

Regionale Minioren Finales 2018
Heerenveen, 9- 10-6-2018

Programmanr. 18
10-6-2018 - 14:15

Meisjes, 400m vrije slag

Minioren 5
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Carlijn Gruppen	ZPC Hoogeveen	6:14.69	200700046	5:54.91 303
	50m: 39.82	39.82 150m: 2:10.25	45.80	250m: 3:43.09	46.10 350m: 5:14.46
	100m: 1:24.45	44.63 200m: 2:56.99	46.74	300m: 4:29.27	46.18 400m: 5:54.91
2.	Anna Prieshof *	Ksn (Sg)	6:36.58	200701482	5:57.72 +0,68 296
	50m: 38.55	38.55 150m: 2:08.81	45.93	250m: 3:42.94	47.02 350m: 5:15.92
	100m: 1:22.88	44.33 200m: 2:55.92	47.11	300m: 4:29.16	46.22 400m: 5:57.72
3.	Imre Bouwland	ZPC Hoogeveen	6:40.15	200700388	5:58.41 +0,72 294
	50m: 39.39	39.39 150m: 2:11.77	46.96	250m: 3:44.23	46.39 350m: 5:15.30
	100m: 1:24.81	45.42 200m: 2:57.84	46.07	300m: 4:30.08	45.85 400m: 5:58.41
4.	Jorylyn Kaijser	Borger	6:05.13	200700036	5:59.92 290
	50m: 39.69	39.69 150m: 2:10.71	46.01	250m: 3:44.17	46.34 350m: 5:15.51
	100m: 1:24.70	45.01 200m: 2:57.83	47.12	300m: 4:29.45	45.28 400m: 5:59.92
5.	Amber Lubbers	FZC'54-De Vikings (SG)	6:04.96	200700398	6:01.92 +1,00 286
	50m: 39.51	39.51 150m: 2:12.70	47.74	250m: 3:47.07	46.59 350m: 5:19.46
	100m: 1:24.96	45.45 200m: 3:00.48	47.78	300m: 4:33.87	46.80 400m: 6:01.92
6.	Maud Roffel	HZ&PC Heerenveen	6:12.77	200700840	6:07.04 274
	50m: 40.76	40.76 150m: 2:14.61	47.13	250m: 3:48.34	46.51 350m: 5:22.60
	100m: 1:27.48	46.72 200m: 3:01.83	47.22	300m: 4:35.42	47.08 400m: 6:07.04
7.	Celeste Suurd	TriVia	6:32.75	200700556	6:15.18 256
	50m: 39.77	39.77 150m: 2:13.23	48.10	250m: 3:50.65	49.09 350m: 5:27.96
	100m: 1:25.13	45.36 200m: 3:01.56	48.33	300m: 4:40.13	49.48 400m: 6:15.18
8.	Gabriella da Silva Miranda	FZC'54-De Vikings (SG)	6:25.81	200700088	6:15.81 255
	50m: 41.20	41.20 150m: 2:16.94	48.42	250m: 3:55.05	49.33 350m: 5:28.73
	100m: 1:28.52	47.32 200m: 3:05.72	48.78	300m: 4:43.57	48.52 400m: 6:15.81
9.	Carlijn Boltendal	HZ&PC Heerenveen	6:34.18	200700082	6:21.82 +0,69 243
	50m: 40.52	40.52 150m: 2:14.50	47.71	250m: 3:48.65	45.82 350m: 5:27.67
	100m: 1:26.79	46.27 200m: 3:02.83	48.33	300m: 4:37.38	48.73 400m: 6:21.82
10.	Carmen van Dijk	Borger	7:06.24	200700276	6:22.08 243
	50m: 42.22	42.22 150m: 2:20.20	50.12	250m: 4:00.00	50.00 350m: 5:38.56
	100m: 1:30.08	47.86 200m: 3:10.00	49.80	300m: 4:49.55	49.55 400m: 6:22.08
11.	Marit van der Burg	ZPC Hoogeveen	6:43.82	200700392	6:25.64 +0,67 236
	50m: 42.44	42.44 150m: 2:19.02	48.97	250m: 3:59.36	50.27 350m: 5:38.92
	100m: 1:30.05	47.61 200m: 3:09.09	50.07	300m: 4:49.51	50.15 400m: 6:25.64
12.	Tess Knol	Avéna	7:31.55	200702106	6:35.77 +0,73 218
	50m: 43.54	43.54 150m: 2:26.50	52.19	250m: 4:09.86	51.61 350m: 5:52.85
