

Regio A kampioenschappen
Emmen, 16- - 24-11-2019

Programmanr. 31
23-11-2019 - 16:55

Dames, 200m rugslag

Senioren Open
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
Junioren 1 en 2								
1. Carlijn Gruppen	ZPC Hoogeveen	2:40.39 200700046	2:34.05		36.19	1:15.39	1:55.60	2:34.05
2. Frouke Ludwig	Dz&Pc	2:38.22 200800112	2:38.77		37.05	1:17.61	1:58.85	2:38.77
3. Jasmijn Sterken	ZPC Hoogeveen	2:39.88 200701196	2:39.77		38.16	1:18.50	1:59.62	2:39.77
4. Maud Roffel	HZ&PC Heerenveen	2:40.79 200700840	2:41.52		39.49	1:20.81	2:03.29	2:41.52
5. Esmee van der Tuuk	ZPC Hoogeveen	2:45.56 200800682	2:41.61		38.46	1:20.22	2:01.78	2:41.61
6. Jorylyn Kaijser	ZC Borger	2:42.89 200700036	2:42.47		38.85	1:19.76	2:01.52	2:42.47
7. Katja Wierda	ZPC Nova	2:48.86 200700216	2:45.14		39.07	1:21.38	2:04.14	2:45.14
8. Joy ten Hoove	ZPC Hoogeveen	2:48.75 200802370	2:45.43		39.03	1:21.77	2:04.52	2:45.43
9. Sofie Vos	ZPC Hoogeveen	2:50.04 200800804	2:51.55		41.91	1:26.17	2:10.09	2:51.55
10. Linde Fortuin	Orca 1	2:56.28 200801530	2:52.72		41.47	1:26.10	2:10.63	2:52.72
11. Jannoula Jaspers	SG FZC54-De Vikings	12:53.76 200800202	2:52.82		40.33	1:26.26	2:10.88	2:52.82
12. Indy Hof	Dz&Pc	3:01.50 200800630	2:53.09		41.06	1:26.60	2:11.40	2:53.09
13. Dachen Haaijer	ZPC Hoogeveen	2:50.97 200800380	2:53.74		40.52	1:25.15	2:10.65	2:53.74
14. Julia Agricola	Dz&Pc	2:59.93 200800266	2:55.14		41.58	1:26.72	2:11.78	2:55.14
15. Vienna Maura Delea	SG FZC54-De Vikings	13:01.90 200800962	2:56.67		41.12	1:26.02	2:12.04	2:56.67
	<i>*back up tijd</i>							
NG Zeineb Bichri	TriVia	3:02.22 200802184						
NG Femke Smilde	HZ&PC Heerenveen	3:00.92 200801826						
13 - 14 jaar								
1. M. van der Kamp	Orca 1	2:24.68 200500218	2:27.45		34.82	1:12.17	1:50.30	2:27.45
2. Julia Redzimska	ZPC Hoogeveen	2:32.07 200503384	2:29.83		34.28	1:11.68	1:50.56	2:29.83
3. Ciska de Lugt	Aqua 68	2:36.74 200503302	2:32.77		34.50	1:12.69	1:53.01	2:32.77
4. Charley Blide	TriVia	2:36.75 200600164	2:33.73		35.35	1:14.04	1:53.97	2:33.73
5. Fleur Bos	Orca 1	2:40.52 200500674	2:36.12		36.76	1:16.28	1:56.51	2:36.12
6. Sara Korhuis	Apexswim	2:39.79 200600494	2:38.45		36.81	1:17.23	1:58.21	2:38.45
7. Robin Meide van der	ZC Polaris	2:42.15 200601778	2:38.96		37.62	1:17.73	1:58.61	2:38.96
8. Miron Schimmelpenning	ZPC Hoogeveen	2:36.06 200500426	2:39.15		36.86	1:16.73	1:58.21	2:39.15
