

Regionale Minioren Finale 2019  
Heerenveen, 1- - 2-6-2019

Programmanr. 2  
1-6-2019 - 14:20

Jongens, 400m vrije slag

Minioren 6  
Resultaten

Rang	Naam			Vereniging			Intijd	Startnummer	Eindtijd	Info	
1.	Tieme Wiersma			Dz&Pc			5:13.92	200701031	<b>5:09.49</b>		
	50m:	35.55	35.55	150m:	1:54.55	39.61	250m:	3:13.88	39.78	350m: 4:31.82	38.79
	100m:	1:14.94	39.39	200m:	2:34.10	39.55	300m:	3:53.03	39.15	400m: 5:09.49	37.67
2.	Ryan Huizinga			Bubble			5:18.07	200700419	<b>5:16.66</b>		
	50m:	34.86	34.86	150m:	1:55.30	40.90	250m:	3:16.61	40.69	350m: 4:38.02	40.56
	100m:	1:14.40	39.54	200m:	2:35.92	40.62	300m:	3:57.46	40.85	400m: 5:16.66	38.64
3.	Jelte de Boer			FZC'54-De Vikings (SG)			5:24.22	200700345	<b>5:21.48</b>		
	50m:	34.87	34.87	150m:	1:52.76	39.28	250m:	3:15.70	41.91	350m: 4:40.19	41.70
	100m:	1:13.48	38.61	200m:	2:33.79	41.03	300m:	3:58.49	42.79	400m: 5:21.48	41.29
4.	Quinten Brouwer von Gonzenbach			TriVia			5:18.22	200700001	<b>5:23.88</b>		
	50m:	34.73	34.73	150m:	1:56.49	41.00	250m:	3:18.69	41.13	350m: 4:42.98	41.97
	100m:	1:15.49	40.76	200m:	2:37.56	41.07	300m:	4:01.01	42.32	400m: 5:23.88	40.90
5.	Daniël Hardziyenka			TriVia			5:35.03	200701773	<b>5:34.00</b>		
	50m:	36.13	36.13	150m:	2:00.39	42.93	250m:	3:27.17	43.54	350m: 4:53.70	43.23
	100m:	1:17.46	41.33	200m:	2:43.63	43.24	300m:	4:10.47	43.30	400m: 5:34.00	40.30
6.	Jere Wiersma			Dz&Pc			5:35.74	200701037	<b>5:35.77</b>		
	50m:	37.07	37.07	150m:	2:02.00	43.60	250m:	3:29.00	42.72	350m: 4:54.46	42.82
	100m:	1:18.40	41.33	200m:	2:46.28	44.28	300m:	4:11.64	42.64	400m: 5:35.77	41.31
7.	Jordey Thole			ZPC Hoogeveen			5:42.80	200700385	<b>5:36.83</b>		
	50m:	37.11	37.11	150m:	2:04.88	44.73	250m:	3:31.91	43.23	350m: 4:57.09	42.65
	100m:	1:20.15	43.04	200m:	2:48.68	43.80	300m:	4:14.44	42.53	400m: 5:36.83	39.74
8.	Simun Cudic			TriVia			5:50.46	200702463	<b>5:45.52</b>		
	50m:	37.17	37.17	150m:	2:05.76	44.75	250m:	3:36.83	44.85	350m: 5:05.85	43.54
	100m:	1:21.01	43.84	200m:	2:51.98	46.22	300m:	4:22.31	45.48	400m: 5:45.52	39.67
9.	Christiaan Steneker			Orca			6:01.93	200700925	<b>5:46.78</b>		
	<i>*back up</i>										
	50m:	37.57	37.57	150m:	2:05.27	44.46	250m:	3:34.41	44.70	350m: 5:03.89	44.52
	100m:	1:20.81	43.24	200m:	2:49.71	44.44	300m:	4:19.37	44.96	400m: 5:46.78	42.89
10.	Stefan van der Feer			Bubble			5:50.46	200701607	<b>5:47.31</b>		
	50m:	38.13	38.13	150m:	2:05.51	44.52	250m:	3:35.31	44.92	350m: 5:05.10	44.95
	100m:	1:20.99	42.86	200m:	2:50.39	44.88	300m:	4:20.15	44.84	400m: 5:47.31	42.21
11.	Niek Hofstra			Bolsward-Workum (SG)			6:00.67	200700571	<b>5:55.24</b>		
	50m:	39.31	39.31	150m:	2:11.82	46.33	250m:	3:42.73	45.52	350m: 5:16.31	
	100m:	1:25.49	46.18	200m:	2:57.21	45.39	300m:			400m: 5:55.24	38.93
12.	Lennard Brandsma			Dz&Pc			6:12.59	200702645	<b>5:55.29</b>		
	50m:	37.85	37.85	150m:	2:08.11	45.84	250m:	3:44.39	48.76	350m: 5:16.82	45.58
	100m:	1:22.27	44.42	200m:	2:55.63	47.52	300m:	4:31.24	46.85	400m: 5:55.29	38.47
13.	Ids Harms			TriVia			6:28.08	200702753	<b>6:04.94</b>		
	50m:	38.01	38.01	150m:	2:07.57	46.39	250m:	3:43.30	48.00	350m: 5:18.27	46.12
	100m:	1:21.18	43.17	200m:	2:55.30	47.73	300m:	4:32.15	48.85	400m: 6:04.94	46.67
14.	Melle van Veen			De Plons			6:26.44	200700661	<b>6:06.72</b>		
	50m:	40.93	40.93	150m:	2:14.33	46.90	250m:	3:48.84	46.14	350m: 5:16.53	41.99
	100m:	1:27.43	46.50	200m:	3:02.70	48.37	300m:	4:34.54	45.70	400m: 6:06.72	50.19
15.	Finn Stockford			Ksn (Sg)			6:15.88	200700609	<b>6:06.90</b>		
	50m:	39.96	39.96	150m:	2:13.30	47.34	250m:	3:46.70	47.15	350m: 5:20.36	46.19
	100m:	1:25.96	46.00	200m:	2:59.55	46.25	300m:	4:34.17	47.47	400m: 6:06.90	46.54
16.	Tim Zuurman			ZPC Hoogeveen			6:17.99	200700131	<b>6:17.63</b>		
	<i>*back up tijd</i>										
	50m:	40.22	40.22	150m:	2:17.06	49.82	250m:	3:54.61	48.09	350m:	
	100m:	1:27.24	47.02	200m:	3:06.52	49.46	300m:	4:45.37	50.76	400m:	6:17.63

