

Regionale A winterkampioenschappen  
Heerenveen, 17- - 25-11-2018

Programmanr. 20  
18-11-2018 - 15:55

Dames, 4 x 100m vrije slag

Senioren Open  
Resultaten

| Rang                 |                             | In.tijd            | punten  | Tijd                                     |
|----------------------|-----------------------------|--------------------|---------|--|
| <b>Junioren</b>      |                             |                    |         |  |
| 1.                   | SG FZC54-De Vikings 2       | SG FZC54-De Viking | 4:23.47 | <b>4:22.71</b>                           |
|                      | Marte Hieke van der Kamp 05 | 30.84              | 1:04.29 | Mare Broekstra 06 32.29 1:07.80          |
|                      | Sterre van der Wal 05       | 33.36              | 1:09.22 | Noa Teuben 05 28.97 1:01.40              |
| 2.                   | ZPC Hoogeveen 2             | ZPC Hoogeveen      | 4:31.30 | <b>4:28.08</b>                           |
|                      | Julia Redzimska +0,71       | 32.12              | 1:07.73 | Riemke Tinnevelt +0,66 32.85 1:09.26     |
|                      | Miron Schimmelpenning +0,40 | 31.56              | 1:06.89 | Charley Blide +0,32 29.94 1:04.20        |
| 3.                   | HZ&PC Heerenveen 2          | HZ&PC Heerenveen   | 4:32.54 | <b>4:33.83</b>                           |
|                      | Charley Zethoven +0,55      | 32.07              | 1:07.31 | Mette van Maren 33.60 1:11.90            |
|                      | Amarinske Meijer            | 32.21              | 1:08.66 | Myrte van Mook +0,23 31.14 1:05.96       |
| 4.                   | ReVeLie Swim Team 2         | ReVeLie Swim Team  | 4:43.39 | <b>4:38.22</b>                           |
|                      | Lise Kleinbekman +0,81      | 32.21              | 1:08.91 | Nora Baljé +0,44 34.03 1:12.20           |
|                      | Monique Tienstra +0,56      | 33.23              | 1:09.24 | Anna Mulder +0,29 31.63 1:07.87          |
| 5.                   | HZ&PC Heerenveen 3          | HZ&PC Heerenveen   | 5:19.71 | <b>5:17.49</b>                           |
|                      | Carlijn Boltendal +0,68     | 34.28              | 1:14.07 | Mirthe Agricola +0,81 40.73 1:25.50      |
|                      | Maud Roffel +0,51           | 36.29              | 1:18.10 | Malika van Bezooijen +0,47 36.03 1:19.82 |
| <b>Senioren Open</b> |                             |                    |         |  |
| 1.                   | Orca 1                      | Orca 1             | 3:52.93 | <b>3:53.37</b>                           |
|                      | Josien Wijkhuijs +0,67      | 27.15              | 56.62   | Marissa Lindemulder +0,45 28.73 1:00.97  |
|                      | Silke Huisman +0,36         | 27.32              | 56.82   | Lize Janna de Vries +0,46 28.35 58.96    |
| 2.                   | TriVia 1                    | TriVia             | 3:57.77 | <b>3:56.65</b>                           |
|                      | Annet Marie Hoving +0,73    | 28.82              | 59.42   | Janna van Kooten +0,14 27.62 58.10       |
|                      | Tessa Kooi +0,63            | 28.75              | 59.93   | Mariëlle Dolfijn +0,40 28.29 59.20       |
| 3.                   | ZPC Hoogeveen 1             | ZPC Hoogeveen      | 4:00.53 | <b>3:58.88</b>                           |
|                      | Wiktorija Redzimska +0,75   | 29.08              | 1:00.79 | Simone Krans +0,43 28.67 1:00.06         |
|                      | Mirthe Schenkel +0,45       | 28.91              | 1:00.88 | Alinda Dingshoff +0,18 27.07 57.15       |
| 4.                   | Dz&Pc 1                     | Dz&Pc              | 4:03.34 | <b>4:01.07</b>                           |
|                      | Luca Ebbinge +0,57          | 29.06              | 1:00.19 | Krista de Reus 30.46 1:05.07             |
