts | Aqua 68 | 2:47.71 | 200102486 | 2:48.66 | 35.09 | 1:18.93 | 2:08.98 | 2:48.66 |
| 14. Martine Kamminga | Dz&Pc | 2:53.80 | 200201172 | 2:50.18 | 39.10 | | | 2:50.18 |
| 15. Anne Dotinga | Neptunia '24 | 2:55.36 | 200005790 | 2:51.61 | 37.37 | 1:19.81 | 2:12.59 | 2:51.61 |
| 16. Esmee Kloezen | Bubble | 2:48.43 | 200204646 | 2:53.92 | 35.68 | 1:18.69 | 2:08.77 | 2:53.92 |
| 17. Rosa Ebbinge | Dz&Pc | 2:47.11 | 200200904 | 2:54.17 | 41.12 | 1:23.01 | 2:15.18 | 2:54.17 |
| 18. Alyah de Bruijn | De Forel | 2:49.05 | 200004308 | 2:57.50 | 36.31 | 1:21.30 | 2:13.70 | 2:57.50 |
| 19. Lotte van Hof | de Granaet | 2:58.43 | 200202640 | 2:57.80 | 39.58 | 1:23.39 | 2:18.77 | 2:57.80 |
| 20. Tinka Kingma | SG FZC54-De Vikings | 3:01.96 | 200103176 | 2:59.18 | 37.36 | 1:27.42 | 2:15.89 | 2:59.18 |
| 21. Anouk Boltendal | HZ&PC Heerenveen | 3:04.78 | 200002518 | 3:01.52 | 38.84 | 1:22.56 | 2:18.42 | 3:01.52 |
| 22. Danique van der Wijk | TriVia | 3:04.32 | 200100430 | 3:01.78 | 43.02 | 1:26.49 | 2:21.57 | 3:01.78 |
| 23. Esther Roele | HZ&PC Heerenveen | 3:12.19 | 200001056 | 3:03.02 | 41.83 | 1:27.80 | 2:19.93 | 3:03.02 |
| 24. Ilse van der Kooi | de Granaet | 3:00.21 | 200202150 | 3:03.07 | 39.44 | 1:22.83 | 2:19.27 | 3:03.07 |
| 25. Laura de Boer | Wetterwille | 3:00.74 | 200102956 | 3:03.28 | 39.51 | 1:28.00 | 2:17.01 | 3:03.28 |
| 26. Ilona Nicolaas | Gzvw | 3:06.39 | 200201918 | 3:03.44 | 40.44 | 1:26.10 | 2:22.15 | 3:03.44 |
| 27. Liza van Domselaar | TriVia | 3:04.03 | 200201464 | 3:04.26 | 41.29 | 1:30.76 | 2:20.98 | 3:04.26 |
| 28. Corina van Zanten | Aqualero | 2:59.82 | 199903566 | 3:04.46 | 37.36 | 1:23.26 | 2:19.59 | 3:04.46 |
| 29. Melanie Zondag | ZC Borger | 3:10.66 | 199804476 | 3:06.11 | 40.83 | 1:27.20 | 2:22.23 | 3:06.11 |
| 30. Daphne de Jong | De Wellerobben | 3:12.87 | 199302388 | 3:11.02 | 42.30 | 1:34.05 | 2:24.73 | 3:11.02 |
| 31. Tove Kienhuis | Aqua 68 | 3:08.57 | 200203486 | 3:13.25 | 44.99 | 1:32.97 | 2:27.97 | 3:13.25 |
| DIS Myrthe Groote | ZC Polaris | 2:54.48 | 200202008 | | | | | |

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.

DIS Selma Boertien Aqua 68 3:09.52 200203834
RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.DIS Lisanne Rinzema Wetterwille 2:53.89 200204294
VB - Beide armen niet gelijktijdig naar voren en/of gelijktijdig achterwaarts gebracht.NG Reina Poelman Bubble 3:02.82 199900802
NG Arita Tolman de Valken 2:53.00 200000914
NG Miriam Wolters Z.C. Haren 3:38.02 199806592