

Regionale Zomer Kampioenschappen  
Drachten, 27, 28 en 29 mei 2016

Programmanr. 4  
14-5-2017

Meisjes, 400m vrije slag

Minioren 5 en Junioren 1  
Resultaten

Rang							In.tijd	Tijd	RT			
1.	Marte Hieke van der Kamp	SG FZC54-De Vikings	200500218	5:30.40	<b>5:09.98</b>							
	50m:	34.09	34.09	100m:	1:13.12	39.03	200m:	2:33.52	1:20.40	400m:	5:09.98	2:36.46
2.	Sara Korthuis	TriVia	200600494	5:26.07	<b>5:28.28</b>							
	50m:	35.57	35.57	100m:	1:15.59	40.02	200m:	2:39.28	1:23.69	400m:	5:28.28	2:49.00
3.	Charley Blide	ZPC Hogeveen	200600164	5:30.49	<b>5:29.04</b>							
	50m:	35.34	35.34	100m:	1:14.97	39.63	200m:	2:39.48	1:24.51	400m:	5:29.04	2:49.56
4.	Maïke van der Heide	de Granaet	200500828	6:10.89	<b>5:39.50</b>							
	50m:	37.94	37.94	100m:	1:21.36	43.42	200m:	2:49.53	1:28.17	400m:	5:39.50	2:49.97
5.	Fleur Bos	Orca	200500674	5:43.36	<b>5:40.79</b>							
	50m:	37.37	37.37	100m:	1:19.31	41.94	200m:	2:46.59	1:27.28	400m:	5:40.79	2:54.20
6.	Naomi Vellinga	Wetterwille	200500504	5:39.93	<b>5:43.18</b>							
	50m:	35.45	35.45	100m:	1:16.20	40.75	200m:	2:46.08	1:29.88	400m:	5:43.18	2:57.10
7.	Annemarijn Damhoff	Z&PC de Inktvis	200501000	5:59.41	<b>5:49.84</b>							
	50m:	38.00	38.00	100m:	1:20.76	42.76	200m:	2:51.06	1:30.30	400m:	5:49.84	2:58.78
8.	Rinlaphad Elzinga	de Granaet	200502822	5:59.70	<b>5:54.08</b>							
	50m:	37.74	37.74	100m:	1:21.24	43.50	200m:	2:49.74	1:28.50	400m:	5:54.08	3:04.34
9.	Sterre van der Wal	Orca	200502356	6:17.44	<b>5:54.24</b>							
	50m:	38.67	38.67	100m:	1:22.29	43.62	200m:	2:51.85	1:29.56	400m:	5:54.24	3:02.39
10.	Amber Tiesinga	TriVia	200600782	6:15.17	<b>6:13.70</b>							
	50m:	42.22	42.22	100m:	1:28.90	46.68	200m:	3:01.97	1:33.07	400m:	6:13.70	3:11.73
11.	Dynah Hassing	De Forel	200500756	6:46.74	<b>6:17.94</b>							
	50m:	41.69	41.69	100m:	1:30.28	48.59	200m:	3:08.53	1:38.25	400m:	6:17.94	3:09.41
12.	Mare Broekstra	SG FZC54-De Vikings	200600616	6:46.62	<b>6:31.43</b>							
	50m:	40.31	40.31	100m:	1:28.47	48.16	200m:	3:08.48	1:40.01	400m:	6:31.43	3:22.95
AFGEM	Monique Tienstra	TriVia	200600354	6:00.81								