|                      | Karin Rijkelijhuizen +0,22  | 28.20              | 58.98   | Myrna van Duijven 26.82 56.83            |
| 5.                   | ReVeLie Swim Team 1         | ReVeLie Swim Team  | 4:02.91 | <b>4:02.71</b>                           |
|                      | Hilde Dekker +0,84          | 29.05              | 1:00.77 | Ilona Venema 29.33 1:01.11               |
|                      | Amé Hulleman                | 29.03              | 1:00.87 | Renée Vanderheyden 28.25 59.96           |
| 6.                   | TriVia 2                    | TriVia             | 4:06.67 | <b>4:05.65</b>                           |
|                      | Olena Dijkstra +0,75        | 29.55              | 1:02.26 | Inge Dekker +0,20 28.92 1:00.65          |
|                      | Myrthe Natzijs +0,39        | 29.10              | 1:00.84 | Veerle Nieborg +0,20 29.29 1:01.90       |
| 7.                   | HZ&PC Heerenveen 4          | HZ&PC Heerenveen   | 4:07.96 | <b>4:10.83</b>                           |
|                      | Loïs Jalving                | 31.37              | 1:05.94 | Lianne van Wier +0,16 28.22 59.55        |
|                      | Romy Jalving +0,28          | 30.18              | 1:04.79 | Leonie van Wier +0,32 28.79 1:00.55      |
| 8.                   | ZPC Nova 1                  | ZPC Nova           | 4:12.80 | <b>4:11.18</b>                           |
|                      | Yara van Kalmthout +0,82    | 28.30              | 58.96   | Megan Meinds +0,34 30.50 1:05.19         |
|                      | Linde Kasemir +0,42         | 30.30              | 1:04.77 | Elin Manning +0,38 29.39 1:02.26         |
| 9.                   | Orca 2                      | Orca 1             | 4:14.42 | <b>4:13.13</b>                           |
|                      | Froukje Osinga +0,63        | 30.63              | 1:03.21 | Suze Kuipers +0,69 30.52 1:03.94         |
|                      | Joyce Kuipers +0,28         | 29.91              | 1:02.83 | Carolien Baarda +0,52 30.03 1:03.15      |
| 10.                  | ZPC Hoogeveen 3             | ZPC Hoogeveen      | 4:14.94 | <b>4:16.92</b>                           |
|                      | Senna van der Veen +0,78    | 30.69              | 1:03.74 | Dominique Dingshoff +0,32 31.43 1:05.99  |
|                      | Leah Anakotta +0,12         | 30.77              | 1:07.00 | Charlotte Wilbers +0,56 29.14 1:00.19    |
| 11.                  | de Granaet 1                | de Granaet         | 4:17.57 | <b>4:17.92</b>                           |
|                      | Ingrid de Vries +0,75       | 31.12              | 1:04.84 | Lieke Visser +0,40 30.93 1:05.84         |
|                      | Merle Stavorinus +0,09      | 30.15              | 1:04.88 | Danieke van der Kooi +0,34 29.29 1:02.36 |

Regionale A winterkampioenschappen  
Heerenveen, 17- - 25-11-2018

---

Programmanr. 20, Dames, 4 x 100m vrije slag, Senioren Open

| Rang |                      |       |                  | In.tijd        | punten |       | Tijd           |
|------|----------------------|-------|------------------|----------------|--------|-------|----------------|
| 12.  | Orca 3               |       | Orca 1           | 4:26.09        |        |       | <b>4:25.89</b> |
|      | Marijne van der Veen | +0,80 | 31.25 1:05.20    | Tove Beltman   | +0,46  | 32.99 | 1:08.47        |
|      | Anneke vd Laan       | +0,48 | 30.91 1:05.11    | Amélie Wortel  |        | 31.67 | 1:07.11        |
| 13.  | HZ&PC Heerenveen 1   |       | HZ&PC Heerenveen | 4:40.89        |        |       | <b>4:41.19</b> |
|      | Anna van Eeken       | +0,70 | 34.10 1:14.09    | Amber Boomsma  |        | 33.12 | 1:09.27        |
|      | Marlies Berends      | +0,36 | 32.52 1:09.64    | Lisette Dooper | +0,42  | 32.23 | 1:08.19        |