

Regionale Zomer Kampioenschappen
Drachten, 27, 28 en 29 mei 2016

Programmanr. 20
14-5-2017

Jongens, 400m wisselslag

Junioren 3 en 4
Resultaten

Rang					In.tijd	Tijd	RT
1.	Marcel Delfstra	Orca	200100037		4:41.35	4:47.87	
	50m: 28.25	28.25	100m: 1:02.02	33.77	400m: 4:47.87	3:45.85	
2.	Coen de Lang	ZPC Hoogeveen	200100067		4:51.80	4:57.18	
	50m: 32.89	32.89	100m: 1:11.86	38.97	400m: 4:57.18	3:45.32	
3.	Owen Peeks	ZPC Hoogeveen	200100765		4:57.65	5:00.58	
	50m: 32.35	32.35	100m: 1:10.60	38.25	400m: 5:00.58	3:49.98	
4.	Dushan de Bruijn	De Forel	200201273		5:07.76	5:00.86	
	50m: 32.81	32.81	100m: 1:11.53	38.72	400m: 5:00.86	3:49.33	
5.	Arnoud Bos	Bubble	200203241		5:26.25	5:35.04	
	50m: 33.40	33.40	100m: 1:12.37	38.97	400m: 5:35.04	4:22.67	
6.	Hendrik Jilderda	Wetterwille	200100673		5:47.81	5:52.60	
	50m: 35.84	35.84	100m: 1:21.52	45.68	400m: 5:52.60	4:31.08	
7.	Danny Veenstra	Wetterwille	200201011		6:20.03	6:25.40	
	50m: 41.47	41.47	100m: 1:34.65	53.18	400m: 6:25.40	4:50.75	
8.	Willem Poortinga	Wetterwille	200105093	SM10	6:52.53	6:42.57	
	50m: 44.10	44.10	100m: 1:35.97	51.87	400m: 6:42.57	5:06.60	