

Regio A kampioenschappen
Emmen, 16- - 24-11-2019

Programmanr. 5
16-11-2019 - 15:25

Dames, 200m schoolslag

Senioren Open
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
Junioren 1 en 2								
1. Dachen Haaijer	ZPC Hoogeveen	3:09.27 200800380	3:06.12	+0,79	42.12	1:30.66	2:19.10	3:06.12
2. Indy Hof	Dz&Pc	3:13.63 200800630	3:09.75	+0,69	42.99	1:32.46	2:22.24	3:09.75
3. Amber Lubbers	SG FZC54-De Vikings	13:13.43 200700398	3:10.35	+0,71	43.31	1:33.12	2:22.28	3:10.35
4. Carlijn Gruppen	ZPC Hoogeveen	3:13.30 200700046	3:10.69	+0,78	43.46	1:32.34	2:22.18	3:10.69
5. Julia Agricola	Dz&Pc	3:15.03 200800266	3:12.68	+0,89	44.40	1:33.74	2:23.80	3:12.68
6. Jorylyn Kaijser	ZC Borger	3:12.83 200700036	3:13.35	+0,78	44.05	1:33.09	2:23.49	3:13.35
7. Frouke Ludwig	Dz&Pc	3:21.91 200800112	3:19.52		44.03	1:34.94	2:27.80	3:19.52
8. Jannoula Jaspers	SG FZC54-De Vikings	13:22.35 200800202	3:20.06	+0,68	45.74	1:37.22	2:28.81	3:20.06

13 - 14 jaar

1. Riemke Tinnevelt	ZPC Hoogeveen	2:50.76 200503018	2:49.81	+0,83	39.12	1:22.71	2:06.53	2:49.81
2. Fleur Bos	Orca 1	3:00.26 200500674	2:55.12	+0,91	39.69	1:24.64	2:10.95	2:55.12
3. Hedwig Bolt	HZ&PC Heerenveen	2:56.72 200602660	2:57.62	+0,81	39.04	1:24.75	2:10.71	2:57.62
4. Nora Baljé	ReVeLie Swim Team	3:00.34 200503228	2:58.14	+0,89	39.34	1:24.78	2:11.65	2:58.14
5. Amber Tiesinga	HZ&PC Heerenveen	2:56.31 200600782	2:59.09	+0,88	40.14	1:26.78	2:13.87	2:59.09
6. Miron Schimmelpenning	ZPC Hoogeveen	2:53.22 200500426	2:59.36	+0,84	40.07	1:25.99	2:12.96	2:59.36
7. Imke Boontjes	Aqua 68	2:59.20 200600386	3:01.14	+0,95	41.17	1:28.10	2:14.96	3:01.14
8. Robin Meide van der	ZC Polaris	3:03.80 200601778	3:02.04	+0,76	40.61	1:26.75	2:14.74	3:02.04
9. Julia Redzimska	ZPC Hoogeveen	3:01.44 200503384	3:02.11	+0,81	40.42	1:26.70	2:14.54	3:02.11
10. Sterre van der Wal	Apexswim	3:02.65 200502356	3:06.84		42.19	1:30.15	2:19.15	3:06.84

15 - 16 jaar

1. Silke Huisman	Orca 1	2:34.81 200301182	2:38.21	+0,75	36.04	1:16.71	1:57.01	2:38.21
2. Mirthe Schenkel	ZPC Hoogeveen	2:35.07 200300666	2:39.28	+0,83	36.22	1:16.28	1:57.31	2:39.28
3. Emma Hofstee	TriVia	2:40.38 200401282	2:39.59	+0,78	35.73	1:16.91	1:57.93	2:39.59
4. Iris Nieuwhof	TriVia	2:41.40 200401944	2:42.54	+0,76	36.90	1:17.79	2:00.35	2:42.54
5. Romana Jonker	HZ&PC Heerenveen	2:46.63 200403016	2:49.14	+0,71	38.08	1:22.21	2:06.55	2:49.14
6. Charlotte Wilbers	ZPC Hoogeveen	2:51.72 200400312	2:56.07	+0,80	39.51	1:24.44	2:10.47	2:56.07
7. Sarina Beuker	Orca 1	2:55.23 200303454	2:57.58	+0,68	40.77	1:26.52	2:11.76	2:57.58
8. Marijne van der Veen	Orca 1	2:57.07 200300960	3:01.39	+0,94	41.72	1:28.60	2:15.36	3:01.39
9. Megan Meinds	ZPC Nova	2:58.79 200400238	3:07.25	+0,76	40.50	1:28.15	2:17.79	3:07.25

Senioren

1. Joyce Kuipers	Orca 1	2:31.43 200103426	2:39.69	+0,80	36.94	1:17.43	1:58.09	2:39.69
2. Wiktorja Redzimska	ZPC Hoogeveen	2:45.72 200106042	2:41.27	+0,86	36.37	1:17.56	1:59.96	2:41.27
3. Lize Janna de Vries	Orca 1	2:41.15 200101948	2:42.98	+0,77	37.66	1:19.24	2:01.25	2:42.98
4. Alinda Dingshoff	ZPC Hoogeveen	2:43.02 200000928	2:44.70	+0,81	38.63	1:20.04	2:01.48	2:44.70
5. Amber Koning	Azuro	2:42.93 200202842	2:47.55	+0,85	38.02	1:20.22	2:03.22	2:47.55
6. Anneke vd Laan	Orca 1	2:50.89 200201154	2:49.52	+0,84	38.92	1:22.93	2:06.35	2:49.52
7. Jolien Wind	ZPC Nova	2:51.43 200100510	2:53.20	+0,85	40.36	1:25.07	2:09.17	2:53.20
8. Esmee van Peer	TriVia	2:52.17 200201114	2:58.18	+0,94	39.62	1:24.83	2:11.26	2:58.18
AFGEM Karin Rijkelijhuizen	Dz&Pc	2:31.51 199403358						