

Regionale Zomer Kampioenschappen  
Drachten, 27, 28 en 29 mei 2016

Programmanr. 6  
14-5-2017

Jongens, 1500m vrije slag

Junioren 3 en 4  
Resultaten

Rang							In.tijd	Tijd	RT
1.	Owen Peeks	ZPC Hoogeveen	200100765				17:06.74	<b>17:11.06</b>	
	50m: 31.71	31.71	200m: 2:13.87	1:08.45	800m: 9:05.68	4:34.32			
	100m: 1:05.42	33.71	400m: 4:31.36	2:17.49	1500m: 17:11.06	8:05.38			
2.	Raoul Witten	ZPC Hoogeveen	200200231				18:01.62	<b>17:45.15</b>	
	50m: 32.30	32.30	200m: 2:17.24	1:09.93	800m: 9:27.22	4:47.38			
	100m: 1:07.31	35.01	400m: 4:39.84	2:22.60	1500m: 17:45.15	8:17.93			
3.	Coen de Lang	ZPC Hoogeveen	200100067				19:13.36	<b>17:47.88</b>	
	50m: 32.12	32.12	200m: 2:16.82	1:10.03	800m: 9:24.60	4:46.84			
	100m: 1:06.79	34.67	400m: 4:37.76	2:20.94	1500m: 17:47.88	8:23.28			
4.	Rik Stahlie	TriVia	200201915				18:31.02	<b>18:06.55</b>	
	50m: 31.16	31.16	200m: 2:18.16	1:11.37	800m: 9:35.30	4:52.94			
	100m: 1:06.79	35.63	400m: 4:42.36	2:24.20	1500m: 18:06.55	8:31.25			
5.	Hendrik Jilderda	Wetterwille	200100673				21:30.85	<b>22:08.51</b>	
	50m: 36.11	36.11	200m: 2:44.16	1:26.55	800m: 11:41.98	6:00.61			
	100m: 1:17.61	41.50	400m: 5:41.37	2:57.21	1500m: 22:08.51	10:26.53			
6.	Bram Venema	TriVia	200103733				22:43.80	<b>22:19.36</b>	
	50m: 38.44	38.44	200m: 2:50.20	1:29.45	800m: 11:52.90	6:03.00			
	100m: 1:20.75	42.31	400m: 5:49.90	2:59.70	1500m: 22:19.36	10:26.46			
7.	Willem Poortinga	Wetterwille	200105093	S10			24:59.65	<b>24:32.82</b>	
	50m: 39.63	39.63	200m: 3:03.91	1:38.50	800m: 13:09.54	6:43.50			
	100m: 1:25.41	45.78	400m: 6:26.04	3:22.13	1500m: 24:32.82	11:23.28			
DIS	Dushan de Bruijn	De Forel	200201273				18:41.13		
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>								
AFGEM	Makai van Haren	De Forel	200200627				18:19.80		