	100m: 1:34.31	50.77 200m: 3:18.25	51.75	300m: 5:01.51	51.65 400m: 6:35.77
13.	Nynke van der Zee *	Orca	6:48.46	200700604	6:38.86 213
	50m: 43.18	43.18 150m: 2:29.10	53.15	250m: 4:11.43	49.50 350m: 5:53.13
	100m: 1:35.95	52.77 200m: 3:21.93	52.83	300m: 5:02.41	50.98 400m: 6:38.86
14.	Tessa Joosten *	Thor	6:51.24	200700198	6:44.73 204
	50m: 45.54	45.54 150m: 2:26.66	51.62	250m: 4:11.03	52.24 350m: 5:56.43
	100m: 1:35.04	49.50 200m: 3:18.79	52.13	300m: 5:04.50	53.47 400m: 6:44.73
15.	Mirthe Agricola	HZ&PC Heerenveen	7:38.85	200702306	6:45.47 +1,01 203
	50m: 43.17	43.17 150m: 2:23.02	50.72	250m: 4:08.25	52.39 350m: 5:56.84
	100m: 1:32.30	49.13 200m: 3:15.86	52.84	300m: 5:02.87	54.62 400m: 6:45.47
16.	Rosanne Melein	Avéna	7:01.15	200700540	6:50.93 +0,70 195
	50m: 44.11	44.11 150m: 2:30.10	53.59	250m: 4:16.15	52.99 350m: 6:02.62
	100m: 1:36.51	52.40 200m: 3:23.16	53.06	300m: 5:08.50	52.35 400m: 6:50.93
17.	Lara Fitz Jim	TriVia	7:13.53	200702656	6:54.99 +0,63 190
	50m: 45.78	45.78 150m: 2:30.38	53.58	250m: 4:17.78	52.90 350m: 6:06.96
	100m: 1:36.80	51.02 200m: 3:24.88	54.50	300m: 5:13.89	56.11 400m: 6:54.99
18.	Nynke van der Ploeg	Orca	7:34.16	200701116	6:55.45 +0,70 189
	50m: 46.48	46.48 150m: 2:35.16	54.73	250m: 4:24.50	55.00 350m: 6:10.39
	100m: 1:40.43	53.95 200m: 3:29.50	54.34	300m: 5:17.93	53.43 400m: 6:55.45
19.	Fenna Boterman	TriVia	6:55.78	200701710	6:59.42 184
	50m: 48.15	48.15 150m: 2:34.78	53.19	250m: 4:23.20	54.47 350m: 6:10.66
	100m: 1:41.59	53.44 200m: 3:28.73	53.95	300m: 5:16.89	53.69 400m: 6:59.42
20.	Malika van Bezooijen	HZ&PC Heerenveen	7:37.22	200700776	7:01.84 180
	50m: 43.77	43.77 150m: 2:29.81	54.36	250m: 4:19.83	55.00 350m: 6:06.77
	100m: 1:35.45	51.68 200m: 3:24.83	55.02	300m: 5:12.89	53.06 400m: 7:01.84
21.	Benthe Hilbolling	Borger	6:59.11	200700362	7:06.98 174
	50m: 45.70	45.70 150m: 2:33.16	54.47	250m: 4:25.89	56.43 350m: 6:16.75
	100m: 1:38.69	52.99 200m: 3:29.46	56.30	300m: 5:21.86	55.97 400m: 7:06.98

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rang	naam	vereniging	intijd	tijd	RT			
22.	Yke Spelde	Thor	7:21.48	200700208	7:12.15 +0,57 168			
	50m: 46.04	46.04	150m: 2:34.43	55.11	250m: 4:25.86	56.53	350m: 6:20.38	58.30
	100m: 1:39.32	53.28	200m: 3:29.33	54.90	300m: 5:22.08	56.22	400m: 7:12.15	51.77
23.	Leah Offenber	Orca	7:11.70	200700122	7:14.24 165			
	50m: 47.31	47.31	150m: 2:35.84	55.38	250m: 4:28.24	56.38	350m: 6:21.76	57.53
	100m: 1:40.46	53.15	200m: 3:31.86	56.02	300m: 5:24.23	55.99	400m: 7:14.24	52.48
DIS	Jasmijn Sterken	ZPC Hoogeveen	5:53.15	200701196				
	<i>AF - De aangegeven afstand niet uitgezwommen.</i>							