

Programmanr. 8
 11-11-2017 - 18:05

Dames, 400m vrije slag

 Senioren Open
 Resultaten

rang naam	vereniging	intijd	tijd	RT	100m	200m	300m	400m
Junioren 1								
1. Sara, KORTHUIS	TriVia	5:19.42 200600494	5:12.92	442	1:13.82	1:20.50		
2. Charley, BLIDE	ZPC Hoogeveen	5:17.57 200600164	5:19.59	415	1:13.85	1:22.65		
3. Lieke, ROSSEL	Ksn (Sg)	5:46.38 200603070	5:36.00	357	1:15.68	1:26.47		
4. Robin, MEIDE VAN DER	ZC Polaris	5:41.25 200601778	5:37.18	353	1:18.67	1:29.80		
Junioren 2								
1. M., van der KAMP	SG FZC54-De Vikings	5:07.02 200500218	5:01.53	494	1:11.79	1:18.93		
Junioren 3								
1. Janna, van KOOTEN	TriVia	4:39.54 200404584	4:41.71	606	1:06.79	1:11.49		
2. Charlotte, WILBERS	ZPC Hoogeveen	4:47.97 200400312	4:42.56	600	1:09.18	1:11.45		
3. Myrthe, NATZIJL	Ksn (Sg)	4:48.32 200400076	4:52.60	541	1:09.57	1:14.71		
4. Veerle, NIEBORG	TriVia	4:54.67 200400428	4:54.33	531	1:10.64	1:15.82		
5. Sterre-Marit, DROK	ZPC Stadskanaal	4:58.68 200400880	4:57.32	515	1:10.53	1:16.69		
Jeugd 1 en 2								
1. Yara, van KALMTHOUT	Nova	4:41.19 200200984	4:37.69	633	1:04.62	1:09.14		
2. Silke, HUISMAN	Orca	4:42.73 200301182	4:38.75	625	1:04.79	1:11.15		
3. Mariëlle, DOLFIJN	TriVia	4:41.86 200201640	4:42.46	601	1:07.22	1:10.97		
4. Inge, DEKKER	TriVia	4:45.28 200200476	4:45.91	580	1:06.41	1:14.12		
5. Suze, KUIPERS	Orca	4:37.40 200301714	4:48.51	564	1:08.88	1:13.58		
6. Leonie, van WIER	HZ&PC Heerenveen	4:46.45 200200436	4:48.93	562	1:08.02	1:13.06		
7. Nynke, ZANDSTRA	Dz&Pc	4:51.33 200202044	4:49.81	556	1:08.71	1:13.50		
8. Mirthe, SCHENKEL	ZPC Hoogeveen	4:47.77 200300666	4:51.98	544	1:08.24	1:13.88		
9. Chantal, TIESINGA	TriVia	4:58.57 200302452	4:55.08	527	1:11.59	1:15.78		
10. Zana, UDO	De Forel	4:59.68 200202686	4:55.91	523	1:09.94	1:15.75		
11. Amé, HULLEMAN	ReVeLie Swim Team	4:56.40 200202794	4:58.11	511	1:09.58	1:15.76		
12. Lianne, van WIER	HZ&PC Heerenveen	4:42.29 200200438	5:05.90	473	1:10.77	1:18.13		
13. Esmee, van PEER	TriVia	5:02.54 200201114	5:06.20	472	1:11.05	1:18.19		
14. Anna, TINGA	De Forel	5:01.36 200302734	5:07.83	464	1:11.86	1:17.20		
15. Britt, GERDES	Ksn (Sg)	4:53.19 200201636	5:12.28	445	1:11.34	1:18.79		
16. Rosa, EBBINGE	Dz&Pc	4:56.88 200200904	5:21.45	408	1:14.34	1:21.36		
Senioren 1 en ouder								
1. Alinda, DINGSHOFF	ZPC Hoogeveen	4:33.94 200000928	4:29.70	690	1:05.25	1:07.54		
Lize Janna, de VRIES	Orca	4:33.94 200101948	4:29.77	690	1:05.24	1:08.84		
3. Kyra, WOOLDRIK	ZPC Hoogeveen	4:44.99 200101042	4:40.47	614	1:06.04	1:12.49		
4. Wiktoria, REDZIMSKA	ZPC Hoogeveen	4:46.07 200106042	4:40.99	610	1:06.24	1:12.47		
5. Annemarie, HOVING	TriVia	4:44.40 200000248	4:42.12	603	1:06.54	1:11.74		
6. Jolien, WIND	Nova	4:44.48 200100510	4:44.94	585	1:07.13	1:13.01		
7. Christien, LIEMBURG	HZ&PC Heerenveen	4:49.18 199903672	4:53.55	535	1:09.62	1:14.41		
AFGEM Myrthe, OFFENGA	SG FZC54-De Vikings	4:48.68 199901874						
NG Jill, BLIDE	ZPC Hoogeveen	4:39.19 200004734						