9. Aniek Ausema	Apexswim	2:41.01 200602084	2:40.82		38.69	1:19.64	2:00.94	2:40.82
10. C. van Klaarbergen	Dz&Pc	2:40.71 200500562	2:41.62		38.23	1:18.90	2:00.58	2:41.62
11. Suze Buikema	Wetterwille	2:42.53 200600872	2:42.17		38.94	1:20.87	2:02.62	2:42.17
12. Charley Zethoven	HZ&PC Heerenveen	2:40.96 200500868	2:43.36		37.31	1:18.71	2:01.57	2:43.36
13. Myrte van Mook	HZ&PC Heerenveen	2:37.73 200600610	2:43.78		38.05	1:19.39	2:01.98	2:43.78
AFGEM Noa Teuben	SG FZC54-De Vikings	12:30.81 200500254						
15 - 16 jaar								
1. Charlotte Wilbers	ZPC Hoogeveen	2:25.24 200400312	2:22.86		33.63	1:09.83	1:46.65	2:22.86
2. Myrthe Natzijs	TriVia	2:25.35 200400076	2:24.03		34.21	1:09.93	1:46.82	2:24.03
3. Joline Koop	Aqua 68	2:32.13 200403174	2:24.47		33.47	1:10.58	1:48.56	2:24.47
4. Senna van der Veen	ZPC Hoogeveen	2:28.96 200400072	2:27.34		34.48	1:11.94	1:49.88	2:27.34
5. Brenda Beijering	ZC Borger	2:26.41 200300352	2:29.83		34.75	1:13.06	1:51.73	2:29.83
6. Dominique Dingshoff	ZPC Hoogeveen	2:28.96 200400804	2:29.92		35.60	1:13.80	1:52.43	2:29.92
7. Mirthe Schenkel	ZPC Hoogeveen	2:27.97 200300666	2:30.13		35.59	1:13.24	1:52.19	2:30.13
8. M. van den Hoofdakker	HZ&PC Heerenveen	2:31.51 200302708	2:31.69		33.12	1:11.48	1:51.81	2:31.69
9. Chantal Tiesinga	HZ&PC Heerenveen	2:35.82 200302452	2:33.99		35.75	1:13.68	1:53.68	2:33.99
10. Loïs Jalving	HZ&PC Heerenveen	2:38.64 200400280	2:38.96		36.28	1:15.99	1:57.51	2:38.96
Senioren								
1. Alinda Dingshoff	ZPC Hoogeveen	2:15.18 200000928	2:15.62		33.42	1:07.59	1:41.29	2:15.62
2. Yara van Kalmthout	ZPC Nova	2:17.91 200200984	2:19.91		33.53	1:09.26	1:44.98	2:19.91
3. Wiktoria Redzimska	ZPC Hoogeveen	2:20.84 200106042	2:21.42		33.10	1:08.93	1:46.00	2:21.42
4. Dionne Salomons	ZC Borger	2:24.00 200200504	2:23.89		33.23	1:09.25	1:46.70	2:23.89
5. Renée Vanderheyden	ReVeLie Swim Team	2:22.47 199903130	2:26.68		33.10	1:09.87	1:47.68	2:26.68
6. Hilde Dekker	ReVeLie Swim Team	2:28.01 199901926	2:27.12		34.40	1:12.04	1:50.56	2:27.12
7. Inge Dekker	TriVia	2:25.10 200200476	2:28.90		33.58	1:11.11	1:49.86	2:28.90
8. Mariëlle Dolfijn	TriVia	2:23.83 200201640	2:30.40		33.81	1:11.42	1:50.67	2:30.40
9. Amé Hulleman	ReVeLie Swim Team	2:31.50 200202794	2:31.19		35.89	1:13.90	1:52.75	2:31.19
10. Marle Sewüster	ZC Polaris	2:34.03 199804104	2:37.98		35.47	1:14.74	1:56.26	2:37.98