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Rang	Naam	Vereniging				Intijd	Startnummer	Eindtijd	Info
17.	Vasco Strampel	HZ&PC Heerenveen				6:26.92	200702073	<b>6:17.94</b>	
	50m: 39.47	39.47	150m: 2:12.41	47.46	250m: 3:50.55	49.15	350m: 5:28.65	47.99	
	100m: 1:24.95	45.48	200m: 3:01.40	48.99	300m: 4:40.66	50.11	400m: 6:17.94	49.29	
18.	Rens de Boer	De Reest				6:14.95	200700711	<b>6:21.74</b>	
	50m: 40.93	40.93	150m: 2:17.87	48.76	250m: 3:56.80	50.15	350m: 5:34.11	49.39	
	100m: 1:29.11	48.18	200m: 3:06.65	48.78	300m: 4:44.72	47.92	400m: 6:21.74	47.63	
19.	Yannick Dijks	Orca				6:42.70	200700923	<b>6:31.66</b>	
	50m: 43.19	43.19	150m: 2:21.31	50.51	250m: 4:02.53	51.00	350m: 5:44.88	51.05	
	100m: 1:30.80	47.61	200m: 3:11.53	50.22	300m: 4:53.83	51.30	400m: 6:31.66	46.78	
20.	Gerben Bouma	Dz&Pc				6:28.29	200701353	<b>6:37.98</b>	
	50m: 41.55	41.55	150m: 2:20.87	50.16	250m: 4:05.47	52.67	350m: 5:48.17	49.92	
	100m: 1:30.71	49.16	200m: 3:12.80	51.93	300m: 4:58.25	52.78	400m: 6:37.98	49.81	
21.	Gertjan van der Meer	Wetterwille				6:45.04	200701369	<b>6:53.31</b>	
	50m: 40.60	40.60	150m: 2:23.53	53.29	250m: 4:11.16	54.11	350m: 6:02.41	56.76	
	100m: 1:30.24	49.64	200m: 3:17.05	53.52	300m: 5:05.65	54.49	400m: 6:53.31	50.90	
DIS	Daniël Malda	Orca				6:18.43	200700281		
	<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>								
NG	Jesse Stel	HZ&PC Heerenveen				6:26.32	200700589		
NG	Hielke van der Zwaag	Wetterwille				6:17.45	200701197		